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The team from the Club Hotel Namba invites everyone to taste the flavours of the world at the July 29 Street Party in conjunction with TramFest, The Royal George and Sunshine Coast City Council.



Nancy Sullivan at Crushers Oval in her Palmwoods Devils jersey: "You've got to train hard, play hard and just set your mind up good."

## 'I cried happy tears': Young-gun answers call to join Rabbitohs

by Janine Hill

IT was the call that promising rugby league player Nancy Sullivan hoped would come one day but she did not expect it yet.

"I went to the gym and I'd finished my sets when I got a call from my manager. He said, 'How would you like to play in Sydney?'" she said.

"I said, 'What? Really?' and he said, 'Yes, for the South Sydney Rabbitohs'."

"I just couldn't believe it. I was shocked. I cried happy tears."

The Woombye 18-year-old will leave her parents Kenny and Loretta and her six younger brothers and sisters to start with the Bunnies in Sydney in September.

Details are yet to be finalised but Nancy will stay with her mother's aunt initially and the

▶ To Page 2

# Pubs & TramFest to combine for epic Nambour food party

Mill Street to be blocked off for bars, flavours, rides and live bands

by Cameron Outridge

IT'S a street party and everyone in Nambour & hinterland is invited to come and taste the flavours of the world.

The Saturday July 29 event will combine the ever-popular Nambour favourite, Tramfest, with new-kid-on-the-block's Club Hotel Namba

in a collaboration with Sunshine Coast Council's Curated Plate culinary festival.

"It's a party in Mill Street," explained Cartel Music and Events director Lea Bye.

"We're closing down Mill Street," she said. "And we're teaming up with the TramFest crew. People can come and join the party at this free community event. We'll have free face painting,

free entertainment and live music, bars from Tramfest, Club Hotel Namba & the Royal George Hotel, as well as plenty of international flavours. This event is part of the Curated Plate festival, so we wanted to bring to Nambour all of the best international street food vendors that we have

▶ To Page 2

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## Hard work pays off. Bunnies come knocking

► From Page 1

Rabbitohs have lined up full-time work for her. Nancy has worked hard for her opportunity in the women's NRL.

"I was hungry for it. I just wanted it. I was hoping that some day, I'd get a phone call from somebody," she said.

"It's what I wanted but I didn't expect it so early."

Nancy's days start at 2.30am when she rises for a half-hour run to the gym, where she puts in an hour session before starting work at BFX, Yandina, which supported her to attend the Australian schoolgirls' competition last year and also offered her a job when she left school.

The lock and part-time second-rower trains after work two afternoons a week with the Brisbane Natives and two afternoons a week with the Caloundra Sharks, and she plays for one or other, or sometimes both, of a Saturday.

"I enjoy my footy because it's my life. I was brought up with it. I fell in love with it because you work as a team and you get to meet new people."

Nancy is immensely grateful to her parents for introducing her to rugby league and driving her to training and matches over the years.

"I just don't have the words," she said.

Rugby league could well run in the family. Kenny played until a couple of years ago and Nancy's younger siblings, Darquntah, Kenneth junior, Vera'Dawn, Nakoya, Manjadi all play for the Palmwoods Devils except for Chazaliah, who at 2 is too young to start.



Rabbitohs bound Nancy Sullivan ... "I enjoy my footy because it's my life. I was brought up with it. I fell in love with it because you work as a team and you get to meet new people."

Vera'Dawn, 11, recently made the Sunshine Coast under 12s schoolgirls team.

Nancy was keen to use her achievements to motivate and inspire younger athletes.

"To all the young kids who are playing sport, just keep pushing and chasing your dreams," she said.

"You're going to have ups and downs. You've got to fall down but get back up. Train hard, play hard, and just set your mind up good."

Alas, dad and daughter may have to update their allegiances because Kenny has been following the Storm while Nancy was a Roosters fan before the news.

## 'We're inviting everyone to come taste the flavours of the world'

► From Page 1

here on the Sunshine Coast and beyond. We're inviting everyone to come and taste the flavours of the world, enjoy some free activities for your family, listen to some amazing live music and have a party. We'll be running from 12pm - 8pm with bars open until late. The event is supported by Council to help activate Nambour's town centre and the special entertainment precinct."

TramCo Chairman Greg Rogerson said his group brought their event forward to fit in with the Curated Plate timing.

"We're doing our thing down our end, and they're doing their thing up their end and it's all just going to be one big giant celebration. We've got food trucks. There's going to be a jumping castle. We've got five bands playing from 2pm until 9pm.

"I've also got a street performer who does unicycle, balloon twisting and fire twirling. His act name is Jesus Freak Circus and he's awesome," Mr Rogerson said.

"Tramfest has always been huge and we hope this collaboration will benefit everyone and make the whole thing even better."

### Tramfest Music Program:

- 2-2.45pm Ella Joy (soloist) • 3-4pm The Late Star • 4.30-5.30pm Total Radio Silence
- 6-7pm Lazy Guns • 7.30-8.30pm Winchester Revival.
- Club Hotel Namba Music Program:  
12pm-3pm Ampersand Band • 3pm-5pm Tess Fapani • 7:30pm-9:30pm Skillz FJ.
- The Royal George Hotel will also have live music performances on the day.
- Register for FREE Tickets via Humantix. Search 'Namba - Street Fair'.

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**Community support fuels Kendray family revival**



The Kendray family - Andrew and Catherine and their daughters Georga, Dana and Rebecca - outside their temporary Rigby Street premises.

# Stihl going strong

by **Janine Hill**

FIVE months after a devastating fire, the Stihl Shop is going strong at temporary premises in Nambour.

The business, operated by the Kendray family - Andrew and Catherine, and their daughters Georga, Dana and Rebecca - had been running from premises at the corner of Coronation Avenue and Rigby Street until the February fire.

Georga Kendray said nearby business Bat Fit Crazy offered shed space in Rigby Street which they gladly took up.

They rent two more spaces to get the floor space they need for the amount of stock they carry plus a workshop.

"There's a bit of running backward and forward. We'll be glad when that's all over," she said.

The Kendray family plan on rebuilding once their insurance claim for the fire has been finalised.

"We are definitely going to be rebuilding it. We just can't do anything until the insurance

has been sorted out, which is frustrating," she said.

Georga said the family was grateful for the assistance from Bat Fit Crazy and other businesses, such as A. J Steel, which offered manpower to help the family get up and running again after the fire.

She said customers had also been supportive. "Our customers have been amazing. We still have people offering space in their sheds if we need to store anything," she said.

"A lot of them have waited for us to get the workshop up and running. They've been very patient and very understanding."

About 120 customer machines - lawnmowers, whipper snippers and the like - were in the workshop and destroyed when the fire occurred.

The Kendrays offered the customers new replacements for what they would have paid to have their machines repaired.

"Our customers come first. We couldn't really expect them to live without their machines for months and months while we waited. We wouldn't be here if it wasn't for our customers."



Ben Hunter loved playing for the Crushers.

## Emotional home games honour fallen player

NAMBOUR Junior Crushers Rugby League paid tribute to fallen teammate Ben Hunter last weekend (July 14, 15) when they took to the fields in a big round of home games at the club.

The "Round for BJ" included a massive weekend of home games at Crusher Park.

Ben's team, the Under 16s, played for the Ben Hunter Memorial Shield against Caloundra on Friday night. Black arm bands were worn and Ben's number 11 jersey set aside as a mark of respect.

### Stadium gathering

• Meanwhile, loved ones and the rugby league community will also gather at Sunshine Coast Stadium to remember the talented player who was tragically killed as he walked home from the gym last month.

The public memorial service will be held on July 23 at 10.30am at Sunshine Coast Stadium to celebrate Ben's life and achievements.

The 16-year-old was a member of the Melbourne Storm junior academy, a Caloundra State High School student and Langer Trophy player, a Brisbane Broncos supporter and a talented Nambour Crushers and Sunshine Coast Falcons player.

• About a thousand rugby league supporters from clubs across the Sunshine Coast paid tribute to Ben in an emotional candlelight vigil at the Nambour Crushers Football Club on June 28.



Ben's team, the Under 16s, played for the Ben Hunter Memorial Shield against Caloundra Friday night.



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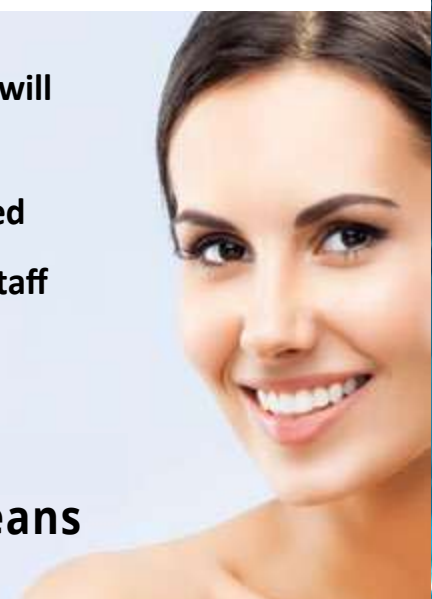
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## Woombye club mourns secretary's sudden passing

# Heartbreak and unity

by **Janine Hill**

MEMBERS of the Woombye Snakes soccer fraternity are mourning a much-loved friend, team-mate and club secretary.

Amber Stokes, a 46-year-old mother of two, died unexpectedly at home on Tuesday, 4 July.

Apparently fit and healthy, Amber had been for a run and had come home and lay down when she passed away.



Her children, Sienna, 17, and Cooper, 20, were home and raised help but despite the best efforts of attending paramedics, she was unable to be revived.

In the wake of her loss, the club cancelled its senior and junior matches for the weekend and the premier women's match on Friday 7 July.

A gathering was instead held at Snakes headquarters on Friday evening to remember Amber and support those feeling her loss most acutely, including club president Andrew Kinden, Amber's partner of nine months.

Andrew said he was trying to remember the good times rather than dwell on the unfairness of a life cut short.

"There's no sense to be made of it. There's no meaning in it," he said.

"That's life, there is the loss of people.

"She was just a beautiful person, my best friend.

"We never had an argument, not one. That's just Amber, very easy-going in her own way. "She doesn't have a bad bone in her body.

"She's just beautiful all over. Friends with everyone."

Amber and her children had joined the Snakes several years ago. She and Sienna played together in the division one women's team.

Always on the lookout for committee members, Andrew recruited Amber as secretary and they formed a relationship.

"We all used to knock around together and nine months ago, we just got on really well and got together. It was a great nine months," he said.



He said Amber's death had shocked the club but members had been wonderful in the way they rallied together.

"The support, it's been unbelievable. It's just so good. It's all the club members and past ones," he said.

A GoFundMe fundraiser, *Ambers Family Fund*, to assist Amber's family with expenses had raised close to \$13,000 within two days.

<https://gofund.me/bcd8a9b1>

An autopsy to determine the cause of Amber's death was held on Friday 7 July but the results had not been made available.

## Amber Susan Stokes

June 2, 1977 - July 4, 2023

Family and friends are invited to a celebration of Amber's life to be held at Gregson and Weight Chapel - 34 National Park Road, Nambour on Friday July 21 from 1pm.

Following the service Amber's family would like to invite everyone to share refreshments and memories in the tea room and also following on at the Woombye Snakes FC at 10 Back Woombye Road, Woombye, from 3.30pm.

## Hinterland Blues day to honour 'Matches' Teagle

HINTERLAND Blues Australian Football Club's annual Sponsors Day will be held July 29 at the Blues home ground in Jubilee Drive, Palmwoods. This year's Sponsors Day will also be a chance to welcome past players back to the Club and pay tribute to Terry 'Matches' Teagle, who passed away earlier this year.

Hinterland Blues is one of three foundation AFL Clubs on the Sunshine Coast and looks forward to seeing past members down at the home game where the senior men and women face off against local rivals, Caloundra Panthers.

Senior teams will play in honour of Matches, who was a part of the 1990 Premiership team.

Sponsors have been sent links to secure their tickets to the VIP Sponsor Area. For info contact [info@hinterlandblues.com.au](mailto:info@hinterlandblues.com.au). Reserves play at 12noon, Seniors at 2pm and Ladies at 4.45pm.

## Burnside Watch group to hear from police

BURNSIDE Neighbourhood Watch Group's Annual General Meeting will be held on Wednesday 2 August, in the Library/Resources Centre at Burnside State Primary School, Blaxland Road, Nambour, starting at 7pm.

Reports for the past 12

months will be presented by the incumbent committee, followed by the election of our two committee positions for 2023/24, which are Area Coordinator and Treasurer.

Residents are invited to come along to meet their local Neighbourhood Watch

team and discuss any crime related concerns with Police Liaison Officer Senior Constable Matt Thornton.

Our guest speaker will be Senior Constable Greg Newman from Nambour PCYC

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Studio manager Aelish Healy passes on some advice to member Gerry Ryan at The Pottery Studio. The studio offers one-off classes and short courses.

From novices to masters:

## Discover the art of clay at the The Pottery Studio, Nambour

by **Janine Hill**

PATRICK Swayze and Demi Moore are nowhere to be found. In fact, The Pottery Studio at Nambour is a place where people are heading to lose themselves.

Studio manager Aelish Healy said playing in clay was not just a creative pursuit but a chance to escape from “real life” for a while.

“Some people want to achieve a piece,” Aelish said.

“It’s a huge investment for people to come and switch off and not really think about things that are going on in normal life.

“Once you’re handling the clay, you have to focus in such a way that you can find yourself switching off from everything else.”

The Pottery Studio offers one-off classes and short courses for people who want to try or learn how to throw pottery on a wheel or hand-build pieces in clay.

“Most of our classes are on the weekends.

People come in for two hours and make a piece, and come back and glaze it, and then we do four and six week clay courses for people who want to learn a little bit more,” Aelish said.

“We get a lot of beginners, people that have never tried pottery or the last time they did it was when they were three years old.

“We get people in their 80s and 90s. People bring their mums and grandmas. A lot of husbands get dragged along.”

Aelish said people expecting wheel throwing to be just like the scene from the movie, Ghost, were often surprised at how messy it was in real life.

Others had to adapt to the unfamiliar feeling of being a novice at something.

“We have people that make something a little big and wonky and they don’t care and there are other people where everything has to be perfect,” she said.

“It’s interesting having these people together and how they work their clay together.”



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Support through troubled times

# Fight on to keep families housed amid growing need

THE HEAD of a Sunshine Coast charity which supports battlers trying to keep a roof over their heads says there is no sign of the need abating.

Aus Living Support helped 284 families who were struggling with their rent or mortgage repayments last financial year.

The charity provides up to \$200 a week in assistance to people who, through no fault of their own, find themselves unable to pay their rent or mortgages.

Chief executive officer Ian Harrison put out the call for donations to help keep locals in their homes as many continued to struggle to make ends meet.

"We're currently getting four applications a week for rental support. It's not easing off," he said.

### 'Many are single mums with kids'

Mr Harrison said many of those needing help had children in the household and many were women.

"Many are single mums with kids and there are a lot of ladies over 55 that now find themselves single and haven't had a lot of experience paying bills etcetera," he said.

"There's certainly more demand than usual. A lot of the single mums have gone through divorce situations and have gone from double incomes to single incomes and are struggling to find the difference to make the rent.

"We all know that the cost of living is going up so there's that as well."

Mr Harrison said people were often able to recover after a little help getting past a financial hump.

"If you can keep them where they are, they can often get their lives back on track but if



CEO Ian Harris and Marketing Director Dessi Mitzeva at the Nambour Op Shop have put out the call for donations to help keep families in their homes.

they don't have a home, it gets more difficult for them to do that," he said.

Mr Harrison said people were generally referred to Aus Living Support by other services.

Aus Living Support's work extends from Gympie to Caloundra and is funded through donations and two op shops.

Mr Harrison said the charity could offer financial support for eight weeks before reviewing a case.

"We find people often aren't asking for a lot. Often, before we get to the end of the eight weeks, they ring us up and say, 'I've got a new job,' and they don't need any more help," he said.

"We're lucky. We've also had landlords put



Aus Living Support volunteer Louise Prosser.

the money back into our account for us. That's the Sunshine Coast for you," he said.

► Donations towards Aus Living Support's work can be made through its website, [www.auslivingsupport.org.au](http://www.auslivingsupport.org.au).



## New bushwalking trail opens at Maroochy Bushland Botanic Gardens

AFTER three years planning and construction, the Friends of Maroochy Bushland Botanic Gardens are proud to announce the opening of an additional walking trail at the Maroochy Regional Bushland Botanic Gardens located at Tanawha.

The track, called the Western Tall Gums Trail, is a 3km extension exploring for the first time the western section of the Gardens.

This bush trail showcases and enhances access to some of the more remote landscapes of the Tall Gums Reserve which will be greatly appreciated by visitors looking to stretch beyond our current offerings. The trail highlights a range of ecosystems traversing dry sclerophyll forests, flooded gums and ephemeral gullies either side of the headwaters of Mountain Creek. It is just one of the many walks available at the Maroochy Bushland Botanic Garden. There are walks for everyone including paved pathways suitable for strollers and short circuits that are great for families. For further detail on the walks on offer visit [www.botanic-garden.sunshinecoast.qld.gov.au/see-and-do/walks](http://www.botanic-garden.sunshinecoast.qld.gov.au/see-and-do/walks).

This reserve is also home to a large koala population as identified by heat seeking drone surveys in May 2022.

This area of the Botanical Gardens was acquired by Council in 2012 using ratepayers Environmental Levy funds. The track construction costs were supported by funds received from the SCC Recreational Trails Partnership Program.

New volunteers are always welcome to join the "Friends" group in supporting this superb natural community asset. Go to [www.friendsofmaroochybotanicgardens.org.au](http://www.friendsofmaroochybotanicgardens.org.au)



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Participants round the track at last year's event.

Steps towards hope

# Join the Parkinson's Awareness Walk

PARKINSON'S Disease is the second most common neurological disease in Australia and considered the fastest growing brain disease in the world today.

It is such a challenging and debilitating disease with no cure yet. And Parkinson's Queensland needs your help to continue the search.

"Parkinson's Disease is a neurodegenerative disorder that significantly affects one's ability to control all body movement," said Barbara Cullinan Director of Parkinson's Alive.

"It is associated with depletion of a neurotransmitter called dopamine, which is not only important for smooth, coordinated movement, it also plays a role in cognition, behaviour, reward, and motivation.

"So if you live with Parkinson's Disease, every aspect of your life is affected. The good news, through neuroplasticity, exercise can

help patient's remap movement pathways in the brain, learning compensatory strategies to live well. This will greatly improve their quality of life and slow down the progression of this disease."

Barbara is calling on hinterlanders to help raise awareness by taking part in the "Step Out For Parkinsons Sunshine Coast Walk" on 23 July.

"With over 400 walkers on the day, we are raising crucial funds in support of the driving force of Parkinson's Queensland.

"We would be delighted to have anyone interested take part in the very special event and help make a difference in people's lives.

The event takes place Sunday 23 July from 9am to noon at University Sunshine Coast Sports Track.

► For info: [barbs@parkinsonsalive.com.au](mailto:barbs@parkinsonsalive.com.au)

# We're investing in front line services: Rob Skelton MP

Nicklin MP Rob Skelton provided a written statement regarding CBD safety concerns as follows:

THE safety and prosperity of our community will always be my priority.

I speak with our hard-working local QPS officers regularly and am proud of the work they have been doing to reduce crime in our community.

I reject the assertion from the Member for Maroochydore that crime is increasing in Nambour overall. QPS statistics show a clear downward trend over the last 5 years. Nambour is one of the safest places on the Sunshine Coast.

We're investing in front-line services and local infrastructure to give the police the resources they deserve. Increased detection of offences can be directly attributed to the Palaszczuk Government's crackdown on hooning with better legislation, better equipment like automatic license plate readers and high-tech drones, and increased recruitment.

At the last election the LNP actually wanted to have less front-line police officers for our community. They should be judged on their record, not their media releases.

This is in stark contrast to the State Government's commitment to provide the resources for a world-class police service, which Mrs Simpson voted in favour of in Parliament only last month. If she had an issue with the resourcing in our area, why did she not say something then?

I'm proud to be a part of the Palaszczuk Government making the largest investment in policing in Queensland's history, backed up in our region by the new \$9 Million Nambour Police Station, and the new \$4 Million Cooroy Police Station.

I also reject the assertion from the Member for Maroochydore that Nambour is in any way shutting down. Our town continues to grow as it transitions from being a former mill town to embrace a new creative and cultural identity with greater connections to community and country.

The Special Entertainment Precinct status



Rob Skelton: "Nambour is one of the safest places on the Sunshine Coast".

provided by the State Government and supported by Sunshine Coast Council, Reimagine Nambour and others continues to attract significant investment into our town, with several new venues just about to open. This wouldn't be happening if the Member for Maroochydore were correct in her assumptions.


The people of Nambour are tired of the LNP running our town down with this false narrative about crime for their own political gain. It's time for the LNP to start telling the truth and stop using Nambour as their political football.

Survey launched

I'm committed to making Nambour an even greater place to live, work and shop, so I'm inviting everyone in the local area to complete my survey on how we can best improve our town and make sure it gets a fair go.

You can provide your views here: <https://bit.ly/NambourCBD>

Remember, in an emergency always dial 000. If the crime is not happening now, is not life-threatening or there is no likelihood of the suspected offenders still being in the area - report online or call 131 444. Report suspicious activity anonymously to Crimestoppers on 1800 333 00 and get involved with your local neighbourhood watch. Together, we can all make a difference.



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MEMBER 



# 'Approved' numbers don't fill rosters: Fiona Simpson MP

IN the Last edition (July 5) Maroochydore MP Fiona Simpson joined Lowe Street businessman Tristan Brown in calling for acknowledgement of, and action on the issue of safety in the Town Square area. This edition, we asked Ms Simpson to further explain her concerns.

**• What made you want to have a say in an electorate that isn't your own?**

"I grew up and went to school in Nambour and Yandina as my home towns so I care deeply about the area. I've been inundated by concerned residents and business owners in Nambour who are sick of living in fear and being ignored by their local MP. They are very unhappy that Rob Skelton is saying police have enough numbers and he isn't listening. It is completely unacceptable to have drunk and drugged people hassling people on the streets with anti-social behaviour in broad-daylight. It's still happening regularly and police aren't resourced to get to the scene to deal with the issues in a timely way."

**• Do you think it's the case that business-people are afraid to speak out? Have people told you that?**

"Yes. I understand people who speak up can feel isolated and bullied and that's not right. Let's agree we all want to see Nambour thrive but covering up the problem won't fix up the problem. The State Government are lying about the actual police resources on the ground and that needs to be called out, not covered up. Sometimes there are only a couple of general duties police officers on shifts in Nambour and other towns on the Coast so the Coast is being short-changed of actual police. When Mr Skelton says police have the resources it's incredibly deceitful because "approved" numbers aren't actual numbers and they don't fill rosters. He's not listening. We've got to back people who want more police on the ground so this community can be all it deserves to be."

**• You said last edition the Government was 'fudging police (boots on the ground) numbers'. Can you expand on that?**

"The Palaszczuk Labor Government needs to be open and transparent with the Nambour



**Fiona Simpson walks the Town Square with Mr Brown.**

community about the true state of police resources. There are 72 fewer police in Queensland compared to September 2020, but the Palaszczuk Labor Government refuses to be open and honest. I understand there are sometimes only a handful of police on the ground per shift in the area."

**• You said people had given up reporting crime. How do you know?**

"I've had a number of people tell me they've reported daylight crimes, and it can take up to an hour for a police response due to lack of police. Others have said they never got a response. I don't blame police who are doing their best, I blame the State Government who are lying about the numbers of police available for rosters."

**• What should be done to alleviate business owners' concerns regarding illegal behaviour in the Town Square?**

"Nicklin MP Rob Skelton should start listening to people in the Town Square area rather than denying the problem and denying the need for more actual police."

**• According to police statistics, Noosa & Maroochydore have higher crime rates (as per police stats). Why then should Nambour people complain about crime?**

"Nambour doesn't have the significant influx of people for tourism, accommodation, shopping or a significant night-time precinct and it has a different retail offering to the denser coastal strip. But the crime in the community and on the streets is not acceptable. People have a right to be safe and feel safe."

# Responding, but still not listening

Comment by Cameron Outridge, editor

THIS paper copped it's fair share of flack last edition and we get it.

Last edition's coverage was not ideal. It was one-sided. But, in our defence, Nicklin MP Rob Skelton's office was given days to reply to Ms Simpson's comments and chose to not do so. This paper should not be expected to hold back coverage of such an important issue for lack of a response from the local MP.

Thankfully his office has responded this week (see page opposite).

This paper admires Mr Skelton's obvious compassion for people doing it tough, his willingness to show up and support local community events and his advocacy for initiatives that help clubs, organisations and communities.

Those instincts are representative of the best spirit of the Australian Labor Party, instincts that are good and fair and directed at the most vulnerable.

But his office must be aware of the ongoing frustration of affected businesspeople we've spoken to as outlined in article after article during the past 12 months. And still there is a lack of direct acknowledgement of the affected people's legitimate and ongoing concerns.

People can and should have their say in Mr Skelton's survey described on the page opposite. And that is all well and good.

But, to this newspaper, the people Mr Skelton should be canvassing on this issue – first, foremost and predominantly – are the businesspeople trying to earn their livelihoods in the troubled Town Square area: businesspeople who are subjected to regular intimidating, unpredictable, anti-social, drug-induced, drunken and/or unlawful behaviour in that area.

Businesses we've spoken to have been demoralised, ignored and when they try to speak up, intimidated.

This, despite the fact that they, their staff and customers are trying to go about their business under the strain of regular unlawful behaviour. It's high time to acknowledge their legitimate concerns and take appropriate action. Everyone is welcome in the Town Square, not every behaviour.

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**4. Braised beef and bacon casserole - LG**

Slow cooked steak and bacon in a rich beef gravy, served with herb buttered potatoes and seasonal vegetables.

**5. Corned beef with fresh herb white sauce - LG**

Served with steamed vegetables.

**6. Cottage pie - LG**

Lean beef and vegetables sauteed in gravy and baked. Served with creamy mash potatoes and seasonal vegetables.

**7. Chinese sweet and sour pork - LG DF**

Tender pork pieces in sweet and sour sauce with stir-fry vegetables, served with rice.

**8. Mild Indian butter chicken - LG**

Mildly spiced creamy tomato curry, served with basmati rice.

**9. Satay vegetable curry - LG DF VEG**

Sautèed chickpeas and vegetables in a creamy peanut coconut gravy, with sweet chilli and fresh ginger.

**10. Winter vegetable and feta quiche - VEG**

Savoury custard baked in filo pastry with roasted vegetables, fresh herbs and cheese.

**11. Creamy garlic prawns - LG**

Australian prawns marinated in garlic and fresh herbs, sauteed in butter, white wine and cream and finished with parmesan. Served with rice.

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Oven roasted chicken cutlet, slow cooked in red wine, tomato and gravy. Served on fettuccine with basil pesto and parmesan.

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**15. Country chicken, sweet corn and chunky vegetable soup - LG DF**

Hearty chicken and vegetable broth seasoned with fresh herbs, preserved lemon, garlic and sweet corn.

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Member for Nicklin Rob Skelton and his wife Aggy with electorate officer Daniel Wilson and Aggy's popular spring rolls which the couple prepared.



Volunteers Michelle Vines and Jenny Duckmanton with watermelon and muffins.

More than food

# Community Dinners offer a helping hand in the heart of Nambour

by Cameron Outridge

TWO mates were having a coffee last August and got talking about the cost of living, inflation and financial stresses that everyone was facing.

So they decided to do something about it. The seed was planted for Nambour Community Dinners on Thursday nights in the Town Square.

"We thought it would be a great idea to provide a relief for struggling individuals and families," said organiser Wayne Taylor. "Mike (Morley) and I came across the unused square at Nambour and thought it was a great central location."

After about a year the reaction has been fantastic and the idea was growing each week.

"People are extremely grateful," Mr Taylor said. "The feedback we often get is that if they didn't get fed by us that night then they would not have eaten that night."

"The people genuinely love the community feel it gives by seeing so many gather in one place all happy and smiling."

"We often hear that it's having the company of other people around that they enjoy even more than the food."

"Arriving each week and having the locals there waiting and calling you by name, hugging you and thanking you means we've made an impact."

Mr Taylor said they buy enough food for 120 people "and we go through it every single night".

"But we'd love to see more people come out and be a part of it. It's for everybody. Nambour



Organisers Mike Morley and Wayne Taylor with volunteer Kent Roberts, centre, manning the BBQ: "We often hear that it's having the company of other people around that people enjoy even more than the food."

might have a reputation for having a lot of stuff going on, but that exists in every town.

"We get the young kids that we know are sometimes troublemakers. We get businesses. We get families."

"Last week there's a guy here, and he runs one of the businesses in town, and he said: 'Mate, the reason I came here tonight is because I've just got so many bills piling up'. He says 'This one meal a week for me makes a massive difference'."

"And he's a business owner. This is just the hardships that general, normal people are going through."

Dinners are visited regularly by Cr David Law and Nicklin MP Rob Skelton. "Rob's wife (Aggy) even makes homemade food for us,"

said Mr Taylor.

Wayne and Michael wanted to give a shout out to the following local businesses for their support: The Gourmet Storr Bakery (fully donates all the bread rolls every week), Nambour Heights Butchers, Thirsty Camel, Aus Living Support, Suncoast Care, The Shack, GPAI Golf Shop, Bridgestone Nambour, Donut King, Vietnamnom, Cool Cats Rock n Roll, Cafe Bella, Drysdale Funerals, Savitrek, CNR Candy, Rhythm Initiative Caloundra, Penny Industries Forest Glen, Taylor Group Plumbing, Fix My Property Now, Ignite Church, AverageJoes, Dermasurg.

► For info go to Nambour Thursday Night Community Dinner Facebook or Instagram page.

# Nambour & Hinterland

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Your Who's Who of Local Businesses 2023-24

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## Christmas every day? Why not? Yule love it



It started last year as a pop-up Christmas store within her gift shop. The concept proved so popular, Ange Dunne has kept it going ever since.

# Shop keeps the festive season spirit alive all year-round

by Janine Hill

DO you echo '70s English band Wizzard and wish that it could be Christmas every day?

You can grant your own wish at the Nambour Heights Gifts and Christmas store.

Ange Dunne opened a pop-up Christmas store within her gift shop in September last year and it proved so popular, she has kept it going ever since.

"People ask, 'Why?' and I guess, 'Why not?'. Sometimes you've got to be brave enough to do things that other people aren't going to do," she said.

Ange's shop is one of the few where customers can buy baubles, stars, and elves for their shelves 52 weeks a year. "There's not many of us around. Some only open for six months of the year. They leave it until July," Ange said.

While some people find Christmas a stressful time of year, Ange said others loved it

and were happy to live it as often as they could.

"It's interesting, what you sell during the year. You have people who adore Christmas and they enjoy having a look all year round," she said.

Ange's shop is also an answer for those staging or invited to Christmas in July celebrations.

The Christmas offerings in the store include lanterns, baubles, candles, Grinches, elves on shelves, Santa Clauses, snowmen, wreaths, cinnamon sticks, and Christmas puddings.

With gift options such as candles, diffusers, tea light holders, soaps, Robert Gordon homewares, Ernest Wilder brooches, and books for sale, the store is an option for those shopping for Christmas, birthdays, anniversaries, and occasions such as Mothers Day, Fathers Day and Valentine's Day.

► **The shop is at 125 Nambour-Mapleton Road.**

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## Accountant trades corporate life for bike shop bliss in Currie Street

by **Janine Hill**

MICHAEL Curry has not worn a suit for years and could not be happier about his escape from the corporate world.

After more than 20 years in accounting, including middle management at the Australian Securities and Investment Commission, Michael embarked on a radical career change.

He threw in corporate life to buy a bike shop, *On Ya Bike*, in Nambour two-and-a-half years ago and is now willingly up to his elbows in chains, frames and derailleur's most days.

Michael has always loved tinkering with bicycles and completed some TAFE qualifications a in his spare time a few years ago.

During the pandemic, he reconsidered his working life.

"After the first 12 months of covid, it got close to Christmas and I said to my wife..., 'I'm over this. I don't want to do accounting any more,'" he said.

"She saw there was a bike shop for sale in the Sunshine Coast hinterland."

Within a couple of weeks, they had packed up their house on the Gold Coast and the rest is history.

Running a business, dealing with enquiries, and the repair work keep Michael busy. Bike repairs are no longer as simple as replacing a chain or tyre tube or missing nut.

"My biggest challenge would have to be in how technology in bicycles has changed. We've got all these e-bikes now. And lots of the brands have their own proprietary parts,"



Michael Curry runs *On Ya Bike*, in Currie Street, with help from his wife Maria Pallagi.

Michael said.

Most of his work is for "weekend warriors" – recreational cyclists who, like him, like to get out and explore paths and trails or even compete a little on the weekends but are not necessarily elite athletes on bikes that cost more than cars.

"I don't care what you're riding, I'm just happy that you're doing it. You don't need a \$15,000 bike to go riding on the weekends," Michael said.

## Charting new waters: Woombye author, Peta Miller, sets sail with debut novel

by **Janine Hill**

AFTER selling other people's books for a living, Woombye's Peta Miller now finds herself selling her own.

Peta, who has worked in bookstores and the publishing industry all her life, has achieved what many other writers only aspire to: having a book published by a major publisher.

*The Ship's Midwife*, published by Harper Collins, was launched at Berkeley's book store, Eumundi, where Peta works, in June.

The historical fiction novel was inspired by a true story Peta stumbled across during a trip to Stradbroke Island.

There she read a plaque at the Dunwich cemetery about a ship called *The Emigrant*, which had been on its way from England to Australia in 1850 with 276 people aboard when a typhus outbreak claimed 18 lives.

The vessel was forced to quarantine at Stradbroke where another 26 people died.

"I found myself wondering what it takes for someone to leave everyone behind and go somewhere where they don't know what awaits them," Peta said.

"This was in the days before television and mobile phones and the internet so people didn't know then what they know now."

Peta began researching not only *The Emigrant* but other ships which made similar journeys. Her research extended to all things from the period, including language and clothing, to ensure the book she wanted to write was



Woombye's Peta Miller is writing her own success story with *The Ship's Midwife*, published by Harper Collins.

accurate for the time.

Peta initially wrote a young adult fiction novel which won her the *Charlotte Waring Barton Award* from the Children's Book Council of Australia. This included a mentorship through Harper

Collins which led to a publishing deal and to her re-writing the story as an adult fiction manuscript.

She said she was not tempted to try and tell the true story of *The Emigrant* and the people aboard, which has already been done.

"I'd read so many other journals from people so that, in a way, the story of people on *The Emigrant* became one of the stories, so I wasn't telling that," she said.

► **She will make a brief appearance at the Cooroy library on 1 August from 2-3pm to sign copies of *The Ship's Midwife*.**



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## Monica Trapaga to open MAC Winter Season

MALENY Arts Council's coming Winter Season offers three outstanding performances.

Soon you can enjoy an afternoon showcasing iconic Australian jazz artist, Monica Trapaga – a Weaver of Stories, a Swinger of Songs.

Monica, pictured, is a passionate artist and performer. She has a contagious energy and wit. In this wonderfully entertaining afternoon Monica is accompanied by some of her favourite musicians - Todd Hardy (trumpet), Steve Russell, (piano), Helen Russell (bass) and Dave Sanders (drums). In an intimate afternoon of popular jazz music Monica will share her favourite tunes and tales of a life well lived. Maleny Community Centre 6 August.

► **Tickets:** [www.malenyartscouncil.com](http://www.malenyartscouncil.com).



From left, President George Peever, Lorraine Lees and Helena Peever.

Celebrating 68 Years:

## Orchid Society delights Garden Expo visitors

INTEREST was high from visitors to the Nambour Orchid Society's impressive display at Nambour's Queensland Garden Expo. Members were thrilled to once again participate in building a highly colourful display, utilising a wide range of species all in magnificent flower and highlighting the broad spectrum of the world of orchids.

Great interest was shown by visitors, and members answered a range of questions on how to grow quality orchids. Invitations were extended to come along to our monthly meetings on the fourth Saturday of every month, at the Uniting Church Nambour. Details available on our website [nambourorchidsociety.com](http://nambourorchidsociety.com).

Orchid Shows have been in operation for sixty eight years, having been established in 1955. The 60th year celebrations was the Diamond Festival of Orchids, staged at Lake Kawana Community Centre with over 2000 locals and visitors attending. Planning for the 70th, in 2025, has commenced.

### This year's Society events include:

- Spring Show, September 1 and 2, Uniting Church Hall, Nambour.
- Species Show, November 11, Uniting Church Hall, Buderim.

Both shows will feature the best of the best Orchid displays. Both held in support of Cit-tamani Hospice Service.

► **Details** [nambourorchidsociety.com](http://nambourorchidsociety.com)

### Live music with a message:

## Free event at Ignite Auditorium

LIVE at the Chapel (L@TC) Nambour is a free monthly live music event hosted by Ignite Church Nambour and run by the team at Aussie Grown Radio.

The venue is located right in the heart of town at 29 Short Street and the next event will be held on Saturday, 5 August commencing at 6pm until around 8am.

Artists include *Beggars True*, bringing acoustic pop/rock with flute in support of their debut album release 'Falling'. Retired Pastor Mark and wife Lisa are a tight duo sharing songs of encouragement and hope.

Support artist is Hervey Bay singer songwriter acoustic guitarist Allen Murray.

"We have had three successful shows so far this year," said Nellie from Aussie Grown Radio. "And this next show will certainly not disappoint, with some very unique styles coming to the stage. So come along, bring the family and enjoy some great music for free."

• For more information check out the *Live at the Chapel* Nambour Facebook page.

## Nambour Swap meet gearing up for car lovers' delight

WE'VE had the Show. The Expo is over. And next, of course, is – 'The Swap'!

The annual Nambour Swap Meet will be held on Saturday, July 29, from 6am to noon, on the Nambour Showgrounds at 80 Coronation Avenue.

This event is brought to you by the Sunshine Coast Antique Car Club, a not-for-profit organization, which supports local charities through donations, provides car displays, entertains those with disabilities and makes visits to aged care facilities.

The Nambour Swap is the Club's major fundraiser each year and again they are aiming for a 'bumper' of an event.

Hundreds of swap sites are already pre-booked but there are casual sites available for those who wish to swap some of their 'spare' wares, too.

Whilst the focus is on all things automotive, from brand new auto parts to second hand and rare parts, vendors are welcome to sell almost



anything recyclable, collectable, decorative and/or convertible. See our Swap Meet link on our website: [scacc.org.au](http://scacc.org.au) for further details or phone 0472 596 973.

Swap site holders are welcome to access the Showgrounds from midday on Friday 28th July through until 5am on Saturday, July 29.

There will be a range of food and coffee vendors on site so people may 'charge their batteries' during the morning.

► **The main entrance to the Nambour Showgrounds and the Crusher Park Drive or Bli Bli gates will open to the public at 6am. Entry remains at \$5 per person and \$5 per vehicle for on-site parking.**

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*A Celebration of Australian Music*

## Oriana Choir

Conducted by Paul Holley OAM

Accompanied by Annabelle Clucas and the Oriana Band with guest soloist, Panayiota Kalatzis and Sunshine Coast Youth Choir, conducted by Annie Wilson

Sunday August 13, 2pm - Trinity Centre, St Rita's College, Clayfield  
 Sunday August 20, 2pm - Stella Maris Primary School, Maroochydore

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## Oriana presents 'Beneath the Southern Cross'. Two concerts

FROM *Georgie Girl* to *You're the Voice*, acclaimed Sunshine Coast ensemble, Oriana Choir, will present a celebration of Australian music from across the decades.

Concerts are at 2pm on Sunday, August 13 at the Trinity Centre, St Rita's College, Clayfield and at 2pm on Sunday, August 20 at Stella Maris Catholic Primary School, Maroochydore.

*Beneath the Southern Cross* will be conducted by renowned Queensland Musical Director Paul Holley, and accompanied by Annabelle Clucas and the Oriana Band.

Also singing are soprano soloist, Panayiota Kalatzis and the Sunshine Coast Youth Choir, conducted by Annie Wilson.

*Beneath the Southern Cross* will have toes tapping and hearts singing as the Choir sings an eclectic selection of Australian music including favourites from The Seekers, John Farnham, Olivia Newton-John and Powderfinger, along with beautiful art songs and modern choral compositions.

"We are feeling inspired about this programme of Australian music," said Oriana Pres-

ident, Melissa Innes. "The choral works we're preparing are simply beautiful and it's always a lot of fun bringing the Oriana flavour to Aussie standards like 'Georgie Girl' and 'You're the Voice!'"

Oriana fans will remember Paul Holley's last production with the choir, the acclaimed *Come to the Woods*. The singers are thrilled to have the talented Brisbane-based conductor and Artistic Director of Voices of Birralee back at the helm.

Paul's natural warmth and passion for choral music are inspirational, and with over 25 years of teaching experience and many years of working with community choirs, Paul is particularly adept at connecting with singers of all ages, collaborating with them in creating wonderful musical events.

"Oriana feel honoured to have Paul Holley back this season," said Ms Innes. "His exuberance and energy, along with his passion for story-telling through music, are infectious."

► **For more details and to book your seats for either concert visit [oriana.org.au](http://oriana.org.au).**



# What's On Day by Day in the Hinterland

Local Events and Entertainment coming up. Preference given to local events of widespread interest. Please check details with organisers. Contact editor@sunshinevalleygazette.com.au.

**Until July 22:** The Lind Theatre is excited to present an intriguing drama 'The Thrill of Love' by Amanda Whittington. Bookings: lindlane.com.au/whats-on. Phone 1300 732 764.

**Until July 30:** 'Wild Flowers of the Botanic Gardens' photographic exhibition at Maroochy Bushland Botanic Gardens, Arts & Ecology Centre. Free entry, daily 10am-2pm.

**July 20-23: Mary Valley Art Festival** at the Imbil Public Hall, Edward Street, Imbil.

**July 22: Rugby League**, SCGRL Round 14 at 6pm, Nambour A Grade Men v Maroochy A Grade Men at Crusher Park.

**July 22 (9am): "Come and Try Croquet"** at Nambour Croquet Club, Coronation Drive. Equipment provided. Contact Patrick at 5472 7287 or berpat@bigpond.com.

**July 22: Genealogy** Sunshine Coast workshops on Roots Magic 9 (9.30am-12pm) & Trove (1-3.30pm) at \$8/session or \$15 for both. Contact 5329 2315 to book.

**July 22: FQPL3 Football**, Nambour-Yandina United v Woombye at Woombye at 6pm.

**July 15-23: 'Amazing Fungi'** exhibition in the Theatre at Mary Cairncross Reserve. www.facebook.com/malenyprintmakers.

**July 22: Mapleton Country Market** 8am to 12pm at the Mapleton School 24 Flaxton Drive Mapleton.

**July 23:** Sunshine Coast Stadium celebration of the life of popular league player **Benjamin Hunter**, 16.

**July 23:** 18-Piece **Big Band Concert** by the Scream Jazz Orchestra at Palmwoods Memorial Hall from 2pm. Info: screambigband@gmail.com or 0434 675 529.

**July 23: Step Out For Parkinson's** at University Sunshine Coast Sports Track to raise

awareness and crucial funds. Contact barbs@parkinsonsalive.com.au for info.

**July 26: Outspoken** presents Anna Funder in Conversation Maleny Community Centre, 6 for 6.30pm. Tickets \$25 and \$18 students, www.outspokenmaleny.com.

**July 28: Nambour Forecourt Event**, in the forecourt, Fred De Vere Building, Currie Street Nambour.

**July 28: Exhibition Opening Event** 6pm to 8pm featuring new works by popular artists - Beatrice Prost, Prudence Coburn, Vit Martinek, Ellen Terrell, Dennis Forshaw and Anna Howard. Cooroy Butter Factory Arts Centre, 11A Maple Street.

**July 28 to August 6: The Curated Plate** features more than 100 events from over 300 local producers and suppliers and unites 52 local businesses and event organisers and be run across 10 delicious days.

**July 29:** Nambour RSL Sub Branch will honour the **70th Anniversary of the Korean War Armistice** from 11am at Quota Memorial Park. All welcome.

**July 29: Australian Football** Hinterland Blues QFA Div 1 Seniors v Caloundra QFA Div 1 Seniors 2pm at Palmwoods G Rae Oval, Jubilee Drive, Palmwoods.

**July 29: Football** FQPL Woombye Snakes v Gympie United at Gympie, 6pm.

**July 29: The Nambour Swap** 6am - 1pm, at Nambour Showgrounds. Entry: \$5 per person, Parking \$5 per vehicle. Cash only on entry. Casual sites available - contact scaccsecretary@gmail.com.

**July 29: Rugby League**, SCGRL Round 15 at 6pm, Beerwah A Grade Men v Nambour A Grade Men at Beerwah Sportsground.

**July 29: Live music at Maleny RSL.** Kelly Cork, Golden Guitar legend Kevin Bennett and his band The Flood, along with local favourite "Richo" Richardson. Meals and bar from 6pm, entertainment at 7pm. Tickets via Oztix.

**July 30: Wuthering Heights of Mapleton** - Red Dress Day, music, dance, and fundraising! Wear your red dress and follow the festivities. Food stalls and refreshments available. Contact wutheringheightsofmapleton@gmail.com for more info.

**July 30: 'Wild Flowers of the Botanic Gardens'** Exhibition at Maroochy Bushland Botanic Gardens. Free admission at Arts & Ecology Centre, Palm Creek Road, Tanawha, 10am-2pm. Donations appreciated. Contact: FriendsOfMRBBG@gmail.com.

## Experience a 'Serenade of Love' and delightful high tea at Palmwoods

PALMWOODS Guide Hut has been resounding with the sound of music each Monday morning lately as Little Village Theatre members prepare for their 2023 production, 'Serenade of Love'.

It will be presented in three matinee performances at the Guide Hut on August 19, 20 and 26, from 2-4pm.

The Hut will be transformed into a high society salon at The Ritz Hotel in London for the performance. Little Village Theatre musical director Marji Murray has created a program of love songs from around the world, performed by the Little Village Theatre singers and dancers with ballroom dancing a special feature of the show. During interval, a sumptuous high tea will be served.

"Every member in our group realises how fortunate we are to have Marji Murray as our musical director extraordinaire," said Little Village Theatre President Moira Duncombe.

"Through her extensive experience in all aspects of musical theatre and her ability to draw on the individual strengths of the performers, Marji has the cast eagerly anticipating performing 'Serenade Of Love' in



Little Village Theatre members rehearse for 'Serenade Of Love', coming in August.

August.

"The show promises a host of love songs and delightful dancing, as well as some surprises, so put this one in your calendar and book early!"

For further information and membership enquiries call Secretary Ronda on 0411 115 786 or email ourlittlevillagetheatre@gmail.com.

Moira said the group appreciated funding support from Palmwoods Community Branch and Sunshine Coast Council to enable musical theatre for the community.

• Saturday 19, Sunday 20, Saturday 26 August, 2pm-4pm at the Girl Guide Hut, Palmwoods (cnr Lingara Av and Palmwoods-Montville Road). Tickets: \$35 for show and high tea.

Pre-booking is essential. Table settings are for four people. email: ourlittlevillagetheatre@gmail.com or call Moira on 0409 026 145.

## Garden Club to welcome Botanic Gardens guest speaker

NAMBOUR Garden Club is meeting on Monday August 7 in the Nambour Uniting Church Hall. The Vice President of Friends of Maroochy Botanic Gardens, Malcolm Cox will be our guest speaker, and he will be speaking on new projects and initiatives at the Gardens.

We also have Sam Stringer from the Australian Banana Growers Council attending and she will be informing members and visitors of the dangers of Bunchy Top.

Bunchy Top is an insect-borne virus, and to reduce its spread we all need to know what to look for and what to do about it. It should be a very interesting and informative morning. Doors are open at 9am with the meeting commencing at 10am.

Entry is via Donaldson Road and there is always plenty of parking available. You are welcome to join us for morning tea, and to meet other like-minded gardeners.



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Jiu Jitsu fever hits Yandina

# Fight night for the Sanbergs is a family affair

by Janine Hill

JIU JITSU has proven such a hit in the Sanberg household since siblings Maya and Tulley took it up that the whole family has followed suit.

Six Sanbergs now attend the Vermelho jiu jitsu gym at Yandina run by Dean Liebenberg, a former Australian champion.

Frank Sanberg, his wife, Sarah, and their younger children, Luca, 6, and Finley 4, have joined Maya and Tulley in the sport.

Maya, 10, and Tulley, 9, both won gold medals in their age and weight categories at the state championships on June 24 and 25 while Luca was a silver medallist.

Tulley's friend Hunter Cronin also won a silver while another Verhmelho jiu jitsu student, Zoe, received a bronze.

Frank originally signed Maya and Tulley up for jiu jitsu for self-development and self-defence.

"When I looked into jiu jitsu, I found it was a martial art where a person on the ground could have as much power as someone standing over them," Frank said.

"I wanted my kids to be able to stick up for themselves but Maya in particular, being female."

Frank hopes that at least one of his kids will go all the way in the sport.

He'd like to think he and his wife have passed on some sporting ability to their kids



Meet the Sanbergs: Parents Frank and Sarah and kids, from left, Finley, Luka, Maya (in blue) and Tulley.

as he played ice hockey for New Zealand and Sarah represented Australia in the Olympics.

"They should have some good genes," he said.

Dean, who won a state championship in his masters category, has high hopes for some of those training at Verhmelho with him and dual judo and jiu jitsu black belt Steve Darty and muay thai coach Dion Homan Binnie.

"My goal is, hopefully within the next couple of years, that we could take some kids to the world titles and hopefully produce some world champions," he said.

# Palmwoods salon in running for prestigious Beauty award

A PALMWOODS beauty salon has made the final for a national industry award.

HB Beauty is a contender for the Australian Beauty Industry Awards Queensland salon/spa/clinic of the year in the four treatment rooms or less category.

The salon is owned by Helena Bergman, who has been working in the beauty industry for more than 25 years.

Helena set her sights on an award win last year and was excited to learn that judges had chosen the salon as a finalist.

She will learn if the salon has been successful when the award winners are announced at a gala ceremony in Sydney on 28 August but is happy just to have made the finals.

"I'm a winner already. I'll find out there whether we've got the award, that's great, but I'm a winner already," she said.

"We have a lot of support from the local community. We wouldn't have been able to do it without them because they are the reason I'm there. I'm really grateful for the customers that support us."

Helena began working in the beauty industry at 17 and said it had always been her passion.

"I used to teach beauty. I've worked in salons. I've worked overseas and on Hamilton Island. It's what I've always loved doing," she said.

Originally from Eudlo, Helena realised the opportunity to open her own salon after settling down to family life at Palmwoods.

"It started as home-based business when the



The salon is owned by Helena Bergman, who has been working in the beauty industry for more than 25 years.

kids were little. I've been in the shop about five years," she said.

The salon, which now employs two staff in addition to Helena, offers skin treatments as well as beauty services such as waxing.

Helena has developed an HB skincare range of about 12 products and an e-book on how to use the gua sha massage facial massage tool.

She believes these initiatives, plus a focus on seasonal promotion, are likely to have impressed the judges so far and she hopes they will set the salon apart from other salons in the final. Visit: [www.hbbeautypalmwoods.com.au](http://www.hbbeautypalmwoods.com.au).

Teacher nurtures the next generation of vocalists:

# Coach's unique approach to voice training

TONI ZAFFA has performed in New York and throughout the US and Canada. The Coast singer was a Soul Sister in the Australian Tour of *Jesus Christ Superstar*. She has trained under some of the world's most venerable authorities including Celine Dion's vocal coach, Professor William Riley, and Renee Geyer's coach, Professor William Philipsborn.

Toni loves to use her unique skillset to help aspiring vocalists find their own voice.

"I have been singing all of my life," Toni said. "My first performance was when I was 9 years old. I sang *Honky Tonk Woman*, and it was a watershed moment in my young life that ignited my passion for singing."

Growing up in a musical family, a career in music seemed inevitable. She developed a keen interest in musical theatre and performed lead roles in school productions.

"I really stepped into my career after moving to Sydney," she said, "I had to discover where I fit in as a vocalist. I sang a wide range of genres: pop, blues, jazz and soul."

"I love musical theatre and rock opera, and I searched for roles that would complement my soulful R&B voice. My big break came when I was cast in the role of the Soul Sister in the much-loved Australian National Tour of *Jesus Christ Superstar*."

Producer Harry M. Miller wrote: "Toni Zaffa has an extraordinary voice and is a credit to the industry."

Toni has worked with a "who's who" of the Australian recording industry. She has recorded with Kirk Pengilly (INXS) and Richard Clapton and has performed alongside Jon Stevens (Noiseworks), Ian Moss (Cold Chisel), Renee Geyer, Deni Hines and Louis Shelton.

Toni moved to New York City and performed at Don't Tell Mamma, Chicago Blues, Red Eye Grill, Tribeca Blues, The Duplex, and The Metropolitan Cafe with the David Letterman Band, Randy Brecker and The Brecker Brothers.

She toured and performed in Los Angeles, New Orleans (Bourbon Street), Denver, and Canada and thrilled audiences from the Mississippi Delta to New York's Off-Broadway stages.

"Through these great teachers and incredible experiences, I matured as a vocalist and performer, and I knew I would find great satisfaction in nurturing the next generation."

Toni returned home to the Coast and was crowned "The Queen of the Noosa Jazz Festival" before enrolling and graduating from the Conservatorium of Music at Griffith University.

"My unique approach incorporates my formal education at Griffith University, extensive training from the world's most renowned vocal coaches, and my personal knowledge of the music industry. I teach proven performance techniques, essential methods to protect vocal health, and the latest auditioning skills honed



Toni brings a wealth of experience and her unique skillset to help aspiring vocalists find their own voice.

from my own experience. It is incredibly exciting to see my students grow into their musical careers and watch them perform, record, and become original singer-songwriters."

Some of Toni's students include Tara-Ashleigh, Darcy Kate, Krave, Doolie, Sally Skelton (The Voice), Frank and Louis, Pity Vincent, Nuffinbuttaband, Treehouse the Band (who recently opened for Wolfmother in Sydney) and Will Outridge, who supported *The Dreggs*.

Toni offers wisdom and guidance to students entering professional careers. In her role as an A&R Consultant for a Sydney-based music and artist management company, she actively searches for and recruits the next great talent.

Her unique methodology, holistic vocal philosophy, and auditioning skills bring invaluable insight and have produced results for her students in all contemporary music genres.

"For many vocalists, music is not just a career; it's a calling," Toni said, "and there is nothing quite like standing out on a stage and sharing your gift with the world. It takes great commitment, courage and tenacity. My students are confident that I not only have the skills and experience to help them pick up the microphone, but I will stand behind them all the way."

► Toni teaches at various locations on the Sunshine Coast or by Zoom. For further information 0409 584 508 or [toni@tonizaffa.com](mailto:toni@tonizaffa.com). Or search "Toni Zaffa Singer/Vocal Coach" on Facebook.

# 2023 Queensland Garden Expo delights green thumbs from far and wide

THE three-day Queensland Garden Expo — the Sunshine Coast's largest annual event — took place at Nambour Showgrounds July 7-9, attracting a crowd of gardening enthusiasts and plant lovers from near and far.

With tens of thousands of plants swapping hands for new homes, both local and interstate, Event Manager Marion Beazley said the Expo continues to be a massive drawcard for tourism on the Sunshine Coast, with about 65 per cent of visitors travelling from outside the region.

"The economic impact of this event is estimated to be more than \$10 million, and the queues at the gates on Friday morning were testament to how popular the Expo is," Ms Beazley said.

"The sunny days saw excellent attendance numbers, as visitors young and old connected over a shared passion for plants, chatted with experts and exhibitors and gained valuable gardening knowledge."

The Expo saw the return of crowd favourites on the eight speaker stages, including Costa Georgiadis, Claire Bickle, Sophie Thomson, Millie Ross, and Phil Dudman.

ABC's Gardening Australia presenter Jerry Coleby-Williams spoke on home food growers, foliage plants and touring the Galapagos and the Amazon Rainforest.

"There's not much that beats connecting with fellow gardening enthusiasts, discussing new ideas, and contributing to the gardening community," said Mr Coleby-Williams.

"This year was my 19th year at the Expo and what we as speakers enjoy is the opportunity to connect with Queensland's largest audience of gardening lovers, answering all kinds of gardening-related questions and inspiring future generations with our love of gardening — the enthusiasm at the event is just incredible.

"There are so many amazing connections made at this event that lift my spirits from one year to the next — everyone who is anyone is



Thumbs up to the Expo ... Costa Georgiadis and Matt Gollinsky at the Nambour Showgrounds event.

here, it really is the gardeners' Christmas!"

International award winner and accredited floral art judge Mark Pampling said visitors were wowed by the Australian Floral Art Association's National Convention 'Nature's Expressions' competition hosted for the first time at this year's Expo.

"This year's competition offered Expo visitors a showcase of extraordinary and innovative designs that you would be unlikely to see with everyday floral arrangements," said Mr Pampling.

"We are thrilled to announce that Ngaire Gamack has emerged as the winner of the 2023 Australian Floral Art Association's National Convention 'Nature's Expressions' competition taking home the \$300 prize."

This year's event also saw the Expo announce a new partnership with Queensland Country Bank.

"Events like the Queensland Garden Expo would not be possible without the generous support of our sponsors," Ms Beazley said.

"We are delighted to partner with an organisation with aligned values, and that shares our passion for regional events and the impact they have on local economies and building local communities."

Queensland Garden Expo is an annual event held in July, promising a great experience for gardening enthusiasts. To find out more about this event and to plan for next year, visit [www.qldgardenexpo.com.au](http://www.qldgardenexpo.com.au).



# Maleny Show: New film honours enduring legacy of century-old event

THROUGH wars, droughts and floods, the Maleny Show has continued for a century. Now, one of Queensland's proudest regional traditions and those who made it great, are featured in a special documentary film.

The 100-year-old showcase of agriculture and community spirit, and many of those who have seen or helped it flourish, will be seen on the big screen.

A community screening was held at Landsborough Museum on July 12.

The film shares the stories and memories of many people closely involved with the Maleny Show over the years.

These include Kayrene Corkin, Bill Hankinson, Marlene Hankinson, Winston Johnston, Ed Lawley, Desley Malone, Monica Skerman and Lois White.

Division 5 Councillor Winston Johnston, also the Maleny Show Society President, said the film marked a significant milestone in the hinterland town.

"The Maleny Show was first held on April 24, 1923, at the Maleny showgrounds and has been held there ever since," Cr Johnston said.

"The show's success has been the result of the Maleny Show Society, an organisation which has made a significant contribution to the region over the past 10 decades, and their hard-working volunteers who prepare for many months.

"The film preserves an essential part of our Sunshine Coast heritage through the stories of these volunteers and captures the smells, sounds and sights of show time.

"It is only because of these volunteers' efforts over the past 100 years, that we are now able to interpret this incredible story."



**Maleny Show Pavilion during Maleny Show, circa April 1924.** Image Picture Sunshine Coast



**The Hirn family loves the Maleny Show. Mum Clare encourages the kids to enter different sections each year. At the screening are, from left, Lachlan, Clare, Sophia and Olivia front.** Photo: Marsha Fotografie.

Final filming wrapped-up over the Maleny Show weekend, allowing for the inclusion of the Showground 100 years on, drawing intriguing



**Maleny Showgrounds showing the original pavilion and newly formed Centenary Drive ca 1978.** Picture Sunshine Coast

parallels between the show's humble beginnings and today's modern pavilions and pursuits.

The film is an initiative of the Sunshine Coast Council Arts and Heritage Levy program.



**The Commercial Hotel in Currie Street about 1917. For 139 years, the Hotel has served the people of Nambour.**

## Since 1884: Commercial Hotel's special place in Nambour's history

**History courtesy Nambour Museum**

THE Commercial Hotel was Nambour's first hotel built in 1884 on Showgrounds Hill by Mathew Carroll.

Walter Lanham described Carroll's Petrie Creek or Tullababa Hotel.

"It was sixty feet long and twenty feet wide and was built of sawn timber. It was the only place large enough for dances, or spees as they were called."

In 1885, a Receiving Office was established there where mail was left to be collected by a horseback rider and also dropped off on his return.

In 1892, the licence was transferred to Mathew Carroll jnr for the New Petrie Creek Hotel which had been built in 1890 on the site of today's Commercial Hotel.

The old hotel buildings were used for short periods as offices for the

Maroochy Divisional Board and as a school classroom.

After the purchase by John Currie, Currie's Nambour Hotel was described as "a two story double-verandah building containing 18 rooms."

There were other name changes until A. L. Kelly renamed the premises, the Commercial Hotel.

The building had to be rebuilt three times after disastrous fires in 1914 (sadly with the loss of a life), 1924 and 1966.

For 139 years, the Commercial Hotel has served the people of Nambour, providing accommodation for schoolteachers, a meeting room for charities and sporting club meetings, farewells and parties, temporary premises for visiting tailors, optometrists and other businessmen.

It has played an important role in Nambour's history.

**The building had to be rebuilt three times after disastrous fires in 1914, 1924 and 1966.**

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Easy Travel and Cruise Nambour are delighted to host a Free information night with Hurtigruten Expeditions and Coastal cruise voyages which will focus upon Antarctica Expeditions and the Northern Lights. Please ring 5313 4980 or email [admin@easytravelandcruise.com.au](mailto:admin@easytravelandcruise.com.au) to RSVP.



# Go local first in Woombye!

'Come & check out the new streetscape & drop in to see us!'

**A**FTER many months of construction work, Woombye's Blackall Street beautification is complete. Now, businesses look forward to seeing you in town.

Steeped in history, Woombye is one of the oldest towns on the Sunshine Coast. And Blackall Street has everything you need, all within walking distance.

Woombye's rich history is on display in the beautification project. Sunshine Coast Council has installed plaques outside of historical businesses along Blackall Street. Via QR codes, these plaques offer information recorded about the area's fascinating past.

The construction period proved to be trying for many businesses in the street. Now that the work is over, they are looking forward to welcoming locals and visitors back into their beautiful, re-invigorated town centre.

So come back into Woombye, enjoy the freshly landscaped street. And, most importantly, get behind your wonderful, local, small businesses.

• If you'd like your town or precinct to be featured like this please contact tanya@sunshinevalleygazette.com.au.



WCBA President, Nathan Major with Di Parker from St Margaret's Anglican Op Shop.



Adam and Narelle Kither at Woombye Rural Supplies where have everything you need for your property, livestock and pets.



Hannah McFarlane and Karrie Matthews are the friendly faces at the Woombye Hotel, a cornerstone of the town since 1900.



Shianne Hammond of Connect Exercise Physiology and Nathan Spring are keeping their clients fit and healthy at The Local Gym.



For your daily lotto, news, fashion and giftware, check out Woombye Newsagency and Gifts. Pictured is the friendly face of Leanne Cilas.



At the Community Bank of Woombye & Districts you will be greeted by the friendly, smiling faces of Debbie Templeman and Henriette Scheepers.



Woombye stalwart, Brian Birrell of Woombye Seafood and Takeaway.



The best team to look after your furbaby ... Amy Thorpe, Dr Charlotte Ashton-Heinius and Hannah Trigg of the Woombye Veterinary Surgery.



Cut That Out hairdressers Leah Butler and Monique Bussa keep their customers' hair on trend.



Ashleigh Goebel of Think Pinq in front of the store full of beautiful fashions for every age, stage and budget.



Chef Jade Sharrock and Laura McKittrick of Frankies Woombye offer a mouth watering selection of freshly baked goodies.



Mia Hollis is a bright and welcome newcomer to town with her newly-opened florist and gift shop, Buds on B.



Pharmacist Jacob Whalley with Kim Jacobsen will take care of your medical needs at the Woombye Pharmacy.



From left, Simon Glare, Russell Webber and Lucas Porteous of Woombye Mechanical.



Baking up a storm at the Woombye Bakery are, from left, Chris Phatcharin Boonprakong, Tammy Hamilton, Amy Woods and Olivia Parkes.





The team at Woombye Childcare and Kindergarten are your experts in Early Years Learning – “Head, Hands & Heart Learning”.



Grounded at Woombye's Andrea Short and Claire Mankervis busily brewing up delicious coffee and breakfasts.



Mary Cassells and Glen Steinhardt with their eye catching pineapple themed backdrop, at Australia Post.



SPAR is the place to grab your groceries and fresh produce - and be greeted by the friendly, helpful local staff. From L-R Nick Allen, Manager, Stephen Faithfull and Brea Ayres.



Sold! ... You get experience and integrity all under one roof at Century 21 Living Local. From left, Kirk Patrick, Michelle Woolcock, Sheree Jones, Tamara Mead and Linda Williams.



Kimnat's Claud Dewet; from piping hot coffee to tasty Vietnamese cuisine, Kimnat Little Market and Cafe has got you covered.



James and Amanda Chapman outside the historic Woombye Butchery, which features in the local heritage trail.

# RURAL PROPERTY OWNERS

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Apply for assistance for on-ground environment projects on your property.

## Suitable projects

- Stock exclusion fencing to protect ecologically significant areas
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- Reducing sediment loss on farms
- Control of environmental weeds and bush regeneration
- Revegetation of degraded areas

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07 5475 7272

Expressions of interest close  
Monday 14 August 2023.



Your Environment  
Levy in action



## Legacy widows fundraise for helping hands in yards

LEGACY exists because of the promise a digger made to his dying mate in the trenches of WW1 ... "To look after the missus and the kids".

For 94 years, Legacy has supported thousands of Queensland families whose loved ones have lost their lives or health representing our nation and its interests.

Now, Legacy Widows are struggling to help some war widows with local overgrown back yards. "In previous years they have had support from the Army to help the War Widows," a spokesperson said. "However, they are unable to offer this support this year due to the large exercise being run in the Northern Territory.

"But we have inspected, prioritized and obtained quotes for five places that are in desperate need of help with their back yards in Buderim, Mountain Creek and Nambour."

Unfortunately the age and physical abilities of the Legatees means they have to employ contractors to perform these tasks. The total estimated cost for the five yards is \$3010.

► They have set up a Go Fund me to raise money for the work to be done <https://gofund.me/b5de9b1f>

## Wild Flowers of the Botanic Gardens

SPRING is early at Maroochy Bushland Botanic Gardens, where the Friends group is presenting the photographic exhibition 'Wild Flowers of the Botanic Gardens' until July 30. It's free to see in the Arts & Ecology Centre at the Tanawha gardens, daily from 10am to 2pm. It will feature some of the best images taken by professional photographer Greg Miller during over six years as a Volunteer in the Gardens.

The Friends are also giving away a wide range of books and journals on native plants, wildlife and gardening.

► Contact: [FriendsofMRBBG@gmail.com](mailto:FriendsofMRBBG@gmail.com).

## Electronics enthusiast turns problem-solving into a business

Business Writeup by Janine Hill

THIRTEEN years ago, Daniel Pirona reached a fork in life's road.

He could continue working a safe job at a Brisbane service centre, or he could take a chance and set himself up in a new business in Nambour. He chose the latter.

"I didn't mind the idea of being in Nambour. I'd had enough of Brisbane. I sold my home to pay for the business, moved into a little single room unit and went about setting the business up," he said.



The business, Megatronics, which sells a range of Jaycar electronic parts and equipment and computer gear, has become a mainstay of Currie Street.

Electronics and retail was a good fit for Daniel.

"I was always interested in electronics from



Megatronics owner Daniel Pirona has to be up-to-date with constant changes in technology. Customer queries keep him on his toes.

a young age but it's not really what I did with my life," he said.

"I was a fitter and turner and did a few other things but I always naturally liked the idea of having a shop."

Daniel had been a partner in an alarm business but Megatronics is a one-man show which means he is on

the floor five-and-a-half days a week serving customers.

"It's kind of rewarding to me. I like to think I go a few extra inches to be helpful and hopefully, I achieve that," he said.

Working in the business, and Daniel's own problem-solving nature, keeps him up-to-date

with constant changes in technology.

"Apart from having an interest, most of my information probably comes from customers," he said.

"Someone comes in saying, 'I'm looking for something that does this,' and if I haven't heard of it, I have to inform myself of that and look around and see who deals in this."

"It's kind of rewarding to me. I like to think I go a few extra inches to be helpful. I think that works for me here.

• Megatronics is in Currie Street Nambour. Phone 5343 7623 or email [megatronics@aus-siebb.com.au](mailto:megatronics@aus-siebb.com.au).

## Classifieds

### Position Vacant

### POSITION VACANT

### Property Caretaker needed for property in Montville

- 3 month contract
- 40 hours per week working Monday to Friday
- General Property Maintenance Duties (with some wire fencing)
- Good rates for the right person
- Immediate start

Please email details to [wendy@wiproperty.com.au](mailto:wendy@wiproperty.com.au)

### Yoga

### HATHA YOGA/PILATES RELAXATION

Hatha Yoga Pilates is held at the Woombye Hall: Sat 9am & Wed 9.30am. Beginners & Seniors welcome. Cost \$10. Call Christine: 5441 6285 (Cert. in Pilates matwork; Dip. IYTA: Yoga Instructor; USC Sport & Exercise minor: Ex. Prescrip. for Health & Rehab.)

### Recruitment

### Home Care Support Worker

- Cert III of individual support required
- Fixable time

IF INTERESTED, CALL OR EMAIL  
**0402 383 527**  
[office@cfaq.com.au](mailto:office@cfaq.com.au)

## Letters to the Editor

### Camellia House Open Day raises money for charity

Just to update you with news that our Camellia House Open Day raised \$500 for charity and we would love to let readers know of their generosity. There were 800 people over two days. The Lion's club food wagon and coffee man were also very happy with their takings. I don't think we would have had so many people if not for your paper. Many mentioned it.

– Peter and Doreen Briggs, Camellia House, Palmwoods

### Concerns over recent TMR road restoration

I would like to say a huge thank you to all the residents of Stanley River Road. Over the years you have made such a difference in removing the mountain of invasive weeds from the road verges. Also thanks to those who gave their time to Booroobin Bushcare in helping with the Official TMR Road Restoration Project. This was on the site of the very headwaters of the great Mary River.

Also on the other side of the road at the top of the range is the headwaters of the great Stanley River. These rivers make Booroobin a special hot spot of Rainforest Biodiversity for the range.

The Lantana especially which formed a tunnel all the way into town, has now only two spots left.

There were mountains of Morning Glory, Japanese Sunflower, Maderia Vine, Moth Vine of which we removed over 2500 fruit in four hours one year, and so much more.

This stopped everyone's properties from being invaded. They all spent so many hours transforming Stanley River Road into the beautiful drive that it has become. I am so sorry to everyone who had their hard work of planting natives destroyed with the recent work done by TMR, in the name of safety. Only about 20 percent of the work was needed.

About 40 Flame Trees (which had been planted beside gateways and had no impact on road safety) were removed. They especially made the road beautiful at Christmas time for visitors and locals. We have been left with no wildlife corridors for the Koalas, and the Ephyphites have now been left open to the elements. The "bare earth attitude" is only bringing back weeds, and the lawns now cannot be mowed.

– Jeanette Nobes, Maleny

## More weeds bite the dust at Namba Creek

Petrie Creek BushCare with Norm Morwood

PETRIE Creek BushCare spent a busy morning recently pulling more weeds at our site at Namba Creek along the creeks around the Model Railway Park in Nambour.

If you'd like to join in the obvious pleasure and satisfaction of creating habitat for our native animals, the next opportunities to join with us are as follows.

• Gulung Gung on Wednesday 26 July 2023 starting at 8am. (Parking is available in the NE part of Aldi Carpark in Howard St Nambour and then walk down to the creek by following the rough track that skirts the north of the carpark. Alternatively walk across the new park from Quota Park off Matthew St)

• Florabunda Pocket on Saturday 05 August 2023 starting at 8am. (Meet near the back Rugby oval at Woombye. Come down Laidlaw Rd and turn right just before the Gymnastics Hall, and follow that road till you see us)

To join in the activities at these events you'll need to come in "long everything" bush protective clothing including boots/shoes and a hat. All tools required will be provided.

► For more info see the FB Page "Petrie-CreekCatchmentCareGroupInc" or contact me, 0409 63 99 44.

## Genealogy (Family History) Activities

GENEALOGY Sunshine Coast will be holding workshops on Sat 22nd July with Roots Magic 9 from 9.30am to 12pm and Trove from 1-3.30pm.

Morning tea is supplied and lunch can be purchased or bring our own. Cost is \$8 per session or \$15 for both.

We are also holding a get-together lunch at Stonebridge on Fri 25th Aug for all who wish to participate - at your own cost. If you are interested in attending, please contact the Society on 07-5329-2315 or email us at [genealogysc@gmail.com](mailto:genealogysc@gmail.com) to put your name on the list and to preorder your menu choice.

Because of the successful Open Day we held in May this year, we are having another Open Day on Sat 26th August. Come along and see what wonderful resources we have in our library and receive help to solve your queries from our wonderful volunteers who work there. We have one of the greatest collection of resources relating to family history in southern Queensland.

## Everything you need to promote your business for a whole year!

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- Prices from just \$300\*<sup>gst</sup>

Scan the Code for details or phone Tanya 0400 069 711.







Michael Cornelius Smith, Christian Pastor, 1936-2023, with his wife Jean.

# God tamed a ‘terrible, wild man’, and turned him into a life-long preacher

Obituary by Richard Bruinsma

CHRISTIAN minister Mike Smith was an adventurous man.

His life journey transitioned from a tough childhood in a dysfunctional family, through a supernatural conversion, and an immediate lifelong ministry.

One of 11 children, Mike was born in Liverpool, England, in 1936, growing up to become a weekend drunk and self-confessed wild man. He was a champion cyclist and sang with a local band.

In his mid-20s, Mike and a friend hitchhiked to Australia, staying away in India before being captured and jailed for four weeks in Fremantle Jail.

He found work at the Sydney Morning Herald, where a workmate gave him a Bible, which changed his life.

“I started reading it. I found it interesting, this man called Jesus... and every night my pillow was wet with tears, I saw what I was - a dirty, filthy and proud individual - and he died for me, I couldn't get over it.”

Mike immediately began gospel meetings in Sydney, distributing tracts, doorknocking, and pioneering new churches.

In 1976, at 40, he was arrested in Newcastle for street preaching. He pleaded guilty but avoided jail when a parishioner paid his fine.

“I am determined not to allow this stupid man-made law hinder the message of Christ,” Mike was quoted in The Daily Mirror.

Two years later, he met Jean. They married in November 1978.

On a visit to Sri Lanka, Mike saw the poverty and the need for the Gospel. He began preaching there annually for the next 25 years.

At 80, his formal ministry ended and he semi-retired at the couple's then home in Bli Bli.

In January 2021, Mike suffered a stroke. He continued praying, reading his Bible, and remained ready to share the Gospel.

Mike suffered a fatal heart attack at his Burnside home on April 28. He was 87.

His final message: “We will meet again, when the trumpet sounds, and those in Christ will rise to meet the Lord in the air. Until that great day, keep the faith, run the race, be strong in His power and win the Victor's crown. God bless you all.”

► For the full-length story: <https://tinyurl.com/3u5b5rw5>

## QCWA Maleny – food label reading workshop

JOIN Maleny QCWA for a label reading workshop to learn how you can use and understand food labels on packaged items to help you make better choices for your health.

Morning tea will be provided on the day. Spots are limited! RSVP by the 11th of August by emailing or texting Judy Stubbs to register your spot: [judystubbs1@gmail.com](mailto:judystubbs1@gmail.com) 0411 647 140 for the Tuesday August 15, event from 10am-12pm at Maleny Community Centre, Bicentenary Meeting Room, by Gold coin donation.



**Here's where local businesses can shine as one ...**

There's no doubt businesses in Nambour & Hinterland are unique. And now it's time to shine together in the *Nambour & Hinterland Business Directory*. The *Gazette* is offering businesses an opportunity to stand tall, together ... to shine as part of a larger constellation in this editorial-based annual magazine. Because every business has a story to tell.

- **Early-bird offer:** have your story re-published in the *Gazette*.
- Prices from just \$300+gst.

**Scan the Code for details or phone Tanya 0400 069 711.**

## SACRED Body

Are you experiencing...

**SWELLING IN EXTREMITIES**  
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**JOINT PAIN & INFLAMMATION**  
**MIGRAINES & HEADACHES**  
**FATIGUE & GENERAL MALAISE**

LYMPHATIC SYSTEM and INFLAMMATION

Discover what foods, activities and lifestyle factors are impacting the health of this vital system.

What simple changes can we make to our everyday living ?

**Linda Goggan**  
Massage Therapist,  
Nutritional Advisor,  
Sacred Body Founder

**Belinda Jane**  
Energetic Medicine Practitioner,  
The Medicine of Lifestyle

**Saturday 29th July**  
2pm - 4:30pm  
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MONTVILLE

\$70

Interactive workshop  
FREE GIFT BAG  
Light refreshments

**TO BOOK**  
CALL Linda  
0422 852 899

Linda has practiced as a massage therapist for 17 years and more recently has qualified in nutritional sciences. Linda will be presenting on the lifestyle impacts to the lymphatic system and offering what nutritional support and treatments may help improve its function and vitality.

Belinda Jane has practiced for 25+ years in many locations around Australia specialising in the Energetic Sciences of Health, Beauty and Wellbeing. Belinda will present the energetic factors that impact our lymphatic system and offer practical ways that we can make supportive changes.



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## Plan for people with Disability

**David Law**  
Division 10 Councillor  
david.law@sunshinecoast.qld.gov.au



By 2028, we want the Sunshine Coast to be a region where people of all abilities have equitable opportunities to live, work, visit and play.

Council has prepared a Draft Inclusion Action Plan for People with Disability.

We want to invite the community to have their say on the draft action plan.

You can provide your feedback via an online survey or through hardcopy surveys available at Council libraries.

Visit Council's Have Your Say website to provide your feedback and find out more about the project. Please provide your feedback before July 31.

## Get warm this winter with Healthy Sunshine Coast

Forget the cold snap, a range of low-cost holistic activities are in full swing this winter thanks to Council's popular health and well-being program.

Three Healthy Sunshine Coast activities are on offer in Nambour, including:

- **Aqua Aerobics** with Belgravia Leisure on Tuesdays at 5.15pm and Thursdays at 9am at Nambour Aquatic Centre

- **Kangatraining**, a fun fitness activity for parents and their babies with Aramania on Fridays at 10am at Studio 2, 28 Rigby Street, Nambour

- **Jazzercise** with Jazzercise Nambour on Fridays at 5pm at the Jazzercise Nambour Studio, 33 Howard Street, Nambour.

The program is all about creating a happier, healthier, more connected and resilient Sunshine Coast community.

Visit Council's website and search 'Healthy Sunshine Coast' to register and find out more today - registration is free.

All activities cost \$10 or \$5 with a Health Care/Pensioners card.

- Don't forget if you have any questions, please contact me at email: david.law@sunshinecoast.qld.gov.au and follow my Facebook page for regular updates: @DavidLawDivision10.

## 50 new carparks for Bicentennial Lane

**Winston Johnston**  
Division 5 Councillor  
Division5@sunshinecoast.qld.gov.au



I'm glad to see the completion of 50 new on-street, ninety degree, parking bays along Bicentennial Lane, Maleny. The project has been eagerly anticipated by residents and will go a long way in addressing parking and footpath needs.

If you haven't seen the upgrades, the new parking is on the south side of the street and extends the existing parking area. On the north-side of the street a new concrete pathway which is 1.8-metres wide has been completed which I think will be a welcome addition for residents. I hope our community enjoys the recent upgrades and I would like to thank you for your patience.

## Palmwoods Skate Park

Works have started on improving the skate park car park on Palmwoods-Montville Road. The carpark upgrade will include formalising the pavement surface and parking bays where the existing carpark is located and to improve connectivity an all-abilities path from the skate park to the carpark will be completed, as well as a water drinking fountain. This will be a great asset in the daily lives of those utilising the swimming pool and skate park, importantly the facility will stay open whilst the work is taking place. I'm looking forward to the completion next month.

## Dog safety week

I had the pleasure of launching Sunshine Coast Council's Dog Safety Week. It's important to build awareness about keeping our community and pets safe. Despite the weather, it was fantastic to have so many pet owners young and old, as well as their furry friends, join us for the launch at Maroochydyore. Throughout the year Council offers free programs to help the community responsibly manage our pets, details can be found on the Council's Pet Awareness Program page.

- Please do keep an eye on my Facebook page for the latest Division 5 news and information. Visit [www.facebook.com/winstonjohnstondivision5sc](http://www.facebook.com/winstonjohnstondivision5sc)

# The Multi-Modal Transport Corridor phoenix rises again

by **Jeffrey Addison**, Sunshine Coast Commuter Advocate



**T**UESDAY 11 July and a mythical infrastructure phoenix rises once again from the ashes of past state government plans.

Former Premiers' Peter Beattie and Anna Bligh, if they have good memories, will recall these 'Big Builds' but under a former pseudonym – the Multi-Modal Transport Corridor (MMTC).

In the latest tranche of government rebranding, we are presented with the 'Big Build' for the Sunshine Coast.

At least it isn't called the *Big Build Plan*; perhaps Transport and Main Roads are aware of our cynicism of anything transport-related being a plan or glossy brochure.

Plans are regularly announced, but never built.

## Regurgitated proposals

The state is asking for your input into these regurgitated proposals.

A 2008 Fact Sheet 'What is the MMTC' described it thus:

The MMTC is a transport corridor from Caloundra Road to the Sunshine Motorway.

It will contain a motorway-standard road (Caloundra-Mooloolaba Road), local arterial road, integrated pedestrian and cycle facilities and from Creekside Boulevard north, the CAMCOS rail line.

Now, fast forward to 2023, and the recent announcement describes it thus:

The Direct Sunshine Coast Rail Line; Sunshine Motorway, Mooloolah River Interchange (MRI) Upgrade; Kawana Motorway planning and the Sunshine Coast Public Transport project (aka Sunshine Coast Mass Transit).

The most recent addition to the MMTC is the Sunshine Coast Mass Transit proposal.

It explores solutions for an enhanced public transport connection between

Maroochydyore and Birtinya, with a possible extension to Caloundra.

It builds on work previously undertaken by the council through its Mass Transit Options Analysis, endorsed in 2021.

No. 1 of the Big Build listed items is the Direct Sunshine Coast Line, formerly known for the past 20 years as CAMCOS rail.

It was originally proposed as a 40km coastal rail line that extended from Beerwah across to Caloundra and northwards toward Maroochydyore, then over the Maroochy River to Sunshine Coast Airport, before heading west and connecting to the North Coast Line, near Yandina.

Today it is waiting upon the business case to be completed to re-determine the route, stations, staging and cost.

It is planned to reach Maroochydyore with an extension to the Airport as a 'some-time-in-the-future' proposal.

A connection back to the North Coast Line has long since disappeared from all maps.

## Nambour study vanishes, but there is good news

It may also be why the \$6 million Nautilus study also vanished – as it looked at public transport options to connect the Northern Sunshine Coast from Maroochydyore to Nambour to Noosa, via rail.

The good news is that the business case has received extra funding of \$14 million from the state government and will be completed earlier than originally scheduled, from 2025 (this is according to budget figures) to now be completed by the end of this year.

That can't happen soon enough.

Still, when you consider that the 13.6km Springfield line took three years to construct, the 13km Redcliffe Peninsula Line took three years to construct (six years from Prime Minister Julia Gillard's sign off in 2010 to its opening in October 2016) and the 13km Beerburum to Beerwah duplication hasn't started after five years, you can understand why I'm worried.

## Our health system is broken

**Andrew Powell**  
State Member for Glass House  
glass.house@parliament.qld.gov.au



Thank you to the dozens of brave locals who shared their harrowing personal experiences at David Crisafulli's Health Crisis Town Hall meeting in Caboolture.

And thank you to our incredible front-line health professionals working in a broken system overseen by a Government in chaos and crisis.

Those who attended and shared are helping drive the change that's needed to heal the Queensland Health Crisis.

If you were unable to attend the meeting but have a story you'd like to share, please let me know.

## Congratulations Fuel Voucher Winners!

If you were at the Maleny Show, then you might have filled in one of my 30 second surveys to go in the running to win one of three fuel vouchers.

I've recently drawn the lucky winners, and they are Nick Grech from Montville, Caitlyn Farmer from Eudlo and Victoria Bergin from Woodford. Congratulations winners, you will be sent your vouchers shortly. Hope it helps!

## Cambroon Creek Bridge Rehabilitation

The Department of Transport and Main Roads (TMR) will soon begin works to rehabilitate the single-lane, Cambroon Creek timber bridge on Maleny-Kenilworth Road, Cambroon.

Works are scheduled to begin from 10 July 2023, weather and scheduling permitting for approximately seven weeks. Residents within the vicinity of the works will receive notification prior to works commencing.



## Veterans' wellbeing the topic of discussion

**Ted O'Brien**  
Federal Member for Fairfax  
ted.obrien.mp@aph.gov.au



This week I invited representatives from local veteran organisations to meet with Shadow Minister for Veteran Affairs Barnaby Joyce to discuss how to provide better support for ex-service personnel in our community.

Here on the Sunshine Coast, we have the second biggest population in Australia of veterans and that is why Member for Fisher Andrew Wallace MP and I are calling on the Labor Government to reinstate critical funding for a Veteran Wellbeing Centre to be established here in our community.

## Generation Innovation Challenge.

Do you know a budding young innovator who would like to transform their ideas into reality?

The GI Challenge is a premier 12-week program aimed at fostering entrepreneurship among individuals aged 15-25 in the Sunshine Coast area.

It offers a unique opportunity for them to receive free one-on-one mentoring, acquire business skills and connect with leading business figures. Plus, there's an opportunity to win a \$10,000 prize package!

As the founder and patron of Generation Innovation, I love seeing young individuals with an entrepreneurial spirit partner with our local business community to develop their ideas into workable business initiatives. Whether their interest lies in leveraging new technology, introducing a unique product or service, or addressing a societal issue, they will be sure to benefit from the GI program.

Registration is online at [www.generationinnovation.com.au](http://www.generationinnovation.com.au) and closes on Friday 21 July 2023.

## Helping Guide Dogs

This week, I announced \$3,976 to help the Guide Dogs upgrade their Sunshine Coast office.

The organisation relies on donations and grants to deliver its wonderful service to the visually impaired and so I am delighted to be able to help.



Volunteers Michelle, Jeff and Shanna in the WILVOS tent loved hearing of wildlife experiences and were always happy to give advice on various native animal issues.

## Native Wildlife takes centre stage at Expo

**Nature Watch News** from Donna Brennan Wildlife Volunteers, WILVOS, 5441 6200 [www.wilvos.org.au](http://www.wilvos.org.au)

THE Queensland Garden Expo, held at the Nambour Showgrounds each year, was another resounding success.

There was so much to look at and the crowds rolled in from 8am onwards. The weather was perfect.

It is always such an enjoyable event, frequented by lovely people wanting to further their plant knowledge, or design and furnish their gardens. Whether living in a unit or on hectares, there is always something for everyone to add to a house or garden.

Of course, as a wildlife organization we love to encourage the planting of native seeding, flowering and fruiting trees, from miniature to huge in size! Wildlife carers have to provide their native animals in care with as much variety as possible when selecting natural native foods.

Supermarket food isn't a recommended

staple! This means growing varying plants of different sizes depending on the room available. At the expo there is plenty of opportunity to find out what natives grow naturally in our area, and what to select so we can also have beautiful flowers all year round.

Our volunteers in the WILVOS tent loved hearing of wildlife experiences and were always happy to give advice on various native animal issues – good and bad! WILVO Roslyn gave a talk in the Speaker's Tent, which led to many enquiries on the day and afterwards by email.

Thank you to those who submitted membership applications on the [www.wilvos.org.au](http://www.wilvos.org.au) website.

Our thanks to the Sunshine Coast Council for providing us with an area in their Living Backyard area. It is always a buzz of activity – love those native bees! So much work is put into erecting tents and creating instant gardens. Each year the gardens are different, and always welcoming and lovely to look at.



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Located in a well-established and very attractive area, just minutes from vibrant Maleny, this family home offers everything desired for modern family living.

- Tree-lined streetscape and well-established area
- Polished floors in the kitchen, living and dining area
- Main bedroom with en suite and walk-in robe
- Covered deck running the length of home overlooking the backyard
- Side access for the caravan, boat or trailer

Lowset and boasting a very attractive floorplan, on offer is light-filled large living spaces and a beautiful block. Such a quality build with so many attractive features must be inspected today.

**FOR SALE**  
Price By Negotiation

**INSPECT**  
Open Homes and  
Private Inspections

**Rodney Millett**  
0477 702 073  
rodney@malenyrealestate.com



WELCOME TO THE MARKET

**MALENY**

3 3 2

Spacious elegant living areas, zero Body Corporate fees, a speed-sale price, and all the quality must-haves; this Maleny gem has it all.

- Timeless stone benches, polished timber floors, 9' ceilings and A/C
- Wide covered deck with relaxing outlook over nature reserve
- Inspired split-level design with internal and external staircases
- Big workshop space and 3rd bathroom in roomy double garage
- One of only two units in the complex on a quiet one-way street, close to all town facilities

This versatile, elevated beauty will out-perform many modern houses. The features are endless and the value unmatched...if you want all these benefits, you'll need to act fast.

**FOR SALE**  
Priced to Sell

**INSPECT**  
By Appointment

**Jess Luthje**  
0438 616 064  
jess@malenyrealestate.com



## Selling Now!

### HIGHLY ANTICIPATED BOUTIQUE ESTATE

3 minutes to Maleny | Minimum 5000m<sup>2</sup> lot size | Rural Views

## Act quickly, only 5 blocks left!

**Jess Luthje | 0438 616 064**



755 Landsborough Maleny Rd **BALD KNOB** 3 1 2 2

Recently renovated to the highest quality, this much-loved home offers style, space and incredible views to the Glasshouse Mountains, the Sunshine Coast and Brisbane.

- Stylish lowset home elevated perfectly to capture enviable views
- High spec renovation by highly reputed Maleny builder
- Spa-like en suite and main bathroom
- Open plan living, dining and kitchen with views
- Large 4045m<sup>2</sup> block with huge potential to create your dream outdoor space

Elevated just perfectly, this home will delight its new owners with space to entertain, room to relax or just revel in everyday life.

**FOR SALE**  
Contact Agent

**INSPECT**  
By Appointment and  
Open Homes

**Rodney Millett**  
0477 702 073  
rodney@malenyrealestate.com



PRICE REDUCED

323 Maleny Stanley River Road **WOOTHA**

5 4 3

With picture perfect views of the Glasshouse Mountains and beyond and a stylish home on offer, this property is an enviable Hinterland retreat.

- Stylish lowset home positioned to capture views of the Glasshouse Mountains
- Separate, self-contained accommodation
- 2 separate living areas; wood burning fireplaces in both
- Elevated deck taking in those Glasshouse views
- Remote garage with extra space for a workshop/storage

Located an easy 5-minute drive from the vibrant township of Maleny, you are on the doorstep of all the Hinterland has to offer; produce, cafes, unique shopping, markets and artisan producers.

**FOR SALE**  
\$1,725,000

**INSPECT**  
By Appointment

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0477 702 073  
rodney@malenyrealestate.com



118 Gardners Lane **NORTH MALENY**

3 2 4

This cleverly designed home is set on a near level 5001m<sup>2</sup> block in a country lane with the perfect Northern aspect. The passive solar design ensures the home is energy efficient-cool in summer and warm in winter.

- Spacious North facing home with stunning recycled bridge timber features
- Intelligently designed and energy efficient
- 2 large living areas with a northern aspect plus ample outdoor entertaining
- High ceilings and light filled throughout
- Double carport and 6m x 6m workshop

As you arrive you are greeted with low maintenance grounds that surround this delightful property; it has so much to offer - so inspection is a must!

**FOR SALE**  
Price by Negotiation

**INSPECT**  
By Appointment

**Jess Luthje**  
0438 616 064  
jess@malenyrealestate.com

5494 3022

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Maleny & Hinterland Real Estate

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PROUDLY A FAMILY OWNED AND OPERATED AGENCY IN THE HEART OF MALENY



## Views to Range, lifestyle gold

### Property of the Week:

8 Bourne Crescent, Woombye.

LOCATED in an elevated position within Plantation Rise, is this impeccably presented family home on a 727m2 block with all the bells and whistles to make the living easy, comfortable and desirable.

Across a single level with a well-designed floor plan, the home comprises an elegant formal entry, four bedrooms, two bathrooms, two separate living areas, a quality central kitchen, a covered alfresco entertaining area overlooking the sparkling in-ground pool and showcasing north-westerly views to the Blackall Range, a separate laundry with external access, and a double lock up garage with loft storage.

Ducted air-conditioning, ceiling fans, a wood-burning fireplace, stone benches, quality appliances, a gas cooktop, separate shower and bath in the family bathroom, direct patio access from the master bedroom, crimsafe screens on sliding doors, roll down blinds on

The low-maintenance home offers fabulous entertaining space for all seasons.



the patio, a 10,000-litre rainwater tank, and 5kW solar are some of notable features of this stunning home.

Perfectly designed to accommodate the needs of the modern family, it is low maintenance inside and out and offers fabulous entertaining space across all seasons.

As immaculate as the home is internally, externally the gardens are also pristine, with established tropical and native plants and shrubs.

The backyard is fully fenced, and keeping the garden looking neat and tidy will require little effort as there is minimal grass to mow.

Not only is the home family-friendly, so is the neighbourhood.

From here the children can walk to the local primary school or just a bit further over

the motorway bridge to Suncoast Christian College, it is a 20 minute walk to the village, or a few minutes' drive to access amenities including retail, banking, dining, medical, and rail to Brisbane. Connection to the motorway is also quick and easy, and you be at the beach within 20 minutes.

Long-term owner occupiers have taken meticulous care of this gorgeous home.

► To arrange your inspection of this beautiful property, contact Century 21 Living Local selling agents Gary De Paoli on 0408 731 412 or Sheree Jones on 0493 427 400.



## CENTURY 21 Living Local

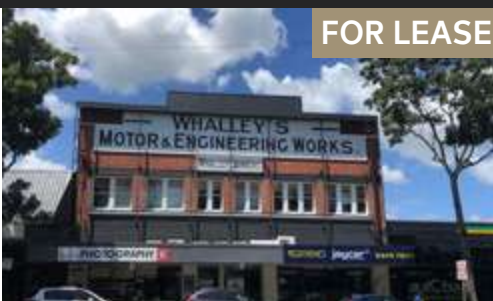
GARY DE PAOLI 0408 731 412  
IAN BLACK 0407 587 503



FOR LEASE

Suite 2/71 Blackall Terrace, NAMBOUR

- Ideal health or medically aligned practice
- 3 rooms plus reception area
- Shared client waiting room
- Suitable for various Health Professionals
- Car parking for visitors and clientele
- Existing Receptionist to assist at shared cost



FOR LEASE

65 Currie Street, NAMBOUR

- Shop 2 - Ground floor - 162m2
- Nearby undercover parking
- Outgoings inclusive in gross rent
- Suite 3 - Level 1 - 40sqm
- Ideal for admin or service offices
- Outgoings & power incl. in gross rent



FOR LEASE

52-64 Currie Street, NAMBOUR

- High foot traffic - plenty of parking avail.
- Spaces available - from 59m2 to 1194m2.
- Several tenancies available to suit
- Boasting 58 separate tenancies
- Spaces suitable to various tenancies
- Retail - boutique eateries - professional businesses



FOR LEASE

70-76 Currie Street, NAMBOUR

- A variety of tenancies now available
- Prime Nambour Central location
- Well recognized commercial retail arcade
- High exposure to pedestrian & car traffic
- Office, Retail, Food and Storage spaces
- Ranging from 20m2 to 50m2
- Air conditioned and Under cover parking



FOR LEASE

Shop 8/3 Obi Obi Road, MAPLETON

- Central Mapleton location
- Parking on site for tenants & guests
- Ideal space for Professionals
- Floor Space - Approx 29sqm
- Separate Power, A/C & Kitchenette
- Rent including outgoings
- Plenty of foot traffic from the main road



FOR SALE

26 Blackall Street, WOOMBYE

- Freestanding, freehold Investment Opportunity
- High profile street frontage
- Zoned Local Centre Zone
- Long term tenancy in place
- Outgoings - 100% paid by tenants
- Tightly held for 23 years



FOR SALE

9-15 Shearer Street, NAMBOUR

- Redevelop or Land Bank - PRIME 2021m2
- 2021m2 parcel of prime land
- Zoned Medium Density Residential
- 3 separate homes, all income producing
- Build townhouse or units (STCA)
- 200m to Nambour Plaza
- Investors, developers - ACT NOW!



FOR SALE

Howard Street, NAMBOUR

- Stop paying rent!! Ideal premises to buy
- Situated in a prime CBD location
- High profile street front position
- Retail or service business opportunity
- Shop fittings have been removed
- Fit out to suit your own business needs



A computer-generated representation of the development in Lowe Street.



## From dated to dazzling: CBD building transformed

by **Janine Hill**

THE owners of a Nambour commercial building have demonstrated their faith in the town's CBD with seven-figure investment in their premises.

The two-storey building at 24 Lowe Street is undergoing a complete refurbishment with a view to attracting premium tenants.

Chantel Dielwart, leasing and sales agent with Ray White Sunshine Coast, said the building, about 40 years old, would present "as new" when completed.

"The owners are locals and are committed to refining Nambour and giving it the shine it deserves," she said.

Commercial building firm Integral Construction has been carrying out the work, which is due for completion in August.

Chantel said the building had been stripped back to the framework and resheeted. New bathrooms and lighting were going in, as well as a lift.

A "rabbit warren" of rooms on the upper level has been opened up into an open plan area while the lower level will feature floor

to ceiling glazing at the front while much of the exposed brick on the exterior had been retained.

Ray White is offering three, possibly four, tenancies in the building. Chantel said one had already been taken up by a pilates studio and the others were suitable for professional or allied health businesses.

The building is owned by Carpe Diem Properties, which is operated by Sunshine Coast locals.

"We do our best to lift up our local community through our work and believe in Nambour CBD's potential to house thriving businesses," said a company statement.

"The possibilities of 24 Lowe Street stood out straight away due to its unbeatable location in the heart of the CBD, right next door to the Post Office.

"At the time of acquisition, the building was dated and had significant maintenance issues. It was in need of an extensive renovation.

"We are proud to soon present the result of this seven-figure project: a building with all the comforts of modern life but also retains its historical façade and character."

## Large home on beautiful block in Maleny



The flow from inside to outside and to entertaining areas is seamless.

**AGENT'S CHOICE:** 11 Macaranga Street, Maleny.

LOCATED in a well established and attractive area just minutes from vibrant Maleny, this family home offers everything desired for modern family living.

Lowset, and boasting a very attractive floorplan, on offer is light-filled large living spaces, a beautiful block for the family, generous storage throughout and a covered deck overlooking the huge backyard.

The modern kitchen creates a wonderful family space to gather at the end of the day; its picture window over the 6-burner gas cooktop is a special feature.

The flow from inside to outside and its entertaining areas is seamless. The backyard offers incredible space to create a firepit, edible gardens or even a pool.

The block offers a blank canvas for buyers to bring their landscape design plans and create



an enviable space for their forever home. Side access completes the perfect picture with space for parking the caravan, boat or trailer.

Low maintenance, this home would also be highly desirable in the rental market.

► **To arrange an inspection of this modern family home, contact Maleny & Hinterland Real Estate's Rodney Millett today on 0477 702 073.**



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MOOLOOLAH VALLEY

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\*Information is correct at distribution and subject to change without notice. No warranty is given in respect of the accuracy of the information in this advertisement and any intending purchasers should make their own enquiries in relation there to. Illustrations and all other photographic depictions are for presentation purposes only. Av. Land Price \$591,944. Av. Land Size 863m<sup>2</sup>.

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## Nambour & Hinterland Business Directory

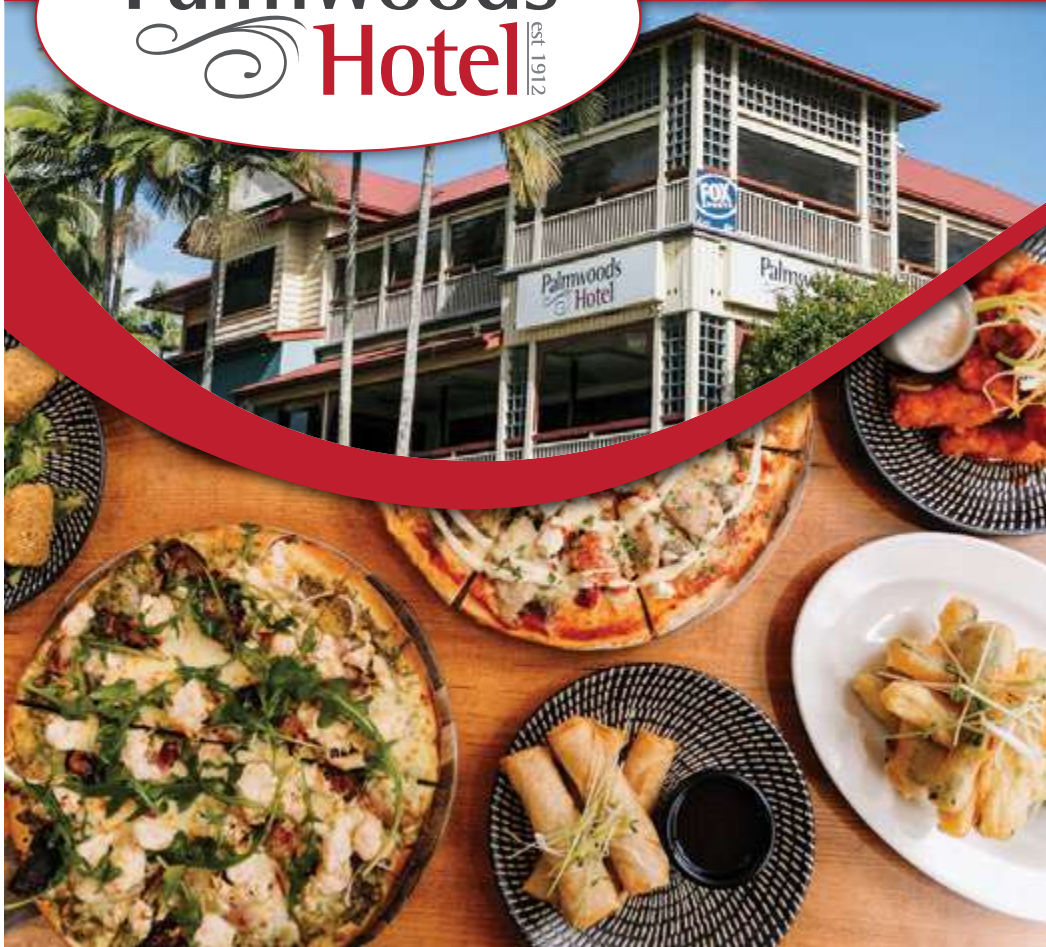
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