

SUNSHINE VALLEY Gazette

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From left: Lesley Cole, Teresa Forrest and Paul Byrne in the food pantry at St Vincent de Paul. The Rigby Street Nambour Family Support Centre is being inundated with requests for help.

Shortages lead to spike in hinterland homelessness

A growing rental crisis has led to a spike in homelessness in the hinterland with lower income earners and vulnerable people finding it too competitive to get a roof over their head.

President of Nambour St Vincent de Paul St Josephs Conference Teresa Forrest said a perfect storm of factors was placing pressure on the system.

Factors included high rents, interstate relocations, loss of jobs, lack of crisis and public housing and lack of investment in affordable accommodation.

She said the pressures were also having serious and widespread mental health impacts.

"People are living in cars, tents, by side of road and couch surfing," she said. "They are subject to assaults, falling into mental illness, not planning a future and not eating well. It's heartbreaking and distressing to see."

"It's a vicious cycle too. People are unable to secure employment if they have no fixed address and limited access to basics like washing and cooking facilities."

"Children are having to change schools or not go to school at all because homeless parents face these difficulties."

To Page 2

Rental crisis hits home

'The amount of people who are genuinely about to become homeless is absolutely heartbreaking'

A Nambour property management agency says people looking for rentals in the region were getting desperate, with up to 40-50 people registering their interest when a new property comes onto the market.

With the Sunshine Coast rental vacancy rate at 0.5 per cent Jody Chatillon of REMAX Property Rentals said the situation was unprecedented. "It's the most difficult rental crisis that I have seen in my 20 years of property management," she said.

"I'm sure I speak for all the property management professionals in our area, we need more houses to lease."

"The amount of people who are genuinely about to become homeless is, without doubt, absolutely heartbreaking. So many of these are people and families who work hard and have great rental histories but are often missing out because of the sheer volume of applications for each property."

"People are so relieved to hear that

their application has been successful, there are regularly tears on the other end of the line."

Ms Chatillon said it was heartbreaking that even Lily House, opened over a decade ago in response to a vital need to provide supported accommodation for women in crisis, was a victim of the rental crisis. Lily House needs to vacate their rental premises within the next few weeks as the home is being sold.

Coast2Bay Housing Group, the

Sunshine Coast's largest community and affordable housing organisation, has also been inundated with a huge spike in enquiries for rental accommodation.

CEO, Andrew Elvin said "we work with both Government and private organisations in building affordable housing on the Sunshine Coast but we desperately need such projects given a high priority in the near future. Without such there will, unfortunately, be a rise in homeless-

ness in the area."

Real Estate Institute of Queensland CEO Antonia Mercorella urged people looking for a place to rent to work closely with property managers.

"They may know of an appropriate property before it officially hits the rental market," she said.

"Or consider cohabitation, where you may be able to look at rentals at a higher price point and which may offer more outdoor space for your pet to enjoy."

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SUNSHINE VALLEY Gazette

Find out What's On in the hinterland



Editor's Letter
by Cameron Outridge

This edition marks our first year as owners of the Gazette and confirms our suspicion that print is alive and kicking.

We think the reason is that a hyper-local newspaper has the power to connect communities and focus exclusively on the issues that are important to you.

The internet is an incredible resource to find information (virtually all the information there has ever been). But its ever-expanding nature is also its biggest downfall. It is crowded, distracting and confusing. For businesses, it is overwhelming and increasingly expensive.

Our newspaper brings together local curated information that is duplicated ten thousand times and carefully distributed for free to places where it can easily be picked up by those most interested in its contents. On that note, in this edition we are introducing a What's On column (Page 4) and we would love you to send us details of what's on in your organisation. Consider us to be your own real world search engine. If it's on in our patch, you will find it in our paper.

DETAILS

Editorial

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10,000 copies are distributed to popular pick-up points throughout the hinterland including at Palmwoods, Woombye, Nambour, Chevallum, Eudlo, Mooloolah, Hunchy, Yandina, Maleny, Montville, Flaxton, Mapleton and Forest Glen.

Business Write-ups

Most people are excellent at what they do but don't know how to get that across in their advertising. We help owners promote their businesses, but the difference is we start with a write-up. Our Write-up Framework explains your business in a way that appeals to your customers so they will listen to what you say and be more likely to buy from you. Write-ups are engaging, memorable and they make all your other marketing work better.

Maleny installation raises awareness of women's homelessness

WITH homelessness on the rise a group of Maleny women organised an artistic installation to draw attention to the issue and show support for women in need.

The Gazette asked volunteers about the "Hung out to Dry" installation which featured in Maple Street on International Women's Day, March 8.

• What prompted you to initiate the Hung Out to Dry installation?

"Heather Price first heard about the Byron Bay Hung Out to Dry installation from a friend of hers. Inspired, Heather shared the idea with two close friends, Christine Clegg and Stephanie Lister. Together they called a group of women around them here in Maleny, who were also inspired by the concept of supporting women facing homelessness.

"They were eager to join forces and together we co-created this installation in a very short time. We had a lot of support locally, particularly from the Maleny Neighbourhood Centre.

• In a nutshell, can you describe the installation?

"Hung out to Dry represents the community turning their back on someone. The installation reflected this through women's clothes literally hanging out to dry. The central installation represents a tragic story on the journey to womanhood that is often overlooked. The images represent the passageway of a young girl with dreams, moving through many stages of immeasurable contribution to family and community until her world falls around her.

Due to circumstances out of control now facing homelessness, she feels invisible, cast aside and hung out to dry."

• What do you hope to achieve?

"Our intention was to awaken, connect, find solutions, share ideas and inspire a call to action within our community."

• What can people do to support people who are homeless?

"Local neighbourhood centres, like Maleny Neighbourhood Centre, are invaluable to people experiencing homelessness. Donations of food, bedding and hygiene products to these centres are needed.

"Without basic needs being met, the vicious cycle continues and human rights are neglected. We need initiatives at Council and state level on creating social housing and supporting neighbourhood centres.

"We also need social support to reintegrate people experiencing homelessness back into community and into the economy. It costs more to keep someone homeless than to house them.

"Again, it's all about coming together to collectively create solutions."

• Who else was involved in the installation?

Terri-Anne Goodreid, Christine Clegg, Kerrie Norris, Karla Pizzica, Rebecca Ward, Teula De'Gars, Stephanie Lister and Emma Creed all did such an incredible job and gave up so much of their time and even their own money to help from this. Also, Auntie Edna Van Hemmen welcomed us to country.



Coordinator Heather Price at the "Hung Out to Dry" installation which drew attention to the hidden victims of homelessness.

• Can we still see the installation?

"For those who missed out seeing the installation we have put up a smaller version at the

Maleny Library until the end of March. This offers women facing homelessness a chance to tell their stories."

Accommodation needed to cope with pressure

From Page 1

Ms Forrest said St Vincent de Paul was doing what it could to support the vulnerable but they were being inundated with requests.

"We give out food, petrol cards if their car is their home, advice for housing, advocacy, clothing and help with bills," said Ms Forrest.

"We can assist with travel to relocate people or to help them get to family with bus or rail tickets.

"If they find a house locally, we help with furnishing and assist with storage fees."

Ms Forrest urged people to pressure Government to find solutions for affordable housing, increase rent assistance and to rein in exorbitant rent rises.

"Also maybe if people have

spare accommodation they could think about whether it is suitable for a homeless family or person," she said.

Timely grant helps ease burden

Nambour's St Vincent de Paul Society will be able to help more people thanks to a \$5000 donation last month from Sundale Community Foundation.

"These proceeds make a difference to the way in which we can now expand our support for children's education for families who are overwhelmed with the high cost of accommodation," said Ms Forrest.

"There are stresses in being able



St Vincent de Paul's Family Support Centre in Rigby Street Nambour.

to maintain children in school. When families are struggling to pay the rent and put food on table, education costs become another heavy burden."

How to donate?

To donate or help St Vincent de Paul please phone St Joseph's Conference 5459 5202 (Office) or 0407 859 965 (mobile).

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The Garden Expo runs from Friday to Sunday, July 9 to 11, 2021.

Expo back as COVID reignites passion for gardening pursuits

IT all began 36 years ago when the Sunshine Coast Branch of the Nursery & Garden Industry Queensland held the first of what became known as the Queensland Garden Expo. From humble beginnings the Expo has grown to become Queensland's premier gardening event — a multi-award winning experience attracting 40,000-plus visitors from all over Australia and New Zealand to the Nambour Showgrounds.

After last year's COVID cancellation this year's event will involve more than 360 exhibitors including 55 nurseries from Friday to Sunday, July 9 to 11, 2021.

Queensland Garden Expo Event Manager Marion Beazley said her team was excited to once again present gardeners with information, inspiration and innovation to enhance their gardening passion.

"In 2020 many people came to gardening for the first time and we hope they will take advantage of all the information available at the event to continue their gardening journey. This year's program will include a series of talks each day

under the "Back to Basics" banner specifically aimed at giving new gardeners the information to continue to be successful gardeners."

Ms Beazley said she was ever grateful to the Nambour community which embraced the event as its own.

"The Expo delivers a significant economic benefit to the region and supports more than a dozen local service clubs who assist with the staging of the event," she said.

"Meanwhile, some of Australia's leading gardening experts will take part in three days of lectures, demonstrations and workshops."

Other features in 2021 include 60,000 plants for sale daily, landscaped garden displays, a giant organic kitchen garden, free lectures, demos each day on 10 live stages, free advice from leading gardening experts at the plant clinic, free workshops, food courts, entertainment, kid's playground and a floral design competition.

• Go to www.qldgardenexpo.com.au for tickets and information about the July event.

QCWA High Tea marks Women's Day in style

TO celebrate International Women's Day, the Yandina Branch of the Country Women's Association hosted a High Tea with delicious food, fine china, beautifully decorated tables and great company.

Once again this was a very popular event with over 50 ladies attending across the two COVID-safe sittings. The ladies enjoyed the mix of home-made savoury and sweet treats while learning about the QCWA and what the Yandina Branch does. It was a great opportunity for those present to socialise, meet new people and enjoy a chat over a cuppa in a beautiful setting.

Funds raised will be used to support members of the local community. President Maureen Brook wanted to extend a special thanks to the ladies who attended and to local businesses who donated items including Princes Laundry (supplied tablecloths), Officeworks (donated



From left, Vicki Paul, Gay Bennett, Lyn Simpson, Maureen Carroll, Meg Woods and Mary Lambert.

umbrellas and journals to pass on to the DV shelter), Pioneer Coffee, Brows and Beauty by Chloe (lucky door prizes) and member Jenny Douglas (Nutrimetics pack for raffle).

For more information about the Yandina Branch of the QCWA please see their Facebook page: [Facebook.com/qcwayandina](https://www.facebook.com/qcwayandina) or contact President Maureen on 0478659639 or email qcwayandina@gmail.com.

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Explore by audio with Soundtrails new app

IF you've got a smartphone, you've probably got an app that uses GPS mapping to help you get around.

Now that same mapping technology has been adapted for a whole other use — story telling.

The initiative is called Soundtrails, and a new version of Soundtrails is being launched at the Old Ambo Station in Nambour tomorrow night (March 18).

Soundtrails began on the Sunshine Coast to bring to life streets and regions of Australia through compellingly produced audio experiences. It uses GPS to track your location so, as you walk, you trigger site-specific stories.

The app contains stories of significance and presents them in a way that is deeply and emotionally engaging as well as being educational.

Now in its 8th year Soundtrails has become an iconic presence in many communities and has set a benchmark for cultural tourism in Australia.

Founder Hamish Sewell says the new app raises the bar even further.

"We have been working hard to allow users to go even deeper beneath the surface and to better connect to a location through audio storytelling. The added functionality and user experience enlivens and enriches our Soundtrails stories. This ensures those plugging in with Soundtrails have a fully immersive and authentic cultural experience which reflects that community, its stories and its characters.

"At a time when Australians are being encouraged to travel locally, Soundtrails V2 is perfectly timed to provide a rich and rewarding experience for all."



Left: Founder Hamish Sewell conducts an interview. Above: Plugged in ... Soundtrails uses GPS to track your location so, as you walk, you trigger site-specific stories.



Along with Maleny-based developers CoCreations, Soundtrails helps provide communities with a unique means of reaching visitors to their destinations. "With the new version, we are marrying sophisticated and contemporary technology with good old fashioned storytelling to provide

user friendly and cost-effective cultural tourism options for Australian communities and their visitors.

"We are keen to work with communities and producers and to continue to add to our Soundtrails family with the new version of the app."

What's On

- Saturday 20 March: Eudlo Rural Fire Brigade's 4th annual FIRELYMPICS.
- Now until 17 April: Mona Ryder's Fragile Gardens exhibition at the Old Ambulance Station, Nambour.
- Saturday March 20 Nambour Crushers v Gympie Devils away.
- Sunday 21 March: Harmony Yarn 10am to 12pm, Nambour Community Centre.
- Sunday March 21 at 2pm: Recital featuring Alex Raineri on piano and soprano Katie Stenzel at the Maleny Community Centre.
- Sunday March 21: Schkeuditzer Kreuz, Shackles, Enkore and Tender Lavender play at the Black Box Theatre Nambour (Old Ambulance centre), 3pm start.
- Sunday 21 March: Yandina Country Music Concert, Sandy Ann and Ian, with backing from 'Boots and his Pedal Steel'. Hall of Fame, 24 Steggalls Road at 12pm.
- Wonderland Maleny Arts Council 21 March 2pm Maleny Community Centre.
- March 26 to Sunday May 2: Wildlife Art Exhibition at the Cooroy Butter Factory Arts Centre, 11a Maple Street Cooroy.
- March 27: Woombye Library Book Sale.
- March 27: Nambour Rugby Union Reserve Grade match v Eumundi at Eumundi.
- March 27 Nambour Crushers Rugby League v Noosa at Crusher Park.
- March 30: Nambour State College Open Night.
- March 31: Official Opening Nambour Tramway Terminus and Info Centre, Mill Street Nambour.
- April 1: Public viewing of Nambour Tramway Terminus and Info Centre, Mill Street Nambour.
- April 10: Yandina School of Arts Crafts Market from 9am.
- Friday 9 to Sunday 11 April: Australian Body Art Festival, Cooroy.
- Ray and the Sunshines (RSL's 90th Birthday Bash) 7 May 6.30pm Maleny RSL.
- Maleny Show, Maleny Showgrounds. May 28th and 29th.
- KnitFest Yarn & Fibre Festival 3 & 4 July Maleny's Main Street.
- August 28: Open Day Maleny Historical Society, Mens Shed & the Blackall Range Horseless Carriage Club Pioneer Village.

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Zonta 2021 Woman of Achievement Val France with Ann Koenig.

Zonta's Woman of Achievement

ONE of the founders of a local community organisation dedicated to stopping domestic and family violence has been awarded the Zonta Club of Blackall Range Woman of Achievement Award for 2021.

Maleny's Val France received the honour at an International Women's Day function at Maleny Community Centre last Monday. "Val is a wonderful advocate for women in the community," said Committee chair Ann Koenig.

"She is one of the leaders in the formation of the combined services group, which is now known as 'Speak Up Now, Stop Domestic and Family Violence'.

Ann described Val as a passionate worker who used her time and expertise as a lawyer to assist organisations with hands-on fundraising activities "from flipping burgers to making marmalade and chilli sauce for street stores, and organising concerts".

"She was involved with the Maleny IDAHO, which is the International Day Against Homophobia and Transphobia, organising a major cabaret and other events to raise funds to support gay youth and regular get togethers in local restaurants. Not only is Val passionate about the prevention of domestic and family violence, she brings this passion as well as an enormous energy to whatever she undertakes."

Val said she was grateful to Zonta for the wonderful award and delighted that Speak Up Now could rely on support from Zonta, Rotary, and the Maleny Neighbourhood Centre. "We have also been supported by the Maleny and Blackall Range Lions Club, the Maleny CWA and the local RSL, and many, many individuals."

Speak Up Now was a collaboration between Quota, Zonta and Rotary.

"We all got together and we recognised the need to work towards an all-community response to help reduce domestic violence and elder abuse in our area. And together we, along with the Maleny Neighbourhood Centre are working towards changing the ending. That is, to reduce domestic violence abuse and help prevent further domestic violence-related murders. "Clearly it's an individual's choice to take up the challenge and call out gender bias and inequality. But wouldn't the world be a nicer place to live in if we all did this? Collectively we can all help to create an inclusive world. From challenge comes change, so let us all choose to challenge and change the ending so that women



Alison Huth, Petra Ladwig, Pat Cussens (Area Director for Zonta) and Ann Koenig.



Mary Donohue, Val France, Barb Jones and Jean Coffey.



Sweet Chilli entertains guests before the presentation.

can live safely within their homes and in their workplaces and within the wider community.

"I am passionate in most things, and I wouldn't be able to do half of what I do without the love, support and contribution from my partner, Barb, who's here tonight, and without the support of friends and family. You allow me to do what I love to do best."



Palmwoods volunteers enjoyed the Sunshine as part of Clean Up Australia Day last Saturday.

It's a dirty job but someone had to do it

VOLUNTEERS pitched in and picked up 207 wheelie bins of rubbish across the Sunshine Coast earlier this month as part of Clean Up Australia Day.

There were 98 registered Coast clean up sites including 27 schools, and 71 Clean Up Australia Day sites. Groups collected almost eight tonnes of general rubbish - the equivalent to 186 wheelie bins - and recycled almost a tonne or 21 wheelie bins.

Service Delivery Councillor Winston Johnston, who participated in the Palmwoods clean-up, said Clean Up Australia Day on the Sunshine Coast had become Clean Up Australia Week this year, with schools, businesses and community groups all pitching in.

"I was proud to join in with the large number of people who took part in the clean up event organised by the Palmwoods Business Association, and to be part of a community who is safely picking up any misplaced rubbish, whenever they're out enjoying the Sunshine Coast," Cr Johnston said.

Hinterland tourism to benefit from half-price flights

THE Federal Government last week unveiled a \$1.2 billion tourism rescue package to provide an estimated 800,000 half-price plane tickets for key areas, including the Sunshine Coast.

The cheap return flights to more than a dozen regional tourism destinations will be offered across Australia to help save the ailing industries.

"As a tourism mecca, the Sunny Coast and its businesses have felt the pain throughout COVID-19," said Fairfax MP Ted O'Brien. "But the Federal Government is determined to do whatever is necessary to support our airport and local operators.

"These flights will bring thousands more tourists, which means more business for our accommodation providers, visitor attractions, restaurants, shops and bars ... and that all adds up to a lot of additional dollars for everyone on the Sunshine Coast.

"Hopefully, the visitors that arrive on these flights will not only enjoy our beautiful beaches and stay only on the coast, but they'll hire cars and head into the hinterland to visit local attractions, such as the Big Pineapple and the Ginger factory.

"If they don't head inland, they'll be missing some of the most stunning places in our region."

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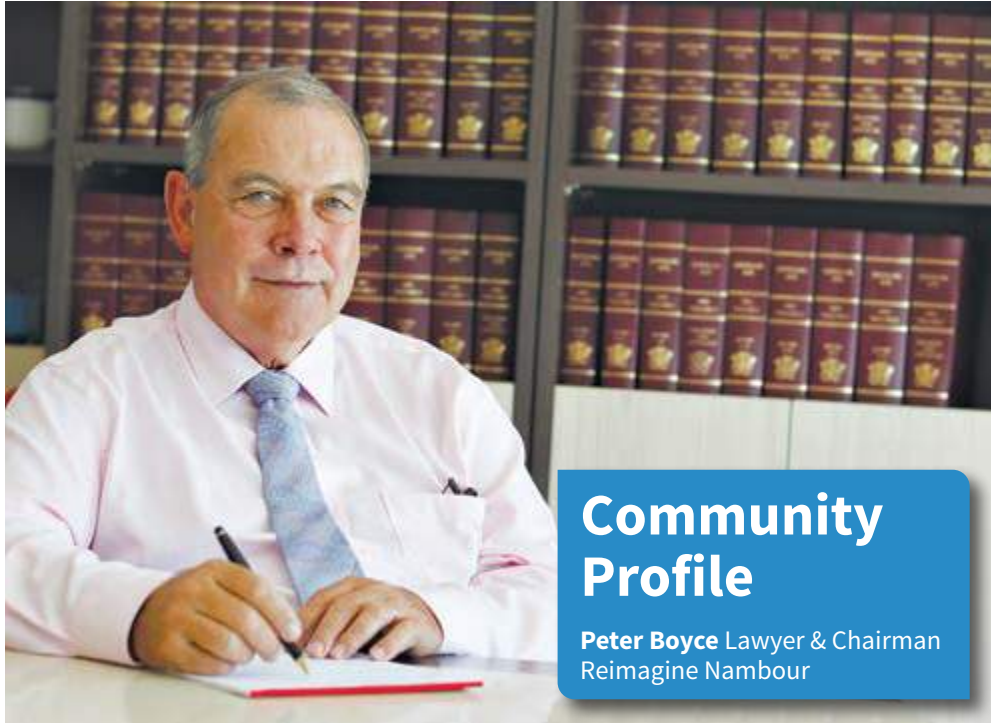
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Community Profile

Peter Boyce Lawyer & Chairman
Reimagine Nambour

Birth date and/or star sign: 31 July 1954, Leo although they're now trying to tell me I'm a Cancer!

The last television show or movie you loved? Notting Hill (Julie Roberts and Hugh Grant)

One thing on your bucket list? Travel to the Kimberleys.

Best advice you have ever received and who did you get it from? "Never do anything wrong, so you don't have to look over your shoulder" – my father.

What has been your most memorable moment? The birth of each of my six children.

What's one thing you love about your job? That in litigation, no two files are the same and you meet some very interesting and some very nice people (most times).

What would your friends/family say is your most annoying habit? That I sometimes won't let things go when they perhaps should be.

What is something people don't know about you? I'm a private person and people wouldn't know a lot about me. However, one thing they may not know are the enormous hours that I work each week.

What one thing would you like to see

happen in the local area? I'm Chairman of Reimagine Nambour and I believe that Nambour will "have its day in the sun" again in the not-too-distant future which I will be very happy to see.

Best local activity & why? I think that our beaches are our best local activity – it's free and everyone can enjoy them.

Best thing about your town (apart from the people)? It's resilience to deal with adversity or challenges that it's had to endure over time such as the Mill closing, the opening of the Kawana Hospital and the next challenge will be the Council moving to Maroochydore.

Is there a local business, community group, club or person you'd like to give a shout-out to? Yes – all those people who volunteer and make our town, our area and Australia a great place to live.

What would you like to say? I have been a Partner of Butler McDermott Lawyers since 1 July 1977. I have had many great experiences in the law and I am eternally grateful to all of the people who have supported our business and more to the point, who have entrusted me with their work over the years.



Alex Raineri, pianist

Pianist & soprano to perform in Maleny

WONDERLAND is a beautiful recital featuring Alex Raineri on piano and soprano Katie Stenzel, both pictured.

Limelight Magazine described Katie as possessing "a powerful and perfectly controlled upper range".

Limelight Magazine also called Alex "a soloist of superb virtuosic skill and musicality."

Alex is the Artistic Director of the Brisbane Music Festival. Both Katie and Alex have performed nationally and internationally and are two of Australia's most gifted young music stars.

WONDERLAND features music by Rossini, Debussy, Hahn, Mozart, Grainger, Vaughan-Williams, Adam Guettel, Kate Miller-Heidke and Iain Grandage, and Tom Lehrer. It's happening at the Maleny Community Centre on Sunday 21 March at 2pm. The performance will be followed by wine and refreshments on the deck. Don't miss this beautiful recital. Numbers are limited so book soon!

• For bookings go to www.malenyartscouncil.com or purchase at the Information Centre in Maple Street.



Katie Stenzel, soprano



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Sundale's limited new unit release at Coolum Waters combines the best of outdoor living and entertaining with a low-maintenance lifestyle.

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The master suite, complete with ensuite and walk-in wardrobe is perfectly positioned at the rear of each home for privacy and seclusion, while the airy bathrooms feature floor to ceiling tiles and luxe features.

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\$3 EA.

Lebanese Cucumber
\$3 per Unit



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PAYLESS EVERYDAY

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PAYLESS EVERYDAY

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Week unites us in our diversity

A spectacular display of cultural diversity and unity will be on show across the Sunshine Coast this week as people celebrate Harmony Week.

Dance, food, culture, topical screenings, a multicultural morning tea plus a movie and photo exhibition are some of the offerings people can enjoy.

Sunshine Coast Council Community Portfolio Councillor David Law said he was pleased to see a variety of events on offer across many areas of the Coast.

"Every year the theme for Harmony Week is 'Everyone Belongs' and I hope that message is echoed across our region," Cr Law said.

People are encouraged to wear orange and come along and try yoga, tai chi and circuit training as part of our Healthy Sunshine Coast program at the Maroochy Bushland Botanic Gardens on Saturday 20 March.

Sunshine Coast Libraries will celebrate inclusiveness with online programs featuring interviews, free movies and books to explore diversity in Australia.

"As part of our Sunshine Coast Community Strategy 2019-2041 a key priority is to collaborate and partner to raise understanding and awareness of the value and opportunities a diverse community brings and Harmony Week is a great example of this," Cr Law said.

Nambour Community Centre Community Development Coordinator Ana Greenfield said the feeling of belonging was crucial to the social fabric of society.

"Harmony Week is a wonderful way for everyone to show compassion, learning and respect to our multi-faith community on the Sunshine Coast. It's also a great time to celebrate cultural diversity in the workplace or with your community group," Ms Greenfield said.

"There's plenty for people to participate in, including a wonderful Multicultural Arts Showcase at Beerburum and the Sunshine Coast Indian Association's Holi Festival – a terrific traditional Indian Festival signifying the triumph of



Harmony Week is being celebrated throughout the Sunshine Coast until 21 March.

good over evil. It's a wonderful week and one of our favourite celebrations."

• For more information visit www.sunshine-coast.qld.gov.au/harmonyweek

Nambour Community Centre - Harmony Yarn

THE oldest living culture has practiced multiculturalism since time immemorial. Join Nambour Community Centre in circle to yarn about what harmony means for Aboriginal people living on and off country and newcomers to this continent. The event will explore "What does the 'Elimination of Racial Discrimination' look like in a world where Black Lives Matter and our children care deeply for each other no matter where they come from?"

• Harmony Yarn will take place Sunday 21 March from 10am to 12pm, Nambour Community Centre, 2 Shearer St Nambour. Contact the Nambour Community Centre on Facebook <https://www.facebook.com/TheNambourCommunityCentre>

Nambour Tram design to be unveiled at terminus opening

THE Nambour Tramway Company will be unveiling the design of its much anticipated Tram at the official opening of the terminus on Wednesday March 31.

Nambour Tramway Company Chairman Greg Rogerson said the name of the successful constructor would also be revealed at the Official Opening at 10am at the Western Terminus (pictured right) near the Nambour Mill Village Shopping Centre in Mill St.

"Unfortunately only invited guests are requested to attend as we are strictly obligated to comply with COVID 19 Regulations," said Mr Rogerson.

The next day, Thursday April 1 between 10am and 3pm, Nambour Tramway Company is opening the Western Terminus to the public for their long awaited viewing. "And we are pleased to announce that Nambour's own Sundale, will partner TNTCo Board Members in welcoming everyone," said Mr Rogerson. "Also, at 4pm on Wednesday we are acknowledging the valuable assistance afforded by the many trades and service personnel who have work on the Terminus, by having a barbecue especially for them."

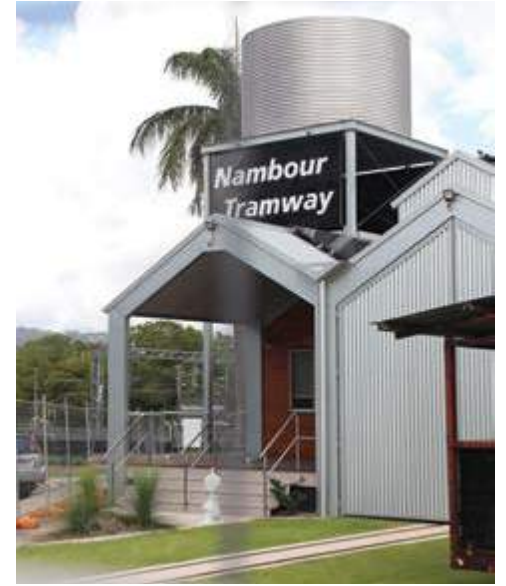
Member for Fairfax Ted O'Brien will open the facility, which also includes an information centre. Mr O'Brien said reactivating the heritage-listed tramline would give the former sugar town a nostalgic point of difference.

"I'm honoured to be asked to open the new terminus and I can't wait to get on board this piece of theatre and travel along the beautiful streets of Nambour.

"For me, this tramway is a metaphor for Nambour ... it has stood the test of time, with a clear line of sight between its past and future."

Works finished last year on the Nambour Tramway Depot (Western Terminus) building and works are almost finished on the tramway tracks and signalling as the town edges closer to having a Tram again running through its CBD.

"I was delighted to be able to secure half a million dollars of Federal funding, awarded through the National Stronger Regions Fund," said Mr O'Brien. "And I pay tribute to TNT Co, the Council, the Nambour community, and in particular Roy & Nola Thompson for their generosity."





Crescent Place Integrated Health Centre

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With refurbishment plans underway we are calling on all Allied Health professionals, all alternate health care practitioners and health and fitness proprietors who require office space workshop areas to contact us immediately.

The health care centre is situated approx. 5 minutes from the centre of town and 3 minutes from the Nambour health care, Hospital precinct and would be a perfect work space for the small to medium operator.

The centre already boasts an excellent range of health care professionals such as:

- Naturopath
- Psychotherapist
- Mental Health Social Worker
- Physiotherapist
- Psychologist
- Kinesiology

There are 10 rooms of varying sizes and uses from 12m² to 50m². Perfect business opportunities for the following professionals such as:

- Massage Therapist
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Nambour COC Coffee, Catch-up & Chat

Nambour Chamber of Commerce enjoyed speciality coffee in the heart of town when they held a Coffee Catch-up & Chat at Small Change Espresso on Thursday. The trendy Bury Street cafe was the perfect location for the early morning get-together.

• Above: From left, Michelle O'Brien from Winning Words Copywriting, Lindell Gittoes from Purpose Real Estate, COC President Mark Bray, who shouted everyone coffees, and Christine Pitcher from Coast 2 Bay Housing Group.

• Below Left: President Mark Bray, Chamber Treasurer Elissa Wake and Heath Moore from DW Sound.
• Below right: Graeme Campbell and Joe Winters from Pro Computers and Tony Northey from Mitre 10.



One of Palmwoods major trouble spots ... under the railway bridge at the Chevallum Road and Jubilee Drive/Margaret St junction.

Palmwoods intersections are incredibly dangerous: petition

A Palmwoods mum has attracted about 900 signatures to her petition calling for traffic measures to improve safety at notorious intersections in town.

Jocelyn Anderson said Palmwoods needed urgent attention especially to the busy intersection under the railway bridge at the Chevallum Road and Jubilee Drive/Margaret St junction.

"The intersections of Palmwoods are becoming a life and death situation, with several crashes happening each week," she said.

"The residents are desperate for action before a life or lives are lost.

"These are incredibly dangerous as there is a big blind spot with the railway bridge. Families are having to run the gauntlet daily risking their lives."

Suggestions included traffic lights, roundabouts and traffic calming measures to ease the build up of traffic on roads that have not kept pace with population growth in the area.

Dangerous intersections included Chevallum Road, Jubilee Drive, Margaret Street and the Churchill and Dunning Street intersections onto Palmwoods-Montville Road.

A petition signatory said: "To cross the road

at the bakery/chemist is to take your life into your hands - cars often at speed coming from 5 different roads."

Div 5 Cr Winston Johnston said Sunshine Coast Council had "no control or influence" regarding upgrades to the intersection which was maintained by the Queensland Government Department of Transport and Main Roads.

Member for Nicklin Rob Skelton said he was aware of Ms Anderson's concerns and was always happy to take up any concerns to the relevant authorities.

"I understand the residents' concerns and I am encouraged by the Department saying it's investigating options to improve safety," he said in response to the online petition.

A Transport and Main Roads spokesperson said they had received the petition and were currently investigating options for improved safety in the Palmwoods area.

He said he couldn't give a specific time frame at this stage as they were in discussions with council. The spokesman said they would have a better idea at the end of this week.

Concerned residents can sign the petition at www.change.org

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Sundale helps Little Dreamers to 'just be kids'

LITTLE Dreamers is an organisation that helps kids who have a lot on their shoulders. They're children who provide unpaid care for family members with a disability, illness or addiction.

Now the charity, which has helped more than 5000 young people since its launch in 2009, can do more locally thanks to a \$4500 grant from Nambour's Sundale Community Foundation.

As Australia's leading nonprofit for young carers Little Dreamers helps fill a gap in the healthcare system by assisting young people who just want to be kids.

State Manager Tu Mushenko said Little Dreamers provided direct support addressing key risk factors many young carers face, such as social isolation, educational disadvantage and poor mental and physical wellbeing.

"There are so many circumstances in which young people become carers. A young person might have a sibling with a physical or intellectual disability, grandparents who need extra support around the house, parents with a chronic illness or mental health condition, and the list goes on. We are passionate about providing respite and support to the young carers in Nambour."

The Gazette asked Ms Mushenko to tell us more about Little Dreamer's work.

Can you provide an example of how Little Dreamers helps young carers?

"Young carers often miss out on regular childhood experiences due to their caring roles, like social opportunities, school excursions, extracurricular activities, or part-time jobs. Little Dreamers aims to empower these young people both as carers, and as individuals outside of their caring roles."

What does your support 'mean' to the young kids you support?

"For many young carers, simply having a network of young people in similar caring situations can often be life-changing. For 18-year-old young carer, Bee: 'feeling like you aren't alone and what you're dealing with is valid and ok, and that there are people willing to help you and care about you is just the best'."

How can people help Little Dreamers?

"A simple way you can help is by spreading the word about young carers in your community. As many as 1 in 10 young Australians will experience a caring role, and a large per-



Above: Little Dreamers Founder and CEO, Madeleine Buchner OAM, centre, grew up as a carer for her mother and brother. Right: Sundale CEO Danielle Mackenzie, Little Dreamers State Manager Tu Mushenko and Foundation Chair Caroline Hutchison.

centage will never access support due to factors including lack of awareness and stigma.

"In addition, you can also participate in Little Dreamers' new in-schools education program, The Young Carer Project, which works with teachers and students to create a more inclusive and supportive school environment for young carers. For more information, please contact qldeducation@littledreamers.org.au."

How will the Sundale Community Foundation grant help Little Dreamers?

"The Sundale donation will be used to run a school holiday program on Thursday 8 April for young carers in the Nambour community, providing respite from their caring roles, social connection, and a fun day to just be a kid. The



holiday program will be run by BRICKS 4 KIDZ, encouraging young carers to use their imagination and create Lego masterpieces."

• Bookings for the holiday program will be available online soon at www.littledreamers.org.au/events/.



Kay recently wrote a book: 'Lifted up by Angels'.

Story of recovery leaves Toastmasters members speechless

KAY Macklin has faced many challenges in her life. Most recently though, Kay suffered a debilitating stroke. But, thanks to her determination and dedicated medical staff, Kay re-gained her cognitive skills. Importantly she regained her speech.

Never one to make excuses, Kay joined Nambour Toastmasters Club a year ago to enhance her confidence and improve her speaking skills.

According to club Vice-president Christine Maher members have heard many stories over the years but Kay's left them speechless.

"She's an inspiration to all of us," said Christine. "Toastmasters can help everyone on their speaking and leadership journey. Your confidence will grow, as Kay Macklin can attest."

As if all the above wasn't enough, Kay recently wrote a book: 'Lifted up by Angels'.

For more information email Christine at chrismaher553@hotmail.com

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CHICKEN DISHES

- 1. ROAST CHICKEN**
Tender roasted chicken served with roast chat potatoes, pumpkin and steamed beans.
- 3. CHICKEN A LA KING**
Delicious chicken pieces cooked in a white sauce with bacon served with seasoned chat potatoes and green beans.
- 14. SATAY CHICKEN**
Tender chicken breast topped with a satay sauce and served with yellow and green beans and rice (contains nuts).
- 15. SWEET N SOUR CHICKEN**
Asian style sweet 'n sour chicken served with steamed rice & green beans
- 17. CHICKEN KORMA CURRY**
Juicy tender chicken cooked in an Indian korma sauce topped with mango chutney, steamed rice and green beans.
- 19. MUSTARD CHICKEN**
Tender chicken breast fillets, topped with creamy mustard sauce, roasted chat potatoes and aussie beans.
- 20. BUTTER CHICKEN**
Tender chicken cooked in a mild Indian spiced butter sauce served with steamed rice and green beans.
- 37. CHICKEN PARMI**
Crumbed chicken fillets, Napoli sauce, grated cheese & parmesan, served with chat potatoes & seasonal vegetables.
- 47. MANGO CHICKEN**
Seasoned tender chicken with a mouth watering mango sauce, served with steamed aussie beans and chat potatoes.

FISH DISHES

- 25. ATLANTIC SALMON** (Reg \$13.50 | Lge \$17.90) NEW
Served with creamy dill sauce, seasoned chat potatoes, broccoli, yellow & green beans.
- 26. TUNA MORNAY PASTA**
Tuna Pasta tossed in a mornay sauce served with sweetcorn, peas and sweet potato.
- 28. ATLANTIC COD & PRAWNS** (Reg \$11.50 | Lge \$13.90) NEW
Served with lemon sauce, mashed potato, broccoli & garden peas.
- 36. SMOKED SALMON FETTUCCINE**
Fettuccine topped with smoked salmon, baby spinach in a creamy sauce served with broccoli.
- 46. BAKED FISH**
Wild caught New Zealand Hoki with a cream sauce, served with sweet potato and peas.

BEEF DISHES

- 5. COTTAGE PIE**
Good old traditional style minced beef, topped with potato mash and served with vegetables.
- 6. ROAST BEEF**
Tender roasted beef served with gravy, chat potatoes, sweet potato and peas.
- 7. BEEF CASSEROLE**
Tender beef cooked in rich gravy, served with mash and peas.
- 8. SPAGHETTI BOLOGNESE**
Everyone's favourite pasta topped with a beef bolognese and grated cheese.
- 9. BEEF LASAGNE**
Traditional bolognese sauce between layers of pasta, topped with a cheese sauce and served with seasonal vegetables.
- 30. BEEF RISSOLES**
Beef Rissoles topped with gravy and served with mashed potato, peas and carrots.
- 31. BEEF STROGANOFF**
Tender Beef strips cooked in a mushroom, paprika & mustard sauce served with Fettuccine & green beans.
- 32. MEXICAN BEEF AND BEANS**
Classic Chilli Con Carne served with rice and beans.
- 35. BEEF MADRAS CURRY (MILD-MEDIUM)**
A delicious Indian beef madras curry cooked with potatoes, served with rice and green beans.
- 41. SILVERSIDE**
A family favourite - Corned Silverside served with a sweet potato mash and vegetables.

PORK DISHES

- 12. ROAST PORK**
Roasted pork with gravy, chat potatoes and roast pumpkin.
- 27. PASTA CARBONARA**
Pasta cooked in a bacon and mushroom cream sauce.
- 33. PICKLED PORK**
Pickled pork topped with creamy mustard sauce served with chat potatoes, green and yellow beans.
- 48. CURRIED SAUSAGES & RICE**
Pork sausages cooked in a mild curry sauce and served with rice and vegetables.

BANGERS AND MASH

- All served with mash potato, rich gravy and seasonal vegetables
- 2. BEEF WITH BUSH TOMATO & PEPPER SAUSAGES**
 - 13. TRADITIONAL OLD ENGLISH PORK SAUSAGES**
 - 22. LAMB, HONEY, MINT & ROSEMARY SAUSAGES**

LAMB DISHES

- 10. ROAST LAMB** (Reg \$11.50 | Lge \$13.90)
Succulent tender lamb with mint infused gravy and served with chat potatoes, peas and carrots.
- 24. MASSAMAN LAMB CURRY** (Reg \$11.50 | Lge \$13.90)
Lamb cooked in a thai style massaman sauce, served with rice and green beans.
- 42. MONGOLIAN LAMB** (Reg \$11.50 | Lge \$13.90)
Asian style Mongolian lamb cooked with steamed asian vegetables and noodles.

VEGETARIAN / VEGAN DISHES

- 29. VEGETABLE LASAGNE**
Marinated roast vegetables between layers of pasta, topped with three cheeses.
- 43. VEGETARIAN NOODLE STIRFRY**
Stir-fried vegetables and rice noodles with sweet lime and chilli sauce topped with chopped peanuts.
- 44. CHICKPEA & VEGETABLE CURRY**
Mild chickpea & vegetable curry served with basmati rice.
- 45. CREAMY PESTO PASTA**
Penne tossed through pesto cream, broccoli and spinach, topped with parmesan cheese (contains nuts).

DESSERTS (\$4.50 each)

- | | |
|---|-------------------------|
| Apple & Rhubarb Crumble & Custard | Chocolate Bavarian |
| Bread & Butter Pudding & Custard | Passionfruit Cheesecake |
| Sticky Date Pudding & Caramel Sauce | Strawberry Cheesecake |
| Rice Pudding with Raisins & Cinnamon | |
| Chocolate & Almond Brownie & Choc Sauce | |
| Vanilla Ice-cream Cups \$2 each | |

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Includes and the surrounds of:
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FORTNIGHTLY FRIDAY

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- Our meals are a complete meal
- Regular meals approx. 350-400g
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- Most of our meals are gluten free and lactose free
- We prepare and cook our meals fresh daily using only the best ingredients sourcing our meat and vegetables from local Aussie suppliers.
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- The meals delivered are frozen
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OPEN NIGHT

Tuesday 30 March



Students of all ages and their families are invited to our
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Junior Campus

Principal's tours 3:30-4:30pm
(Junior Campus office)

Senior Campus

Showcase from 5:00pm
(Hungerford Hall)

- NACA Performances • Excellence programs
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Nambour State College can cancel the event in response to Covid-19 developments.*



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LOCAL FOUNDATIONS; GLOBAL OPPORTUNITIES

Lisa's dinners & retreats cater to worldly tastes

AFTER opening A Fig in the Sun cafe at Burnside in June 2020, Lisa Wiedrich has branched out to host intimate themed dinners which offer diners a taste of cuisines from around the world.

"Last year was such a strange and unsettling time and I think there are a lot of people who have keenly missed the freedom and opportunity to travel and connect with others," Lisa said.

"Our first dinner last year was a Thanksgiving dinner and it seemed particularly apt to bring people together to enjoy food cooked with love. I felt we had so much to be thankful for."

The next event on the list was a Christmas dinner and last month, Lisa prepared a sumptuous Sicilian meal for her guests.

"I love being able to showcase different cooking styles, as I've been personally inspired by my travels, to explore the dishes of different cultures," Lisa said. "I am so fortunate to have exceptional fresh local ingredients to play with. Our local suppliers are outstanding and their fresh produce brings these dishes to life."

But cooking is only one string to Lisa's bow. A certified Wellness Coach and Meditation teacher, Lisa brings an holistic approach to cooking. "My other business, Soul Food Journey, is where my passions dovetail," said Lisa. "I am particularly inspired by research into the study and concept of 'Blue Zones'.

Blue Zones have been identified as areas around the globe where people live the longest, and are healthiest. These include Okinawa, Japan; Sardinia, Italy; Nicoya, Costa Rica; Ikaria, Greece, and Loma Linda, California.

"The criteria that qualify a region as a Blue Zone are simple but profound," Lisa explained. "These include eating fresh, seasonal local



Lisa Wiedrich from A Fig in the Sun ... "I've been personally inspired by my travels, to explore the dishes of different cultures".

produce, eating together, coming together for a common purpose as a community and having a well defined sense of purpose. These are the philosophies that our dinner events strive to embody."

Lisa has a background in corporate performance coaching and hosting wellness retreats and is planning a retreat in the Hinterland in June/ July this year.

"I am excited to dip my toes back into retreats because they offer such a wonderful opportunity for people to take time away from their busy lives and reconnect with themselves and learn techniques to achieve optimum health and longevity," she said.

On offer will be Balinese cooking classes, meditation, yoga, Hinterland Hikes, cooking evening meals together with an Aperol Spritz and wine, using local produce, mindfulness and well-being sessions to reconnect to your inner wisdom and guidance and top tips for health and longevity as researched in the Blue Zones.

"Winter is a magical time in the Hinterland, with sunny days and cool nights perfect for long walks and fire side circles at night. It is the perfect time to come together and experience these principles."

• For more information, contact Lisa via her Facebook page @SoulFoodJourneyMe or her website www.lisawrich.com.



Eudlo Rural Furies stage Firelympics

THE Eudlo Rural Fire Brigade will hold its 4th annual FIRELYMPICS on Saturday 20th March. The event will be held in the park next to the fire station at 1pm.

Training Officer Mel Dunne will see the competing teams through their paces as they vie for the coveted trophy.

Last year's winner was COVID 19 and this year's teams are determined to soundly defeat this intruder.

Yandina Country Music Concert Sunday

THE first Australasian Country Music Association Yandina Country Music Concert for 2021 was an outstanding success!

At the next Concert on Sunday 21st March we welcome Sandy Ann and Ian, pictured, with backing from 'Boots and his Pedal Steel' as guest artists. They have been playing together for 3 years and their upbeat country style will delight the audience.

See you at the Hall of Fame, 24 Steggalls Road at 12pm. You'll be entertained with traditional country, including more upbeat and diverse, crowd-pleasing favourites with a great band and local artists. Walk-ups are welcome. Raffle and door prizes, byo lunch, free tea and coffee. Entry \$8. Enquiries: 0437191004.



We operate a Covid safe system. We are a not-for-profit organisation and the proceeds will go towards the upkeep of the hall.

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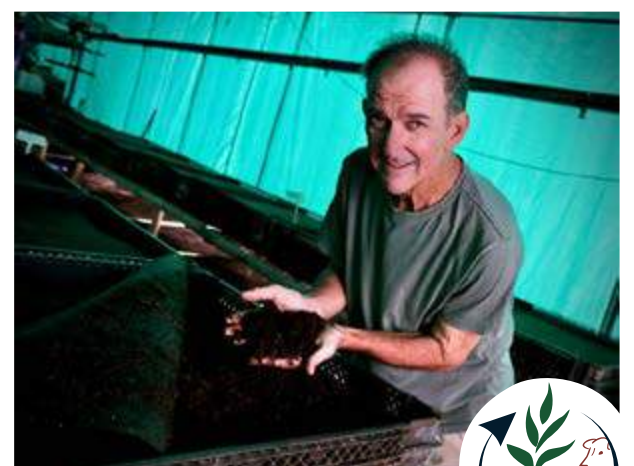
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We would have fixed the roads: MP

Minister for Transport and Main Roads Mark Bailey made some misleading statements in his response to my concerns about Maleny-Kenilworth Road (Gazette, March 3).

The LNP had plans to double the Labor Government's investment on Maleny-Kenilworth Road, not cut it. As well as fast-tracking the Cambroon section we would have put a further \$5 million towards upgrading the road between Maleny and Witta. And we would have invested more in road upgrades across the Coast – including Beerburum Road, Caloundra Road and more.

I am shocked that the Minister touted scheduling shoulder grading and edge repairs on the road in February as “ensuring it remained safe”. There is no “remained” to speak of. This road has never been safe and it will not even be remotely safe until it has bitumen edges and two full lanes the entire length of the road.

Governments of both political persuasions have “accelerated” roadworks, particularly after natural disasters or in times of economic downturn. The Minister should know – he's done it countless times. In this COVID environment, now would be the perfect time to “accelerate” a project such as this.

Minister Bailey also mentioned that his government is making massive investments in Glass House, but conveniently neglects to mention that 80 percent of the funding for the Beerburum to Nambour rail upgrade, Steve Irwin Way upgrades and six-laning of the Bruce Highway comes from the Federal Government.

Minister Bailey and the Palaszczuk Labor Government are always looking for someone else to blame. Given Labor have been in power in Queensland for 25 of the past 30 years, maybe they should start by looking in the mirror. Either way, stop making excuses, just fix the road!

Andrew Powell, Member for Glass House

Actually, we were duded

This outburst by Andrew Powell (‘We've been duded’, Gazette, March 3) can only be described as hysterical, and an effort by a lack-lustre politician trying to gain some credibility. If the Electorate of Glass House had decent representation over the last decade, the road upgrade could have been completed much sooner.

G. Bradford, Maleny

Dirt and degradation in politics

It seems the present political climate has descended into a mire of dirt and degradation. Irrespective of which political party we choose to follow, Australians must surely deplore the Opposition's determination to destabilise the present Government by pursuing accusations by (so far) anonymous people of a rape charge, thirty three years ago, against the Attorney-General Christian Porter.

This will drag on ad infinitum by a cohort of Labour, The Greens, the ABC and of course another embittered past PM Malcolm Turnbull now joining the fray. They are happily joined by the media who now become Judge and Jury.

What is frightening is it could happen to anyone. Whether guilty or not, how can anyone be dragged into a cauldron of vitriolic abuse, even though the Criminal Justice system found no case to answer. Looking objectively, the conflicting reports defy any sense of the issue. Social issues are of the utmost importance. However in a globally volatile world, serious issues must not be diverted by scurrilous attempts to destabilise a Government that is doing their best in a difficult time, for their own selfish self interest.

The old saying rings true. “For evil to exist it only needs good people to say nothing.” That is why I will continue to speak out.

Doreen Brennan, Nambour

Time to open our eyes to homelessness

Homelessness is often an invisible issue. People will couch-surf, live in a caravan, in a friend's shed or their car before people notice.

To put it bluntly, our society doesn't really care. But now homelessness is becoming a middle-class problem. So we are starting to take notice.

It's time to change who you vote for. It's time to force a change of laws. It's time to bring someone into your home (Australians have 8-14 million spare bedrooms). It's time to open our hearts. To love. To come to terms with the fact that anyone - even you - could become jobless and homeless. Life is on a thread and money is not the panacea we think it is. Let's get through this crisis with our humanity intact. Loneliness will be our next pandemic. Let's deal with both problems at once.

Andrew McLean, Maleny



Frustrated resident calls out appalling NBN hinterland coverage

LANDERS Shoot resident Sean Clarke is calling for action on slow internet speeds in his area which he blames on the “appalling roll out of the NBN”.

“My family have lived at Landers Shoot (between Palmwoods and Maleny) for near 15 years,” he said. “It seems that the disregard for connectivity in the area has gotten worse, not better over the years. The lies and falsehoods proclaimed by successive governments have gotten to the point where Trump himself could learn lessons from the smoke and mirrors.”

“For a service that promised minimum speeds of 25Mbps to all Australian households, we are lucky if we get 1Mbps. That is not at peak times. That is at quiet times including middle of the night.”

Mr Clarke said residents in the area were forced to consider satellite services which were very expensive and offered comparatively very limited and expensive data.

He has collected data showing internet speed tests from his laptop which he said told a “depressing story”.

“The norm is for less than 1Mbps - on rare occasions this jumps up to a couple of Mbps but there is no consistency whatsoever. This means working from home, phone calls, normal internet usage, online TV or movies and video calls with family members is severely impacted.”

“What is the government doing about connec-

tivity for those of us who continue to contribute taxes for a service that is hideously behind schedule, grossly overspent, ageing beyond capacity before full implementation, and that we are so infrequently able to connect to?”

Fisher MP Andrew Wallace said he had been working hard to secure NBN access for the Hinterland since his election in 2016.

“During that time I have invited representatives of the nbn and the major telcos to meet with Hinterland residents at a series of community forums, I have brought the Minister for Communications to the Glass House Mountains to hear from Sunshine Coast locals about their concerns, and I have advocated on behalf of countless constituents with their telco or the nbn directly. Although many areas of the Hinterland are now able to access the service and achieve good speeds, unfortunately the provision of the nbn in some parts of the region has been frustrated by the fact that the local council and some sections of the community have been unwilling to allow the construction of fixed wireless nbn towers at the necessary locations. I would encourage Hinterland residents who are having difficulty accessing the nbn to contact their telco to discuss the alternatives that are available to them. If those discussions do not bear fruit, then I encourage residents to contact me directly by phoning or emailing my office.”



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Competition ends COB Wednesday 31st March 2021. Winners will be chosen at random. Winners will be notified individually.

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|---|---|---|
| 1. CHUNKY CHICKEN, BACON & MUSHROOM SOUP (GF) | 4. VEGETABLE QUICHE (GF / VEG) – SERVED WITH SALAD | 7. BRAISED BEEF AND ONION STEW (GF / DF) – SERVED WITH RICE |
| 2. CREAMY POTATO & LEEK SOUP (GF / VEG) | 5. CURRIED SAUSAGES (GF / DF) – SERVED WITH RICE | 8. PENNE BOLOGNESE |
| 3. BEEF LASAGNE – SERVED WITH SALAD | 6. VEGETABLE COCONUT CURRY (GF / DF / VEG) – SERVED WITH RICE | 9. PENNE CHICKEN CARBONARA |

LE RELAIS BRESSAN

ALL MEALS ARE PORTIONED FOR 2 | \$25.00 EACH

- | | | |
|---|---|--|
| 10. COQ AU VIN – CHICKEN IN RED WINE | 13. CONFIT DUCK WITH ORANGE SAUCE | *MEALS INCLUDE A SIDE OF BAKED POTATOES, EXCEPT THE FISH. ALL MEALS, EXCEPT THE FISH OPTION CAN BE FROZEN* |
| 11. BEEF BURGANDY – BEEF IN RED WINE | 14. FISH ROULADE WITH LEMON RIESLING SAUCE – SERVED WITH RICE | |
| 12. CHICKEN IN CREAM SAUCE – SERVED WITH RICE | 15. CREAM OF SWEET POTATO SOUP – SINGLE SERVE ONLY - \$8.00 | |

CAFÉ MAPLETON

ALL MEALS ARE PORTIONED FOR 1 | \$13.00 EACH

- | | | |
|---|---|---|
| 16. VEGETARIAN FRIED RICE WITH EGG (VEG) | 21. STIR FRY CHICKEN AND MIXED VEGETABLES – SERVED WITH RICE | 26. STIR FRY NOODLES WITH CHICKEN, EGG & VEGETABLES – WHEAT OR RICE NOODLES |
| 17. VEGETARIAN FRIED NOODLES (VEG) – WHEAT OR RICE NOODLES | 22. STIR FRY CHICKEN WITH GINGER & MUSHROOM – SERVED WITH RICE | 27. STIR FRY CHICKEN AND ZUCHINI IN TOM YAM SAUCE (SPICY) – SERVED WITH RICE |
| 18. BACON FRIED RICE | 23. STIR FRY CHICKEN AND PAK CHOY/LONG CABBAGE – SERVED WITH RICE | 28. STIR FRY PAK CHOY/LONG CABBAGE WITH MUSHROOM SAUCE (VEG) – SERVED WITH RICE |
| 19. VEGETABLE OMELETTE | 24. CHICKEN CASHEW FRIED RICE | |
| 20. STIR FRY MIXED VEGETABLES IN SOY SAUCE (VEG) – SERVED WITH RICE | 25. MALYSIAN FRIED RICE | |

CLOUDS MONTVILLE

ALL MEALS ARE PORTIONED FOR 1 | \$12.00 EACH

- | | | |
|---|---|--|
| 29. HAM & PINEAPPLE PIZZA (READY MADE) | 33. SAVOURY ZUCCHINI MUFFIN (VEG) – SERVED WITH SALAD | 37. RISOTTO (GF / VEG) – PUMPKIN, SPINACH, FETA & PINENUTS |
| 30. MEAT DELIGHT PIZZA (READY MADE) | 34. CREAMY GARLIC PRAWNS – SERVED WITH RICE | 38. RISOTTO (GF) – CHICKEN, BACON & MUSHROOM |
| 31. CARAMELISED ONION & CHEESE PIZZA (READY MADE) | 35. SEAFOOD MARINARA FETTUCCINE | |
| 32. CHICKEN, BRIE & PROSCIUTTO PIZZA (READY MADE) | 36. PENNE PASTA WITH MEATBALLS | |

MONTVILLE GOURMET BISTRO

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- | | | |
|--|--|--|
| 39. CHICKEN SCHNITZEL – SERVED WITH VEGETABLES | 44. SUPREME PIZZA – TOMATO BASE, TOMATO BASE, SHAVED HAM, SALAMI, ONION, CAPSICUM, PINEAPPLE, MUSHROOM, OLIVES, ANCHOVIES & CHEESE | 48. CHILLI CARBONARA – CHICKEN, BACON, GARLIC, CHILLI, AGED TOBACCO & PARMESAN |
| 40. CHICKEN PARMIGIANA – SERVED WITH VEGETABLES | 45. LASAGNE (GF) – SERVED WITH SALAD | 49. BBQ PORK RIBS – SERVED WITH VEGETABLES – SINGLE SERVE ONLY - \$15.00 |
| 41. SAUSAGES & POTATO BAKE | 46. BOLOGNESE – BEEF WITH A RICH NAPOLITANO SAUCE & PARMESAN CHEESE | 50. POTATO BAKE – SINGLE SERVE ONLY - \$6.00 |
| 42. MARGHERITA PIZZA – TOMATO BASE, CHERRY TOMATOES, CHEESE & BASIL | 47. CREAMY CARBONARA – CHICKEN, BACON, GARLIC, & PARMESAN & PARMESAN CHEESE | |
| 43. BUTCHERS BLOCK PIZZA – TOMATO BASE, CHICKEN, BEEF, SALAMI, HAM, BACON, ONION, CHEESE & HOLLANDAISE SAUCE SWIRL | | |

THE COTTAGE MEAL RANGE

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| 51. MARINATED SEED MUSTARD & ROSEMARY ROAST BEEF (GF / DF) – SERVED WITH ROASTED VEGETABLES & GRAVY
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 | 62. MALYSIAN SATAY CHICKEN (GF / DF) – MILD CREAMY CURRY SERVED WITH RICE
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 |
| 52. CRISPY SKINNED LEMON & HERB ROAST CHICKEN (GF / DF) – SERVED WITH ROASTED VEGETABLES & GRAVY
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 | 63. BRAISED PORK, CHORIZO & BUTTERBEAN STEW (DF) – SERVED WITH COUSCOUS
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 |
| 53. TENDER ROAST PORK LOIN (GF / DF) – SERVED WITH APPLES, ROASTED VEGETABLES & GRAVY
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 | 64. ASIAN STYLE CHICKEN & VEGETABLE FRIED RICE (GF / DF) – SERVED WITH COUSCOUS
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 |
| 54. BEEF LASAGNE – WITH LEAN BEEF BOLOGNESE LAYERED WITH BECHAMEL & PASTA BAKED WITH CHEESE
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 | 65. CREAMY COCONUT INDIAN VEGETABLE & CHICKPEA CURRY (GF / DF / VEG) – SERVED WITH RICE
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 |
| 55. OVEN BAKED BEEF RISSOLES & GRAVY – SERVED WITH BUTTERED POTATOES & SEASONAL VEGETABLES
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 | 66. VEGETABLE LASAGNE (VEG) – SEASONAL VEGETABLE IN NAPOLITANA SAUCE WITH BECHAMEL, BAKED WITH CHEESE
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 |
| 56. BRAISED STEAK & MUSHROOMS IN GRAVY (GF / DF) – SERVED WITH HERB BUTTER POTATOES & SEASONAL VEGETABLES
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 | 67. SPINACH & RICOTTA CANNELONI PASTA – WITH NAPOLITANA SAUCE WITH BECHAMEL, BAKED WITH CHEESE
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 |
| 57. CORNED BEEF SAUTEED ONION & FRESH HERB WHITE SAUCE (GF) – SERVED WITH STEAMED VEGETABLES
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 | |
| 58. MOROCCAN BEEF SWEET TOMATO GRAVY (DF) – SERVED WITH DATES, APRICOTS & CINNAMON COUSCOUS
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 | |
| 59. SAVOURY MINCE (GF / DF) – LEAN BEEF GRAVY SERVED WITH BUTTERED HERB POTATOES & STEAMED VEGETABLES
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 | |
| 60. CREAMY CURRIED BEEF SAUSAGES (GF / DF) – SERVED WITH RICE
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 | |
| 61. COTTAGE PIE (GF / DF) – LEAN BEEF & VEGETABLES SAUTEED IN GRAVY & BAKED WITH CREAMY MASH POTATO & SEASONAL VEGETABLES
A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 | |

SOUPS

- | |
|---|
| 68. ASIAN CHICKEN SEASAME VEGETABLE NOODLE SOUP (GF / DF) – SINGLE SERVE \$5.50 |
| 69. HEARTY SPRING VEGETABLE BROTH (GF / DF / VEG) – SINGLE SERVE \$5.50 |
| 70. HEARTY PEA & HAM SOUP (GF / DF) – WITH SPLIT LENTILS, SEASONAL VEGETABLES AND BRAISED HAM – SINGLE SERVE \$5.50 |
| 71. ROASTED SWEET PUMPKIN SOUP (GF / DF) – SINGLE SERVE \$5.50 |

CURRENT SPECIAL

AVAILABLE UNTIL 31.03.21

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|---|
| 72. BRAISED LAMB FRENCH ONION & ROSEMARY SWEET POTATO PIE (GF / DF) – A. SINGLE SERVE \$9.90 B. PORTION FOR 2 PPL \$18.00 |
|---|



GF = Gluten Free | DF = Dairy Free | VEG = Vegetarian | V = Vegan

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Celebrating opportunities from prep through to year 12 at Nambour State College

IT'S 3pm on another busy afternoon in Josh's prep classroom and, along with other classmates, he's waiting patiently to be picked up by his older sister Emily.

A happy and bright year 10 student, 15 year old Emily enjoys the daily routine of walking from her high school to the adjoining primary school to collect her little brother Josh for their walk home together.

This family drop-off and pick up arrangement takes place every day at Nambour State College.

Not every school can offer a fully supported, cohesive and family-oriented educational experience from prep right through to year 12.

Ali O'Neill (pictured with prep student Elsi Wright) is one such student whose academic journey, like her siblings before her, began and ended at Nambour State College. Ali began prep in 2008 and is now finishing her year 12 studies.

"What's been so positive about my time here is that it was really easy starting year 7 because I had already visited the senior

campus many times and I've always found the teachers very supportive and easy to talk to, especially when giving you advice.

"I've also loved the opportunity of being able to participate in the dance program which has allowed me to gain my certificate III in dance.

"One of the highlights of my experience here has also definitely been the friendships I've formed."

Not every school can offer a fully supported, cohesive and family-oriented educational experience from prep right through to year 12.

Nambour State College's goal is to provide a wide range of educational initiatives that focus on developing student abilities academically, culturally, socially and mentally.

The College does this through its excellence programs, pastoral care and support to enable a seamless transition from primary to high school and the commitment of its dedicated teachers and staff.

• To find out what the College has to offer, all families are invited to their open night on 30 March 2021.



Ali O'Neill with prep student Elsi Wright. Ali began prep in 2008 and is now finishing her year 12 studies.



An event like nothing ever seen before ... body transformation takes shape during the competitions and comes to life on stage at the end of each day.

Human canvases paint a beautiful picture at Cooroy Body Art Festival

WITH a theme of 'Time Travel' this year's Body Art Festival promises a rich tapestry of art through the ages.

After Covid caused the cancellation of last year's festival, participants are eager for the return of the event this year from Friday to Sunday April 9 to 11 in Cooroy.

A colourful and creative experience for all ages, the festival offers a unique free weekend of activities.

"This event offers something really different," said event manager, Danielle Taylor. "Spectators always say what a wonderful experience it is to see living works of art come to life. This year, with a theme of Time Travel you can expect to be transported from the distant past to the mysteries of the future."

Competitions in temporary body painting include the categories of ultraviolet, brush and sponge, airbrush, special effects and face painting. All types of artists participate from around Australia the human body as a canvas.

"For members of the public, it's an event like nothing ever seen before, as human canvases take shape during the competitions and come to life on stage at the end of each day," said Danielle.

"The festival has evolved into much more than just body painting – it is a totally arty weekend!"



amazing parade of the completed artworks," said Danielle.

The festival is operating under a Covid Safe Checklist with the event split into sessions for each competition. "It is still free to attend but there are limited numbers for social distancing, so spectators are urged to secure their spot by booking on the website to avoid disappointment," said Danielle.

Visit the website www.australianbodyart.com.au for more information or Facebook and Instagram @AustralianBodyArtFestival

• The Australian Body Art Festival is from Friday 9th to Sunday 11th April in Cooroy.

A Wearable Art Competition will feature funky fashions made from recycled treasures. New this year is a Surfboard Art Competition with the boards being auctioned on the Sunday afternoon. There are also art installations, interactive community art, live music, street performers, a wonderful selection of market stalls and delectable food.

"To finish each competition there is an

Thanks to our Major Sponsors



Exhibition awakens our connection to local wildlife

IT'S not often that Wildlife Art has a chance to shine, but at the Cooroy Butter Factory Arts Centre wildlife art is taking centre stage.

Artists from the Sunshine Coast and surrounds have come together to share their passion and create an exhibition that focuses on our local South East Queensland Wildlife.

The show is titled "Did U Know" and will have a variety of animal life common to our region. It will also feature a full wall devoted to artwork highlighting endangered, critically endangered & even extinct animals of our district.

"Curator Fiona Groom has done an amazing job gathering a group of incredible artists," said Cooroy Butter Factory Arts Centre (BFAC) coordinator Alicia Sharples.

"Not only is this display

brehtaking it will also help bring conservation awareness to the wider community."

An interesting fact about each animal will accompany the works. "It's a unique opportunity to learn something new as the viewers move through the exhibition," said Fiona.

"We hope this display will engage the public and bring awareness to the fragility of our local animal neighbours."

A raffle has also been organised with three amazing prizes donated from the exhibiting artists. Tickets will be available at the Artisan Store at the Arts Centre.

"All proceeds go to Wildlife SEQ a wildlife rescue group who provide care, rehabilitation and release services of local native species," said Fiona.

There will be an official exhibition opening on Saturday 27th



Above: Ghost Batby by Dale Leach. Left: Peek a Booby by Fiona Groom. See these & more at the Cooroy Butter Factory Arts Centre.

March from 4-6pm with music, food and a bar and featuring guest speakers Tony Wellington & Kathleen Hunt.

Bookings are essential via The Cooroy Butter Factory Arts Centre Website. Two Sessions are available 4pm & 5pm Speeches at 4.45pm.

Did U Know Exhibition

The exhibition runs from Friday March 26 to Sunday May 2 at the Cooroy Butter Factory Arts Centre, 11a Maple Street Cooroy. For info www.butterfactoryartscentre.com.au or 5442 6665 or hello@butterfactoryartscentre.com.au.



Malcolm and Cassie Barker of Nana's Secret Tearoom offer their space to Nambour book clubs, artists, writers and artisans free of charge.

Couple offers a little bit of everything you'll love, all in one place at Secret Tearoom

FOND memories of childhood trips to the Tiki Tearooms in the Brisbane Arcade with her grandmother were the inspiration for Cassie Barker and her husband Malcolm, to open Nana's Secret Tearoom late last year.

The shop is a quaint mix of collectables, treasures, and 'English country' style tea and food.

"As a child, my grandmother used to take me on trips with her to the Tiki Tearooms and we would wait there and enjoy beautiful home baked goodies while my grandmother had her tea leaves read," Cassie said. "My grandparents raised me and this place is my tribute to them."

"I do teacup and tarot readings myself and I wanted this space to have a refined 'Op-Shop' feel about it," she explained. "It's a place where we have brought together all kinds of collectables, and you will find all sorts of treasures here," she said. "It is everything we love, all in one space".

Bursting with quality pre-loved clothing, bric a brac, books, jewellery, handbags, shoes, hats and more, a visit to Nana's Secret Tearoom is like a step back in time, to an age of refinement and quality. "We have tried to make the shop pretty, without being snobby, and I definitely think it has an 'out of the way' English country feel about it."

Having worked in retail and marketing for most of her career, opening Nana's Secret Tea-

room has been a dream come true for Cassie.

"We chose Nambour because we felt it was the perfect fit for what we wanted to do," she said. "There is such a focus on art, music and entertainment here and there are more people from all walks of life connecting with the town and each other. We have been incredibly well supported by locals right from the start, but now we are getting more bookings from out of town. I think it is fantastic that people are starting to discover all the hidden gems Nambour has to offer."

To date, Nana's Secret Tearoom has been popular for ladies' get togethers, bridal showers, baby showers, mum and daughters high teas, grandma and granddaughter high teas and daddy daughter dates as well. Another little secret at the Tearoom is teacup readings, tarot card readings and a Psychic/ Medium.

Community Connect is an initiative that is gaining momentum as the space becomes more well known.

"Community Connect is us offering our space to Nambour book clubs, artists, writers and artisans free of charge, for them to hold workshops demonstrating or teaching their craft," Cassie said. "We have been thrilled by the response and we are looking forward to hosting many more."

Nana's Secret Tearoom 10 Queen Street, Nambour Phone:0477 270 007.

Stop The Servo

Say 'NO' to a Servo in the Heart of Yandina

Council is considering a proposal to build a service station on the corner of Farrell & Stevens St, between Heritage listed School of Arts and the Feed Barn.

How will traffic, including fuel tankers, enter & exit safely?

We want Yandina to grow & develop but not at the expense of its unique village feel & safety.



DON'T RIP THE HEART OUT OF THE OUR TOWN

Say NO to the SERVO in the centre of Yandina



Tell Council what you think: mail@sunshinecoast.qld.gov.au

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Precious funding helps keep kids on track at Special School

LAST month, the Nambour Special School was presented with \$10,000 in funding from the Sundale Community Foundation at a ceremony at the Nambour RSL.

Kylie Pitt, Treasurer of the Nambour Special School P&C said the money would be used to upgrade the school's much-loved bike track and purchase some new equipment. The bike track is a really important facility because it allows the students to enjoy a broader and more rounded range of experiences. It is really vital that the Special School students are also able to access activities that are available to students in the mainstream education system.

"When our son first started at the school, he was not particularly fussed about the academic side of it, to be honest," she said. "We basically persuaded him to go to school so that he could use the bike track! He is really enjoying school now."

Like many organisations, the Nambour Special School's fundraising activities were badly impacted during the COVID restrictions last year. "It is already a real challenge for our P&C because we are such a small school with a tiny P&C committee," said Kylie.

"So grants like this one enable us to enrich the learning environment of our students with special equipment and facilities that they would not otherwise have. Hopefully we can get on with our regular fundraising activities this year so that we can keep the momentum going."

Previously, the biggest fundraising activity for the school each year has been the Island Charity Swim.

"We have been raising money through the Island Charity Swim for a number of years now," Kylie said. "Initially, the Nambour Special School entered a team in the event and over time the Currimundi Special School also got on board. Unfortunately last year's event was cancelled due to COVID, but on average, between \$40K and \$60K is raised each year."



Kylie Pitt and Principal Richard Fisher and students at the ever-popular Nambour Special School bike path.

This year the money raised will also be shared with the Palmview Special School as well, so we are keen to exceed our past results," Kylie said.

This year the swim will take place on Saturday the 8th of May. The course is 11kms, from Old Woman Island to Mooloolaba Bay and there is also the option to do either a 2.5km or 5km swim in the bay, for those who are not confident out in the open water.

"You don't have to be a swimmer to support this cause though," said Kylie. "We are always looking for people who can paddle alongside our swimmers, and we have even had people donate the use of their boats to sail alongside the swimmers and ensure they are safe."

"In the past we have had private sponsors and it is a fantastic opportunity for businesses to offer support as well, through a corporate sponsorship. But at the end of the day, the more swimmers we can get, the more money we can raise."

You can find out more about this year's swim, or you can register to participate by going to the Facebook page @islandcharity-swim

Bridge Classes at Mapleton

WE have all read that mind and card games are the best weapons against Alzheimer's and that Bridge ranks among the top of these. If you have always wanted to play but don't know where to start, now is your chance to learn Bridge in a small friendly club, make new friends and learn new skills while exercising those brain cells. Age is no limit. Our club has folk in their 90s still enjoying their game.

Mapleton Bridge Club meets weekly at Kureelpa and Dulong Community Hall and will be offering classes there for 6 weeks on Fridays from April 9 to May 6 from 1.30 to 4.30pm.

Cost will be \$50 for the course.

For further information or to express interest phone Michael 0408 361 555 or email mapleton-contractbridgeclub@gmail.com.

National Seniors next monthly meeting

THE next monthly meeting for National Seniors Buderim Branch will be held on Monday 22nd March at 9.30am at the Buderim Bowls Club, Elizabeth Street, Buderim.

The Guest Speaker will be Denise Sauer who will talk about "Dying With Dignity".

All those over 50 are welcome to attend & join in future outings to places of interest & lunches. For more information contact 0458 773 387.

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 Email: mapletoncontractbridgeclub@gmail.com
www.mapleton.bridgeaustralia.org/index.asp



Carla Toonen, Bernadette Fryer and Isaura De Luca with Member for Nicklin Rob Skelton.

Former teacher chooses nursing following car accident

NURSING graduate Carla Toonen was a high school mathematics and science teacher until a major car accident in 2017 landed her in the Intensive Care Unit in the Sunshine Coast Hospital and Health Service. This accident inspired her to pursue a career in nursing.

"The Sunshine Coast Hospital and Health Service holds values that are close to my heart, where people come first," Carla said. "I feel privileged to be a part of an exceptional organisation that incorporates dynamic multidisciplinary care to the community."

Carla was one of the nursing and midwifery graduates welcomed to Nambour Hospital recently by Member for Nicklin Rob Skelton.

The graduates will be placed across the Sunshine Coast Hospital and Health Service in various hospitals and facilities with exposure to a range of clinical experiences including medical and surgical nursing, peri-operative, intensive care, paediatric, midwifery, mental health, and addiction services.

Bernadette Fryer has dreamt of a career caring for others for as long as she can remember. After emigrating from Scotland to Australia, she finally began her nursing studies at 31 years old.

"I was fortunate enough to complete many of my clinical placements at SCHHS facilities and was consistently impressed by the dedication,

professionalism and caring nature of the wide array of healthcare staff and the supportive culture it facilitated."

Isaura De Luca was born in East Timor and brought to Australia as an orphan. After travelling the world and starting a family, she moved to the Sunshine Coast and enrolled in a Bachelor of Nursing Science at USC.

"Having young children and a family business meant that it took me years to complete my degree. But when it came time to apply for a graduate position, I knew I wanted to work for the SCHHS."

"I know that transitioning from studying to practising will be challenging but I am comforted to know that the SCHHS graduate program offers professional support and training to all their graduates."

Mr Skelton said several hundred nurses and midwives applied for positions in the program.

"The graduate program at SCHHS is well-regarded. The graduates are well supported within a strong education framework, governed by a team of nurse educators and supported by a team of dedicated clinical coaches."

"These nursing graduates are the future of their profession and we must continue to invest in supporting novice clinicians. Graduates play a key role in the nursing and midwifery professions," Mr Skelton said.



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Local Heroes Grants recipients named

MEMBER for Glass House Andrew Powell is excited to announce the four winners of his first round of Local Heroes Grants for 2021.

Each year, up to four grants of \$250 are available for individuals or groups in the electorate, four times a year.

"I often have community groups approach me for financial support, so these grants are a great place to be able to direct them to," said Mr Powell.

The grants are designed to help small community groups and local individuals get by. Sporting clubs, neighbourhood centres, RSL's P&C's and Rural Fire Brigades, as well as students or adults competing in State, National or International sporting endeavours, are just some examples of who can apply.

In no particular order, the winners of round one were:

- Speak Up Now - Stop Domestic and Family Violence - funding a forum to teach hairdressers and barbers to see the signs of domestic violence and know how to approach the subject with clients;
- Toorbul Pony Club Inc - funding canteen supplies for their annual gymkhana;
- Restoring Hope Parkinson's Therapy - purchasing portable signage for events and fridge magnets to provide therapy reminders for patients; and
- Celebrate Glasshouse Country Inc. - funding new resident kits but together in conjunction



with the Glasshouse Country Neighbourhood Watch.

"The Local Heroes Grants program will run throughout the year and, you never know, on occasion I may be able to give more than four grants in a round."

Applications for round two are currently open and will remain open until Tuesday 25th May.

"I didn't get as many applications as usual this round, so make sure you apply for round two! There's \$1,000 to give away and your group might get the chance to share in that money."

"If you're in need of some extra money to fund an event, keep the lights on or train someone new in your organisation, let me know! Apply for the next round of grants."

"To apply for round two, head over to my website at <http://andrewpowell.com.au>" Mr Powell concluded.



Wendy Buss ... "The book has a message of self empowerment".

Local book inspires kids to stand strong in face of bullies

RETIRED creative arts primary teacher Wendy Buss recently fulfilled a long-held ambition to write, illustrate and publish her first children's book.

Creme and Caramel's Big Adventure is the first for Wendy's fledgling publishing company "Wendy's Window Books" and is now available in online bookstores globally.

The story tells the tale of two little guinea pigs, Creme and Caramel. While away from their cage on an adventure and living it up at the Laundry Basket Hotel, Creme and Caramel find themselves staring into the jaws of certain death.

Ty the household moggie has arrived home wet and hungry. He comes upon the unexpected house guests far from the safety of their cage, and starts to get ideas that he might fancy a little guinea pig entree for dinner.

The pair are suddenly called upon to stand strong in the face of grave danger, think fast on their trembly quaking little legs, dig deep to draw on courage they didn't even know they had and use all their nouse to reach out for support in order to outwit their foe and live to tell the tale.

This warm, funny, engaging little David and Goliath tale will warm the hearts of readers and listeners young and old.

"It encourages children to realize they can stand strong and say no to bullying," said Wendy. "The story and the resource pages at the end helps children understand they can reach out for the support they need in order to stay safe. The book has a message of self empowerment and a happy ending with plentiful rewards for two plucky little "fat mice" with positive 'can-do' spirits.

"This book has been the achievement of a long held goal and dream of mine. It's been quite a journey to finally seeing my book of 52 pages with 22 full page colour illustrations in online bookstores. There have been some highs and lows and joys and pitfalls on the journey of self publishing, but the rewards of seeing your



An illustration from the book.

book finally in print and the feeling that your book is going out into the world to entertain and inspire kids is so worth it. I set the goal of self publishing a book at the beginning of 2020 and the first printed samples actually arrived on New Years Eve, the very last day of the year which was exciting. Having completed one book now and knowing the pitfalls to avoid will make the publishing process with the next book so much easier."

• Gazette readers can purchase signed copies at a price considerably below the current online Recommended Retail Price if they purchase through Wendy's own sales webpage wendyswindow.com/product/creme-and-carameles-big-adventure/.

Creative hub provides opportunity for artists

ARTISTS seeking access to quality making space, exhibition and educational opportunities on the Sunshine Coast have found their sanctuary in The Zone Gallery and Creative Hub in Maleny.

Co-founders Richard and Cath Muldoon are delighted to be launching their exhibition calendar on 16 April, in conjunction with Open Studios Sunshine Coast.

Chromatica is a celebration of colour and will be the first in a series of exhibitions in the space in Autumn and Spring each year. Participating painter Annie McIntosh describes the upcoming show as a coming together of artists wanting to explore their connection with colour and how they use it to respond to the world, express emotion and cultural identity. Her bold, abstracted collage works will be among the collection.

"To me, colour comes first when I paint. It sets the emotional tone. Colour is such a powerful way in which to communicate our response to the environment around us," says Annie.

The exhibition also includes prints, photographs, sculpture, jewellery and woodwork and is a celebration of some of our region's most tal-

ented emerging and established artists.

One of the goals of the Sunshine Coast Council's 20-year Arts Plan is to provide dedicated networks of places and spaces for artists to connect, create and collaborate. The Zone Gallery and Creative Hub has been welcomed by the creative community calling out for much needed maker space.

"We are passionate about helping artists and creatives to realise their potential, so it is very exciting to be able to provide this opportunity for creatives to show their work in a professional setting," said Richard. "And it provides the community with the chance to visit our special space and see what we are about."

The Zone is becoming a popular educational retreat and there is also a fully renovated chapel on the property which can be used for workshops and photography classes.

The public are invited to enjoy a glass of bubbles and to mingle with the Chromatica artists at a free opening event at 4pm on Saturday 17 April. The exhibition continues until Monday 26 April. The Zone Gallery is located at 89 McCarthy Road, Maleny and is open from 10am until 3pm daily.

Mr. Sleepyman

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QUEENS
Classic range innerspring rrp 599 is \$175
Pocket spring Symphony rrp 699 is \$195
Bamboo luxury pillowtop. Beautiful soft feel rrp 999 is \$297
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Is Fast Rail Finished?

Jeffrey Addison
Sunshine Coast Commuter Advocate



On Friday, Infrastructure Australia (IA) released its long awaited assessment of the Fast Rail business case submitted by the North Coast Connect Consortium (NCCC) in December 2020.

The consortium comprised developer Stockland, consulting engineers SMEC, Urban planners Urbis and accountants KPMG.

The Fast Rail proposal did not proceed into Infrastructure Australia's Infrastructure Priority List for a number of reasons:

- It didn't have the support of the Queensland Government and it is not identified in any Queensland Transport Strategy. That said there is no definitive State Transport Strategy for the Sunshine Coast.

- The state didn't offer one cent towards the federally funded business case, perhaps a sign of impending doom.

- It didn't have a positive Benefit Cost Ratio (BCR), meaning that the cost of the project (at \$5.305 billion) did not match or exceed the proposed benefits it could bring, being social, economic and environmental. Infrastructure Australia listed challenging terrain, environmentally sensitive sites, and the level of detailed design in the submission - as pre-

sending project delivery risks. Infrastructure Australia assessed the Benefit Cost Ratio at 0.47. A BCR of 1.0 is break-even point.

- North Coast Connect Consortium indicated they would not be leading the delivery of the project and couldn't confirm who would.

- Infrastructure Australia found that some benefits of the project may have been overstated and other benefits, like allowing for additional freight movements, were omitted from the economic appraisal.

An average rail speed of just 56km/h between Brisbane and Nambour isn't likely to endear public transport uptake.

That said the idea for Fast Rail isn't stone-cold dead.

Infrastructure Australia left the door open for a business case that included a stronger case for the proposal, a balance of the costs and benefits (i.e. a BCR of 1.0) and illustrates options on how delivery risks can be managed.

It stated that "A program for a broader faster rail network in South East Queensland could potentially strengthen this proposal through joint shared operational items like rolling-stock, shared (over-night) stabling yards and maintenance facilities."

Queensland State Government support would be the other obvious requirement before any project could progress.

In late February, at a press conference involving the SEQ Council of Mayors director

Mark Jamieson, the Premier Annastacia Palaszczuk and Australian Olympic Committee President John Coates, the SEQ Council of Mayors director and Sunshine Coast Mayor Mark Jamieson was asked about the prospect of Fast Rail connecting the region.

Mr Jamieson's response, "I think fast rail is a very important part of that."

"Moving people around will be critical," he said.

And he would be right.

But as Mr Jamieson was speaking, the Premier was heard in the background saying; "it's not in the bid, it's not in the bid!"

Unfortunately, the bid doesn't include a Fast Rail upgrade even though other infrastructure items are listed.

An average rail speed of just 56km/h between Brisbane and Nambour isn't likely to endear public transport uptake.

Just what the plan is to transport people to and from the Sunshine Coast during an Olympics in 2032 is anyone's guess.

At this point it may well be a fleet of cars or buses on a congested Bruce Highway.



Underground music artists converge on Nambour

A diverse line up of underground music artists are playing at the Black Box Theatre Nambour this Sunday. The Line Up is headed by Schkeuditzer Kreuz and supported by fellow artists Shackles, Enkore and Tender Lavender.

Schkeuditzer Kreuz is described as a one-person "dark euro disco punk project" by musician Kieren from Darkhorse, Vae Victus, Death-cage and other punk bands from Sydney.

• Details: Black Box Theatre Nambour (Old Ambulance centre), Sunday March 21 3pm start. Cost: \$15 www.badhabitrecords.bigcartel.com/products or \$20 at the door.

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JOIN Wilvos as a carer, transporter or hotline volunteer. Volunteers work from home, making a difference for our little Aussie mates. Wilvos will also provide free educative talks to groups, schools and retirement villages. To register for training workshops or talks, please contact: Sylvia: membership@wilvos.org.au or Roslyn: awareness@wilvos.org.au

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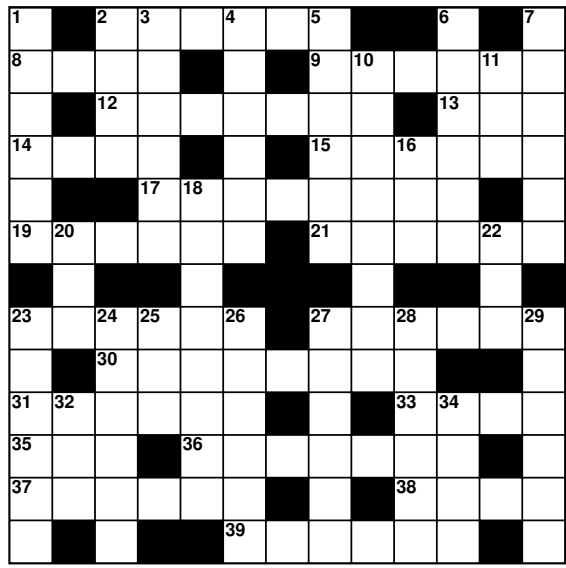
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Gazette Crossword See solution this page.



ACROSS

- 2 Aromatic resin
- 8 Trudge
- 9 Amend
- 12 Turned
- 13 Solemn promise
- 14 Water pitcher
- 15 Abstract
- 17 Recluses
- 19 Inferior
- 21 Stiffed laugh
- 23 Employers
- 27 Garden pests
- 30 Eden
- 31 Escaped artfully
- 33 Wander
- 35 Melody
- 36 Skittle
- 37 Held principles
- 38 Pimplly condition
- 39 Tell tales

DOWN

- 1 Call for aid
- 2 Additional
- 3 Worships
- 4 Merchant
- 5 Believe
- 6 Disrobe
- 7 Tin and lead alloy
- 10 Publications
- 11 Distress call
- 16 Obtain
- 18 Showing veneration
- 20 Self
- 22 Old cloth measure
- 23 Cries, as a sheep
- 24 Rejects with disdain
- 25 Sorrowful
- 26 One who enjoys another's pain
- 27 Mute
- 28 Antenna
- 29 Boil gently
- 32 Falsehood
- 34 Single occasion



Friendship Day at Woombye Bowls Club

WOOMBYE Bowls Club recently held its annual Friendship Day Fours event on their recently returned greens. Bowlers from all over the Sunshine Coast and as far away as Bribie Island and Tin Can Bay attended and enjoyed friendship, great food and fantastic greens for which Woombye is well-known.

Unfortunately bowls was interrupted due to the continuing showers, and eventually the second game was called off as rain became heavier. Eight bowlers were rewarded financially for competing, and some won prizes for Touchers and Spiders. A relaxing, fun and friendly day was had by all.



AUSTRALIA'S COVID-19 VACCINATION PROGRAM IS UNDERWAY.

COVID-19 vaccines will keep Australia safe and protect our way of life. The people most at risk of serious illness and those most likely to be exposed to the virus in our communities will be vaccinated first, including:

- Quarantine and border workers
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Vaccination offers the best protection from COVID-19, but it's also important we all continue to remain COVIDSafe.

To find out when it's your turn, visit australia.gov.au or call the National coronavirus and COVID-19 vaccine helpline **1800 020 080**.

BE COVIDSAFE



'On stage at Bellflower'. Photo courtesy Phil Hustler.

Actors hit the road as 'visiting theatre' concept takes off

TAKING live theatre to retirement villages is proving a big winner for Sunshine Coast's Independent Theatre (The Indee).

During the COVID 19 Lockdown the theatre laid plans to re-emerge as a 'visiting theatre' and concentrate on staging its comedies actually in the various Sunshine Coast retirement villages.

This has been enthusiastically welcomed and so far performances have been staged at IRT, Meridan Plains and Bellflower Retirement Resort, Sippy Downs (with a re-booking already in place for May). In the immediate future The Indee will be taking its live comedies to Hibiscus Chancellor Park, Allora Gardens, Maroochydore and Peregrian Springs Country Club.

While The Indee has some young players its mainstream comprises mature-aged senior actors with a wealth of experience. Many of them have been acting since their pre-teens and have appeared in Indee productions upwards of the past three decades as well as with other Coast community theatres.

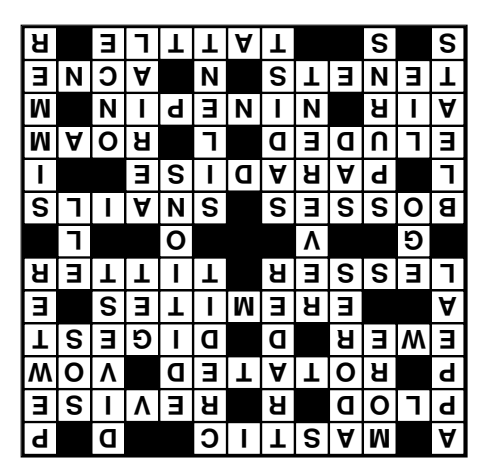
Theatre spokesperson, Carol Burls, said the comedies were mostly multi-award winners from The Indee catalogue.

"The present aim of The Independent Theatre Inc is to further develop the retirement village circuit concept, by providing first-class comedies for its actors and by bringing live performance within arm's reach of audiences," she said.

For further information, call The Indee, 0468 322 268.

Crossword Solution

See Crossword above.





The Footy's back at Crusher Park, but first we honour a fallen mate

A-GRADE footy returned to Nambour Saturday night as the Nambour Crushers took on the Kawana Dolphins. The action began after a moment's silence to honour beloved Maroochy-dore Swan Dale Best, who died playing the game he loved recently. Maroochy-dore Swans Rugby League Club have temporarily retired the number 8 jersey worn by the man they called "the Beast". His funeral was Sunday. Chad Parker led Nambour on to the field in honour of his 100th game for Nambour Crushers Division 1. Unfortunately the home team went down 24-nil to a well oiled Dolphins machine. But the big winners on the day were footy fans who

packed the ground following an 18-month wait on the sidelines.

The Crushers finished 6th in 2019 and their last Premiership was 2005.

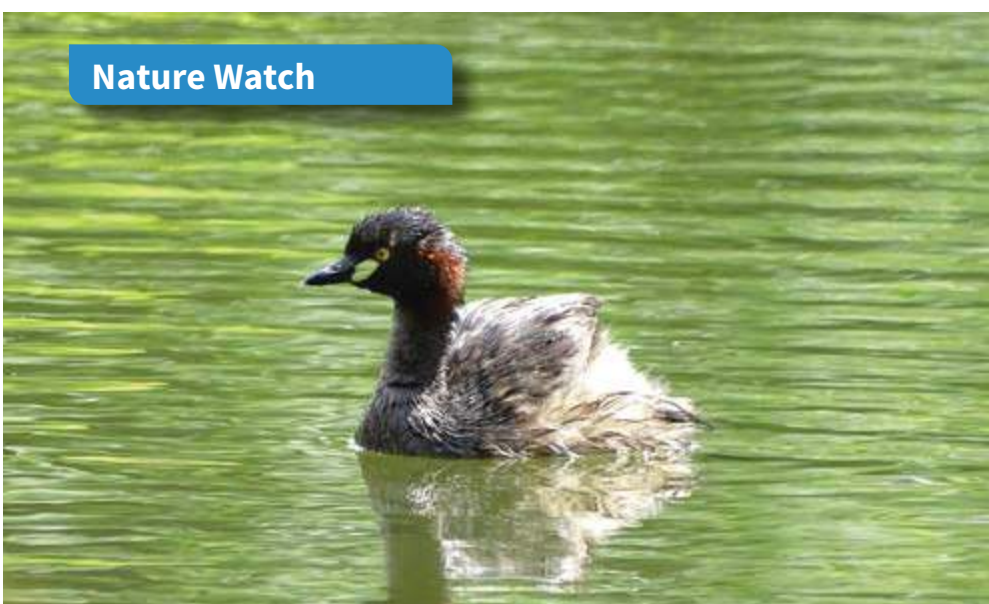
This Saturday's game is against Gympie Devils away, before they take on Noosa at Crusher Park on March 27.

The Nambour Rugby League club was formed in 1985 with the amalgamation of two Nambour based leagues sides, the Souths Magpies and the All Whites.

The Crushers finished 6th in 2019 and their last Premiership win was in 2005.



Nature Watch



Thanks to Andrea Weber for sending us this nature photo of an Australasian Grebe pictured at Maleny Botanic Gardens. A diet of small fish has led this shy waterbird to sometimes eat their own feathers and feed them to their chicks. This behaviour is thought to help prevent injury from any sharp fish bones that are swallowed. Send your pics to editor@sunshinevalleygazette.com.au.

Rare Pinkies will soon be on the hop

by **Donna Brennan** Wildlife Volunteers Assoc Inc (WILVOS) 5441 6200 www.wilvos.org.au

RECENTLY one of our carers received little twin swamp wallaby joeys into care. 'Pinkies', as we call them are furless marsupials that still have the soft pink skin that feels like satin. It is extremely rare to see twin joeys and I have never seen twin 'swampies' before. Just one is incredibly cute! They have settled well. Looking blue at the moment the eyes will soon be those beautiful big black eyes, and the skin will darken and fur will begin to grow.

Swamp wallabies soon grow into rambunctious, energetic and mischievous 'toddlers'.

They are a joy to rehabilitate and watch them developing their 'wild' instincts. Soon after just a kilogram in weight, they love to be outside for most of the day and night, hiding in the vegetation, in between sporadic bursts of energy, or diving back into their hanging pouches for a nap.

By the time they reach two kilograms they just demand attention, usually four times a day, for their six-hourly bottle. The remainder of the time they love to eat all the weeds that sometimes threaten to take over my yard. With swamp wallabies in care, I have a very low maintenance yard. They earn their bottles of milk formula!

Maybe macropods feel they have to double



Swamp wallabies soon grow into rambunctious, energetic and mischievous 'toddlers'.

their breeding capacity! The numbers hit by cars and killed by dogs are pretty devastating. The increasing awareness of the plight of our precious wildlife means that people do now stop and check pouches and call our Hotline if there is a joey. Because the young animals are very firmly attached to the mother's teat, they cannot be just be removed from the pouch. It has to be carefully done or irreparable damage is done to the little joey.

WILVOS are very happy to receive that Hotline call for help.

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SIMPLY GREAT RESULTS



Palmwoods, Chevallum new school leaders

MEMBER for Nicklin Rob Skelton last Friday helped Palmwoods State School recognise their incoming school leaders at the 2021 Investiture Ceremony.

"We had a ceremony where I handed the School Captains and House Captains their badges, which was followed by a lovely morning tea provided by the Palmwoods P&C," said Mr Skelton. "I also had a similar opportunity at Chevallum State School a few weeks ago. As I said in my speeches, as long as you know what you believe in and maintain your sense of humour, you'll go far. I wish them all the best of luck in the year ahead."



From left, Bec Mac from Popsart and artist Mona Ryder.

Acclaimed artists exhibits at the Old Ambulance Station

MONA Ryder's work is a feast for the eyes and a treat for the soul and it'll be all eyes on Nambour as this internationally acclaimed Australian artist presents her Fragile Gardens exhibition at the Old Ambulance Station from 13 March-17 April.

The exhibition is part of Sunshine Coast Councils' fabric slow fashion artful living program - a three-year Regional Arts Development Fund project celebrating the extraordinary talents of our region's artists, designers and change-makers.

Mona said her work weaved in and out of the past and present, often referencing previous exhibitions both conceptually and physically. A quick google search will bring forth the most sumptuous images of Mona's work and this exhibition is no exception.

"Fragile Gardens is an installation of an unknown future, anxious anticipations, rites of passage and dreamlike rituals," Ms Ryder said.

"I invite you to enter an enigmatic setting that seems as though it may have the possibility to come alive - certainly nothing is as it seems or should be.

"I find materials fascinating, especially recycled or found objects that bring with them their own history.

"That's particularly relevant as exhibiting here (on the sunshine coast?) is like revisiting my childhood, having spent many precious childhood years here."

Artfully Art Curator Beth Jackson said she recalled seeing the exhibition 'Mona Ryder: A Survey' curated by Dr Nancy Underhill at the University Art Museum, University of Queensland back in 1984.

"I was just a student studying art history and this show made a deep impression on me. It was the first exhibition I had seen that I could describe as feminist - expressing a woman's embodied voice in a bold materiality," Ms Jackson said.

"The painted wooden ironing boards and other sculptural assemblages that incorporated domestic items were radical.

"This was before the rise of installation art and these strange forms that spoke of home life, child rearing, sexuality, interpersonal politics and emotional work were just amazing.

"Of course I had seen Judy Chicago's 'Dinner Party' and Georgia O'Keefe's magnificent flower paintings in books, but this was right here in Brisbane ... truly inspirational to this young woman and budding feminist."

foundation members. The group includes calligraphers, graphic artists and paper crafters.

Entry to "Words Words Words" is free. There will be artwork for sale as well as raffles, demonstrations and giveaways.

The exhibition opens on Saturday 5th June at 10am and will run until 3pm on Sunday 13th June at the Buderim Craft Cottage in Main Street. The exhibition will be open from 10am - 2pm daily Monday to Friday and from 10am to 3pm on weekends.

Calligraphy and Papercraft Exhibition. Write on!

EVERY two years, the Calligraphy and Papercraft Group of the Buderim Craft Cottage displays its calligraphic artistry and handcrafted paper designs for the community.

This year the exhibition is titled 'Words Words Words'. The Buderim Calligraphers has been meeting for 34 years and still contains some



Andrew Powell, second from left, with members of the successful applicants from Maleny Historical Society.

Glass House Cleans Up in Gambling Community Benefit Fund Grants

MEMBER for Glass House Andrew Powell is delighted to announce that Round 106 of the Gambling Community Benefit Fund (GCBF) has brought a total of \$214,788 in grants to the Glass House electorate - the highest amount it has received in over three years.

The GCBF provides sizeable grants to Queensland not-for-profit community organisations with revenue sourced from gaming taxes, distributing approximately \$53 million per year to Queensland communities.

"Glass House is on the up and up," said Mr Powell.

"Round 104 saw us win \$193,953 and I was stoked with that, so it's a real treat to see our local community groups share funding in excess of \$200,000 in Round 106."

"I always try to encourage as many community groups as possible to apply for these grants. Applications from the Glass House electorate are usually treated very well due to our abundance of small, volunteer run organisations."

"And if you've already received a grant previously, just apply again! Plenty of groups have been able to receive two or three grants."

Glass House in Round 106 Recipients:

- Recipients
- Conondale Sport and Rec Club - \$29,316 to upgrade their facility
- Eudlo Public Hall and Recreation Grounds - \$34,997 to purchase equipment and upgrade their facility
- Eudlo State School P&C - \$32,956 to upgrade the school's playground
- Glasshouse Districts Branch Little Athletics Centre - \$25,500 to purchase a tractor
- Maleny Community Centre - \$8,690 to install air conditioning
- Maleny Cultural and Historical Society - \$34,194 to upgrade Priscilla Cottage and purchase new equipment
- Suncoast Hinterland BMX Club - \$35,000 to construct a shade structure
- C&K Woodford Community Kindergarten - \$14,134 to install a swing and softfall
- Information on how to apply for a GCBF grant is available at www.justice.qld.gov.au/grants or by phoning 1800 633 619. Rounds 107 and 108 have closed, and applications for Round 109 close April 30.

Owners get chance to sniff out best dog exercise area for Mapleton

WHERE would you like to exercise and walk your pooch off-leash in Mapleton? That's the question Divisional Councillor David Law is asking the Mapleton community this month.

"Mapleton residents love their furry companions," Cr Law said.

"Council's records show that there is one dog registered for every seven people.

"This demonstrates the need for a dog off-leash facility in the local area considering the nearest unfenced dog off-leash area is Petrie Park, Nambour and the nearest fenced facility is at Federation Park, Palmwoods.

"With this in mind, I'm pleased to say, following community feedback received in 2019, council has identified three potential sites for a dog off-leash area and has developed concept designs for each location.

"Two of the proposed sites are located within Mapleton Lilyponds Park on Delicia Road. Option one is an unfenced dog off-leash area during specified times and the second option, is a fenced dog off-leash area.

"The third option is located at Mapleton Fire Brigade Park on Obi Obi Road and would also be a fenced dog off-leash area.

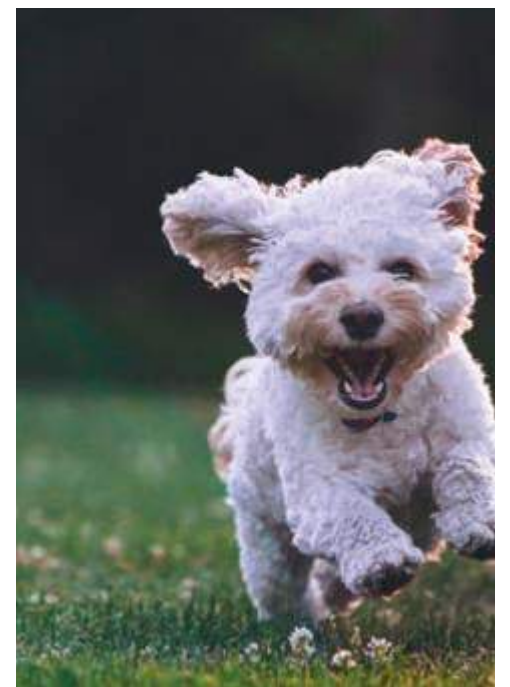
"Council values the input of residents and is seeking feedback so all relevant opinions are considered in the decision-making process.

"I encourage everyone to review each concept design, select your preferred dog off-leash site and provide your feedback on the design options via an online survey.

"I am looking forward to receiving your feedback and taking this community project to the next stage."

All feedback received from the community will inform council's decision to proceed with a detailed design of a dedicated dog off-leash area, at the preferred location. Council is committed to keeping the community informed on the project as it progresses.

The community is encouraged to share their thoughts and ideas by visiting council's Have Your Say website before 5pm, Wednesday 24



There are three options for a dog off-leash facility in Mapleton.

March. Visit council's website for a full list of dog parks and off-leash areas and information on responsible pet ownership.

Gazette Real Estate



Left: Situated on Maleny's main street, you and your guests will be in an enviable position to soak up the very best of Maple Street and the Hinterland lifestyle.

Below: To the rear of the property are the luxurious accommodation suites, leading to a firepit area and stunning pool.



Maple Street's iconic Maleny Lodge for sale

AGENT'S CHOICE
Maleny Lodge, 58 Maple Street Maleny

THE opportunity has arrived to create an enviable lifestyle at Maleny Lodge. Situated on the main street of Maleny, this iconic

property is currently run as accommodation, including two luxury suites.

Boasting a private residence as well, there is unlimited potential in this property to further expand your income and lifestyle.

To the rear of the property are the

luxurious accommodation suites, leading to a firepit area and stunning pool, and to the front of property is the private residence.

Extensive renovations have been recently completed by the current owners and this has added an abun-

dance of style and appeal for the accommodation and private residence alike.

Perfectly positioned just a minute's walk to the restaurants, cafes, galleries and shopping of Maleny, you and your guests will be in an enviable

position to soak up the very best of the Hinterland lifestyle.

Contact

• Agent is Rodney Millett of Maleny & Hinterland Real Estate 0477 702 073, rodney@malenyrealestate.com



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Escape to the country on a family-friendly acre

AGENT'S CHOICE

99 Jacksons Road, West Woombye

INSIDE and out, this home offers low maintenance acreage living providing privacy, space, and a peaceful environment to raise a family.

This resplendent property on the outskirts of Woombye is tucked away in a dress-circle acreage belt at the base of the Blackall Range.

The property offers gentle country-style living that is family-sized and family-friendly in every sense.

Across an expansive single level, this solidly built brick home is perfectly positioned on the 4016m2 property. It has four bedrooms, two bathrooms, separate living areas, study, kitchen with servery to sunroom, massive 11x9m timber deck overlooking 55,000 litre saltwater concrete pool, separate laundry and double carport.

The floor plan is designed to accommodate good separation of living and the home's features include 4xsplit-system air-conditioning, ceiling fans, gas cooktop and abundant storage.

It has only had one owner since built in 1999 and has been well-cared for and maintained.

Infrastructure on the property includes a separate powered 3-bay shed, three water tanks, bird aviary, chook pen, boundary fencing, electronic security gate at entry, and Environ eco-safe wastewater treatment.

The property is connected to NBN as well as Foxtel and has a generator box. Inside and out, this is low maintenance acreage living providing privacy, space, and a peaceful environment to raise a family.

The kids can collect free-range eggs from the chooks, swim in the pool, play out in the open safely and

securely whilst soaking up sunshine and fresh air...and the deck is the most amazing platform for all your socialising, celebrations, and general relaxation.

The delightful village of Woombye is only a 10-minute drive, as is Nambour Christian College.

Nambour town amenities are approximately 13 minutes away and coast beaches are 25 minutes' drive.

"The original owner has already vacated and relocated - this truly lovely property is waiting and ready for its next chapter," said agent Tristan Brown. "The kids and the

pets will love it here, and so will you! This is the lifestyle change you have been searching for."

Features

4 bedrooms, 2 bathrooms, multiple living areas & study, kitchen with servery to sunroom, inground pool, double carport & triple bay powered shed, lush acre block backing onto leafy treed acreage, 10 mins drive to Woombye & Nambour Christian College.

• Agent: Tristan Brown 0403 665 643 & Frederic Tober 0402 001 179 - REMAX Nambour.



FOR SALE



99-101 Jacksons Road | West Woombye

4 2 5

Price: Offers over \$899,000

Inspect: By Appointment

View: remaxpropertysales.com.au / 20656936

This resplendent property, on the outskirts of Woombye, tucked away in a dress-circle acreage belt at the base of the Blackall Range, offers gentle country-style living that is family-sized and family-friendly in every sense.

- 55,000L concrete pool with huge deck
- Multiple living areas + sunroom + study
- Double carport + powered 3-bay shed
- 4016m² fully useable acreage, rich fertile soil
- Fully fenced with electronic secure gate
- Only ever had one owner since built in 1999!



Tristan Brown 0403 665 643 | tristan.brown@remax.com.au

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Escape to the Country...

This super-sized solid highset brick home is tucked away on a private and picturesque six-acre parcel of lush verdant land complete with dam and fenced paddock, offering family-friendly country-style living within walking distance to Eudlo town amenities including school, rail, and convenience store.

FOR SALE

INSPECT by appointment

LEIGH MARTINUZZI
0490 812 205



PROPERTY LINK

342 Palmwoods-Montville Road **PALMWOODS**



Offers over \$949,000

🏠 3 🛏 2 🚗 3 📏 2.74 ha

Dual Living Oasis!

This magnificent property offers an enviable lifestyle with dual living, horse paddocks, views and privacy, all on 6.77 acres of land in a superb location! With so many unique features that enhance comfort, charm, and warmth, along with the size and scale of the land, this property will not last long!

FOR SALE

INSPECT by appointment

LEIGH MARTINUZZI
0490 812 205



PROPERTY LINK

16 Blackall Range Road

WOOMBYE



Development Opportunity

🏠 4 🛏 2 🚗 7 📏 0.86 ha 🌊

2 Separate Titles, Beautiful Family Home - Opportunity Plus!

Here we have a fantastic development opportunity. This property has 2 Titles. A 7,977m2 block and a 607m2 block. With water and sewerage already connected. The potential is unique. Don't miss out inquire today.

FOR SALE

INSPECT by appointment

KEZ FOSTIN
0422 438 548



PROPERTY LINK

1 Stapleton Court

PALMWOODS



Closed Tender 1st April 2021

🏠 4 🛏 2 🚗 2 📏 622 m²

Effortless, Designer Living!

This pristine contemporary home tucked away in a boutique residential enclave within walking distance to town, school, and leisure/sporting facilities, offers family-friendly living on a fully fenced 622m2 corner block with wide street frontage, and masses of room inside and out.

FOR SALE

INSPECT by appointment

LEIGH MARTINUZZI
0490 812 205



PROPERTY LINK

RateMyAgent's 2020 & 2021 Palmwoods Agent of the Year



I'm very proud to be named RateMyAgent's 2021 Palmwoods Agent of the Year Award.

RateMyAgent is Australia's number one reviews website. The sixth annual awards ceremony saw Australia's and New Zealand's top real estate agents and mortgage brokers gather online to celebrate the industry's most successful agents. The Awards are the only of their kind in the industry and based on customer satisfaction. They acknowledge those who have been the most consistently recommended by local Australia/New Zealand home sellers and landlords. To win means to have secured the highest satisfaction rating across the country – celebrating and recognising real estate agents and agencies that provide truly excellent client service to home buyers, sellers and landlords.

ratemyagent
agent of the year awards
2020 & 2021

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Maleny Lodge 58 Maple Street, Maleny

6 4 2

The opportunity is here to create an enviable lifestyle at Maleny Lodge. Situated on the main street of Maleny, this iconic property is currently run as accommodation, including two luxury suites. Boasting a private residence as well, there is unlimited potential in this property to further expand your income and lifestyle. To the rear of the property is the luxurious accommodation suites, leading to a firepit area and stunning pool, and to the front of property is the private residence. Extensive

renovations have been recently completed by the current owners and this has added an abundance of style and appeal for the accommodation and private residence alike. Perfectly positioned just a minute's walk to the restaurants, cafes, galleries and shopping of Maleny, you and your guests will be in an enviable position to soak up the very best of the Hinterland lifestyle.

For Sale
\$1,800,000

Inspect By Appointment Only

Rodney Millett
0477 702 073
rodney@malenyrealestate.com



WELCOME TO THE MARKET

1703 Maleny Kenilworth Road, **Conondale**

3 1 1

This very stylish and homely Queenslander is set on a large block in Conondale. Conondale is perfectly located just 20 mins from both the heart of Maleny and the township of Kenilworth. These iconic towns offer much in way of produce, amenities, cafes, restaurants, and galleries. With 11 ft high ceilings, fretwork and wide polished floors throughout- this is a classic Queenslander in every sense. With so many traditional details and pretty features to adore this family home is just waiting for its new owners.

For Sale
\$530,000

Inspect
By Appointment Only

Rodney Millett
0477 702 073
rodney@malenyrealestate.com



15 Alfs Road, **Bald Knob**

3 2 4

Situated high on Bald Knob is this beautifully built 3-bedroom brick home. Bald knob is just minutes to the townships of Maleny and Montville and is perfectly positioned for those looking to enjoy the best of the Sunshine Coast Beaches, the Hinterland itself and further beyond to Brisbane. With stunning rural and mountain views this home is looking for a new family, and with its neutral canvas the opportunities are endless.

For Sale
Contact Agent

Inspect
By Appointment Only

Rodney Millett
0477 702 073
rodney@malenyrealestate.com



SOLD

22 Cedar Grove Court, **Maleny**

Walk to town in just minutes from the home you can build on this 914m² block. Land available in the heart of Maleny is rare, but the chance to create your dream home can be realised here. Backing onto the wetland and brook that runs through the Cedar Grove and Hakea Street areas, you'll have the chance to create a home taking in the best of Hinterland nature. Inspect this very private block today and start building!

Vacant Land **914m²**

Sold
By Principal
Rodney Millett



SOLD

128 Flaxton Mill Road, **Flaxton**

4 2 3

Lovingly held as the family home for the past 18 years, this character Queenslander is now ready for a new owner. With the character of a 130yr old Queenslander and the space of a large 4 bedroom, 2 bathroom home, this property will capture your heart and be the gorgeous start to your quintessential Hinterland life! Located in highly desirable Flaxton, your gorgeous 1.5 acres of land is bursting with established fruit and olive trees and your vegetable garden is starting to burst with life. The birdlife abounds and is well at home in the native trees and shrubs throughout the property.

Sold
By Principal
Rodney Millett

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Contemporary Elegance on Topaz



AGENT'S CHOICE 14 Topaz St Mapleton
Roger Loughnan Real Estate

PERCHED high on the Blackall Range, this stunning home listed at \$1.095m has breath-taking rural and coastal views to delight buyers who appreciate refined luxury living.

The expansive views over the Hinterland are from Moreton Island to Mt Coolum, Mt Ninderry and the Pacific Ocean with glimpses further through to Noosa Heads.

Clean lines and natural light are a feature of this beautiful home. Built in 2015, the dwelling is approximately 375m², has ample rainwater storage and an eco wastewater treatment system.

With Spotted Gum flooring and high ceilings, the entry level boasts a central open atrium/deck, open plan living/dining/kitchen area opening out to expansive timber decks which are perfect for entertaining while enjoying amazing views and cooling summer breezes.

A gourmet kitchen designed by Di Henshall features Miele twin ovens, induction cook top, Franke double sink and spacious butler's pantry.

Large master bedroom with walk in robe and luxurious ensuite, two spacious guest rooms and large second bathroom are all on the entry level.

The lower level offers a spacious fourth bedroom and large rumpus/lounge area creating possibilities for teenager's retreat, home office, granny flat or B and B as there is separate outside access.

The block of 3723m² is sloping and landscaped with the owners planting a range of trees and vines.

These include olives, mulberry, mango, lime, orange, lemon plus grape and passionfruit vines.

The property adjoins approximately 80 hectares of forested reserve providing a wonderful bird habitat and wildlife corridor.

This beautiful property is in a quiet no through street and is only a five-minute walk to Mapleton. Named the "tree change" town for Queensland by Bernard Salt, the town boasts a modern IGA and service station, the famous Mapleton Tavern, bakery, primary school, doctors, chemist and a great range of cafes.

Inspection is strictly by appointment. Phone Roger Loughnan Real Estate 5478 5288.

The property has additional frontage to Nambour Mapleton Road and the owners have carried out provisional studies regarding the subdivision of the land into two titles, but this would be subject to any council application requirements and relevant approvals.

Cafe goes on market as owner returns to her true calling

OPENING a cafe was always a goal on Loz Craig's bucket list, despite being a complete departure from her formal education and training.

"When I first started out in the workforce many moons ago, it was in hospitality," Loz said. "When I had my kids I left the industry because I wanted to be home while they were growing up," she said.

"Over the last ten years I felt a real calling to work in the community sector and went on to complete a Bachelor's Degree in Psychology, Certification in Alcohol and Other Drugs and Training and Assessments.

"I also achieved Diplomas in Youth Work and Mental Health Counselling. I have a private counselling practice and I work with clients both locally and interstate.

"Over time I felt I wanted to go into counselling and I went on to complete a Bachelor's Degree in Psychology, Certificates in Youth Work and Alcohol and Other Drugs, a Diploma of Youth Work, a Diploma of Mental Health Counselling and a Bachelor of Counselling Psychology.

"I have a private counselling practice and I work with clients locally and interstate.

"But last year, Chadwicks Kitchen in Currie Street came up for sale and I thought it was a great opportunity to tick this goal off my bucket list," Loz said. "It was a bit out of the box, that's for sure!"

Loz set up Lozzie's Cafe and it has become well loved for fresh home cooked, uncompli-



Loz Craig is selling her cafe to get back to her true calling in the community sector.

cated food for breakfast and lunch, slices, cakes and great local coffee. Home decor items, gifts and beautiful plants are also on offer.

"As much as I have enjoyed this journey, I have come to realise that I can't manage the cafe as well as my counselling practice," Loz said.

"And I have to go where my heart really lies, which is counselling and helping others. So I have made the decision to put Lozzie's Cafe on the market.

"I am also in the process of developing an Independent Living Program for young people from abusive and disadvantaged backgrounds," she said.

"It pains me that as a society we are incredibly judgemental and critical of young people who have often come from the most terrible circumstances imaginable.

"Some young people have limited practical life skills, because they have never been taught any.

"Some of my young clients have grown up in family's where no-one has ever even cooked them a meal.

"My aim is to help these types of young people to learn fundamental skills like budgeting, housing, personal relationships, grocery shopping and preparation of nourishing food," said Loz.

"Lozzie's was a great experience that was personally important for me, but returning to my true calling is probably even more so."

For all genuine enquiries about the business, please contact Jason Rice (0403 153 549) at Carolans First National Real Estate, Nambour. Lozzie's Cafe is at 95 Currie Street Nambour.

Stamp Enthusiasts to meet at new time

FOLLOWING the COVID 19 lockdowns of 2020, the Sunshine Coast Stamp Club Inc has re-commenced its meetings in 2021 with an enthusiastic attendance from Club members in February

Club President and Club Historian Mike Lean said that this renewed interest in Club activities is attributed to the change from evenings to daytime Club Meetings.

The Club now meets on the 1st Wednesday of each month (except January) between 1pm and 4pm at the Red Cross Rooms, 21 Price Street, Nambour. Members have indicated that the new time for Club Meetings is much preferred.

Club activities each month include; Viewing Club stamp "Exchange Books" - buying and selling stamps, "Letter of the Month" - where members bring items from their collection that relate to that letter, a "Monthly Quiz" relating to a defined groups of stamps from the Australian Stamp Catalogue, "Show & Tell" - members bring interesting and unique items to show members.

By participation in the above activities members earn "Mint Money" which is able to be spent at the Club in the Annual "Mini Auction".

An annual stamp collecting challenge is also held in the form of a "Treasure Hunt" where across the year members collect specified stamps that fit the description in the Treasure Hunt categories. Prizes are awarded for this activity at the annual Christmas Party in December.

Across the year there will also be "Presentations" on stamp collecting on matters of philatelic interest from members and visiting specialists.

Each meeting is concluded with afternoon tea. Mr Lean said members of the community with a philatelic or stamp collecting interests were most welcome to join the Club. Visitors are also welcome.

Donations of stamps and philatelic items are always welcome.

Enquiries can be directed to Mike Lean 0438 589 181. Website: www.suncoaststamps.org.au

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"Roger & Monica are truthful, honest & reliable. I needed a chain for the driveway, Roger bought & paid for the chain & locks. One day, he was pulling out weeds in my garden. Forever present and I knew I could turn to him if I needed anything done. Monica's resolute attitude in selling my home was beyond expectations. Monica genuinely engaged her professional status as an estate agent. I'd also like to mention the receptionist, Susan. Most of the times, these are our first interactions. Susan was always smiling and always helpful."

A Price - 15 Western Ave, Montville.



VERIFIED BY RATEMYAGENT

TRUSTWORTHY

"We have known Monica for a number of years through her & her partner, Jack Wilms and we have spent lovely times with them in their peaceful house in Coolabine. When it came to sell our house in Witta we knew we could trust Monica and Roger both totally. We have been very satisfied with the professional way the 2 agents have behaved and are more than happy with the price they obtained for our house."

L Beim - 164 Curramore Rd, Witta.



VERIFIED BY RATEMYAGENT

WHAT A CHAMPION

"Well, I'm so very grateful for the time & effort Monica put into getting the sale of our property across the line... without her I really don't think it would have happened. Interstate buyers, during COVID created many challenges during a very long sales process but Monica with her great communication skills & tenacity maintained the momentum and got the sale. In fact, the Roger Loughnan Real Estate trio of Monica, Roger & Susan were so delightful helpful throughout the whole sales process I feel I can almost call them friends. I have no doubt what so ever in recommending Monica and team for selling your property."

A Kirchner - 65-85 Sherwell Rd, Dulong.



VERIFIED BY RATEMYAGENT

PROFESSIONALISM, INTEGRITY & CARE

"Having looked for our 'forever home' for more than 2 years, my husband & I have had a great deal of recent experience communicating with real estate agents and agencies throughout the Sunshine Coast. We are delighted to confirm that not only did we find our dream property, but the professionalism & genuine care shown to us was second to none. If you wish to list your home or buy, and it is important to you to work with someone who is entirely honest, ethical, caring and fair, then call Roger Loughnan & his team."

D Latino - 164 Curramore Rd, Witta.



VERIFIED BY RATEMYAGENT

HIGHLY RECOMMEND

"I'd highly recommend Monica. My experience with everyone at this real estate has been lovely. They are professional, ethical and go the extra mile."

C Johnston - 5 Boongala Ave, Montville.



VERIFIED BY RATEMYAGENT

EXPERIENCE MATTERS

"I have been working as a financial planner specialising in residential real estate for the past 30 years & have dealt with 100's of agents so it is always a pleasure to meet & deal with someone who is both experienced and professionally ethical. Roger is both so our transaction went both quickly and smoothly with both buyer & seller satisfied."



VERIFIED BY RATEMYAGENT

Roger Loughnan Real Estate - The quiet achievers around the Hinterland for getting great results. We are now looking for new listings to replace the ones we have sold and look forward to hearing from you. For our past sales and more happy clients visit: www.rogerloughnanrealestate.com.au



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Historical Snapshot

63 years on, hopes are high to reimagine the old Vogue Theatre

THEATRE patrons were excited when Nambour's new modern Vogue Theatre opened on Wednesday February 15, 1958. Its spaciousness, the comfortable seating, carpets, snack bar and a soundproof viewing room for mothers with their crying babies were all welcome innovations. Fast forward to today and The Presynct, a licenced entertainment venue, is preparing to bring life again to the old Vogue 63 years after its first grand opening in the old Vogue building.

— thanks to Nambour Museum Research Officer Barbara Want.

Pictured left: Mick Venardos, Bill Venardos and Jack Comino with Colin Peterson who played Smiley in the Australian movie and was a special guest when the movie screened at the Vogue Theatre. Above: The Vogue later became Dimmeys. Today it is hoped it will rise again as The Presynct live music venue.



Woombye Cemetery. Council is investigating natural burial sites within existing cemeteries.

Lively interest in future of funerals as council investigates eco-burials

THE future of funerals is in the spotlight following community feedback showing increased interest in more eco-friendly after-death experiences.

Council is investigating natural burial sites within existing cemeteries.

Natural burial is an environmentally sensitive option that an increasing number of people are choosing for their resting place or for that of a lost loved one.

The general principle of a natural burial is to be in a bushland area, or an area being regenerated through native planting, and for no toxic materials to be used for the coffin or other materials being interred. Often a communal memorial is placed adjacent to the natural burial area to provide an opportunity for loved ones to memorialise an individual.

Service Excellence Portfolio Councillor Winston Johnston said planning included identifying a suitable area within the current

cemetery network which aligns with the natural burial ethos and included space for a communal memorial.

"We are also liaising with local funeral directors, as they will play an integral role in ensuring the natural burial offering meets the community's needs," Cr Johnston said.

"Plans are progressing well, and we anticipate that natural burial will be available by the end of the year."

Cr Johnston said work was underway to restore the shelter at Woombye cemetery.

Council is also working to better understand and plan for the needs of our growing population and emerging faiths in the region and what end-of-life desires need to be considered. It is already possible for sustainable, non-toxic coffins to be used in Sunshine Coast cemeteries.

• For more information visit <https://www.sunshinecoast.qld.gov.au/Living-and-Community/Community-Facilities/Cemeteries>

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Overlock King has leftover carpet ideas all stitched up

FOR 40 years, Glenn Whitmarsh AKA the 'Carpet Overlock King' has been working in his trade and has applied an "old school" skill to a variety of modern day applications.

"When I first started 40 years ago, we were using overlocking equipment from the 1940s to sew huge strips of carpet together, like wallpaper," Glenn explained.

"That was when I learned how to stitch carpet and I saw a very good opportunity to offer the service I do now, to customers," he said.

"I bought my own overlocking machine and I haven't looked back."

Initially, Glenn overlocked carpet strips to make nice neat mats, and he sold them at the markets.

From there, his business progressed to retail shops and private work and now he exclusively does work for retail customers.

"I find that when people have new carpet laid, they often have scraps of carpet leftover and it is great to have those spare pieces converted into mats that can be used to protect the new carpet, in high traffic areas of the home.

"It's an excellent way to recycle what would otherwise be a waste product," Glenn said.

Over the years, Glenn has expanded his offering and can overlock carpet pieces to make custom mats for vintage cars, boats, helicopters and aeroplanes. "I think one of the best things about what I do is that I never know what I will be doing next!" Glenn said.

• Carpet Overlock King 12a Bury St, Nambour. Phone 0403 729 460. Email overlocking@gmail.com



Trades Profile

Overlock King Glenn Whitmarsh says leftover carpet is great to convert into mats and protect new carpet, in high traffic areas.

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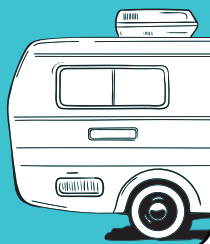
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On the Coast everyone belongs

David Law

Division 10 Councillor
david.law@sunshinecoast.qld.gov.au



How incredible would it be if every single person in our Division and across the Sunshine Coast felt like they truly belonged in their community? You're invited to join in on Harmony Week celebrations this year, from 15-21 March. Dance, food, culture, topical screenings, a multicultural morning tea plus a movie and photo exhibition are just some of the diverse offerings people can celebrate and join in on the festivities. People are encouraged to wear orange and come along and try yoga, tai chi and circuit training as part of our Healthy Sunshine Coast program at the Maroochy Bushland Botanic Gardens on Saturday 20 March. There's lots happening in Nambour including a Harmony Day Yarn at Nambour Community Centre on 21 March, 10am-noon, and an Arts and Culture Federation event at Nambour Town Square on the same day from 10am-2pm.

New healthy activities

Good news for fitness fans, Council's Healthy Sunshine Coast program has added more classes in Nambour to their line-up. On Tuesdays at the Old School House in Nambour Showgrounds a Mums and Bubs post-natal fitness class will be held from 9.15-10.15am for \$5. A group fitness class for over-45s will also be held at the Nambour Showgrounds from 10.45-11.30am for \$5 per class. To view the full range of free and low cost activities on offer, please visit www.sunshinecoast.qld.gov.au/healthysunshinecoast

The Great Wall, Nambour

I've been asked lately about what's happening to the community driven artwork, The Great Wall, which was installed in 2007.

After many years it has provided a colourful interjection into the location on Howard Street.

It has undergone several repairs and rectification of impacts of graffiti over the last 14 years and the work has reached its life span.

After consultation with stakeholders and a recent audit, council is following recommendations and will be decommissioning the work during March and April. The wall to be returned to its original state in partnership with Savills.

If you have any questions please contact me at email: david.law@sunshinecoast.qld.gov.au.

Half price flights tourism bonanza

Ted O'Brien

Federal Member for Fairfax
ted.obrien.mp@aph.gov.au



The Federal Government's recently-launched \$1.2 billion tourism rescue plan will bring enormous benefits to communities across the Sunny Coast. As many as 800,000 half price flights are expected to be taken, with many of those visitors heading here. These arrivals from Sydney, Melbourne and Adelaide will pump valuable dollars into our local economy as we bounce back from COVID. This is also a chance for inland towns to showcase what makes them great places to live and visit. The Sunshine Coast hinterland is filled with marvellous and spectacular attractions and any visitor who doesn't make the effort to explore this area will really be missing out.

Get on Board

Fast rail has the potential to transform the Sunshine Coast, providing a reliable and stress-free way to travel to Brisbane; for work, to see friends, take in show or attend a sporting event and so much more.

That's why I launched my rail 'unity ticket'.

I'm calling on all the residents of Nambour and surrounds to join with me, and my State and Local Government counterparts, as well as the business community, to be a part of this movement. I'll soon be visiting local shopping centres and walking the beat around town to spread the word on my plans for duplication - i.e. two tracks - between Beerburum and Nambour, designed to accommodate fast rail in the future. You can register your support by going to fastrail.com.au

Nambour Heritage Tram

Finally, excitement is building as we count down to the official opening of the Nambour Heritage Tram Depot and Information Centre. This project has been a long time in the works and is a huge milestone for the Reimagine Nambour project. I look forward to soon climbing on board this moving piece of street theatre and taking in the sights of Nambour.

As always, please contact my office if we can assist you with any Federal issues, concerns or enquiries or email ted.obrien.mp@aph.gov.au.

Multi-million dollar road boost for Div 5

Winston Johnston

Division 5 Councillor
Division5@sunshinecoast.qld.gov.au



As many of you are aware, I am passionate about improving our roads and I am pleased to announce Division 5 will benefit in more than \$3.5 million of road upgrades.

Works are scheduled to begin this year, thanks to funding from council and the Australian Government's Local Roads and Community Infrastructure (LRCl) program.

Projects will include improvements to Hodgens Road at Bald Knob, King Road at Mooloolah Valley, Mountain View Road at Maleny and Citrus Road at Eudlo.

I'll keep you updated as these works progress and will continue to be an advocate for improving roads in our local area.

Bat Night returns

Don't miss the 7th Annual Australasian Bat Night at Maleny Showgrounds on Saturday 17 April. Join Frankie the flying fox and learn about all the amazing things she and our other Little Aussie BAT-tlers do to keep our environment healthy.

See native animals up close, go on a guided roost tour, watch the outdoor movie plus lots more. Kids can even dress up. Bookings are essential and spaces are limited for this family friendly event, so I encourage you to secure your spot as soon as possible. Bookings can be made by visiting council's what's on calendar www.sunshinecoast.qld.gov.au.

Meet and greet

On Wednesday 24 March between 8am and 10am I'll be at Martin Rungert Park in Mooloolah (near the pedestrian crossing). You are invited to come along and meet with me in this informal setting. I'm happy to discuss any local government issues you may have. To assist with COVID-19 regulations, it would be most appreciated if you could please let my office know if you will be dropping by. Email division5@sunshinecoast.qld.gov.au or call Lesleigh on 5441 8043.

Keeping you connected

Please do keep an eye on my Facebook page for the latest Division 5 news and information. Visit www.facebook.com/winstonjohnstondivision5scc.

Free tickets for the event of the year

Andrew Powell

State Member for Glass House
glass.house@parliament.qld.gov.au



Everybody knows that Mooloolah State School's annual trivia night is the hottest event of the year, and this year I'm giving away six tickets at my table. If you want to win, all you need to do is find the trivia night post on my Facebook page and comment your most creative trivia team name! Not to worry if you don't have enough for a team of six, last year's table was formed from a number of different winners.

It's the final straw for plastics!

Queensland Parliament has voted to ban even more single use plastics after the plastic bag ban was introduced in 2018. Plastic straws, stirrers, plates and cutlery will all be things of the past come September this year, and it is my hope that over the coming years we will find less plastic as we travel around our roads, waterways and National Parks.

Plastic straws will still be available for people with disabilities who genuinely need them, but for the rest of us, it's time to invest in a reusable straw! The bill seeks to achieve a whopping 20% reduction in plastic pollution resulting from single-use plastic by 2023. Let's face it - the world didn't end when we phased out single-use plastic bags and it is not going to end in doing this. In fact, we are making the world a better place and I was really pleased to support the legislation.

International Women's Day

Last week saw a celebration of women all over the country. I'm lucky enough to work with a lot of amazing women on a day-to-day basis in Parliament, in the community and in my office. What's more, I have an incredible wife. For our three daughters, I want to know that when they grow up, they can do whatever they want to. The future generation should know that a woman's place is wherever she wants to be! A woman's place can be in the House - in Parliament House - in the Senate and in the Chamber, so let's encourage young women all across the country to get more politically involved.

International Women's Day

Rob Skelton

State Member for Nicklin
nicklin@parliament.qld.gov.au



I had a wonderful time last week at the Nambour RSL for International Women's Day. I invited all the local primary and secondary female school leaders and parents to attend a morning tea to congratulate them on taking leadership roles.

Each school group had an opportunity to address the crowd and speak on what leadership means to them.

As a member of the Palaszczuk Government, I am committed to making sure that we have equal representation in government, and I am proud to see these amazing young women grow and take up these roles in our community.

Artisan Liquor Bill

This week in parliament, we passed a few pieces of legislation that will have positive impacts locally.

The Liquor (Artisan Liquor) Amendment Bill will create a specific license for artisan distillers and craft brewers, allowing them to get their products out in the market that much easier.

The new license removes the limit on how much of their own product they can sell at their own premises, gives an option to be able to showcase their products at promotional events, sell their product as takeaway and online, and apply for permits to sell at public events. With so many craft brewers and artisan distillers in Nicklin, this will be a huge boost to our local economy.

Waste Reduction Bill

The Palaszczuk government has added to the success of its single-use plastic bag ban and the container refund scheme and has also banned single-use plastic (SUP) & polystyrene straws, stirrers, plates, and cutlery.

The ban comes after thorough community consultations last year showing of the nearly 20,000 submissions received, a huge 94% were in favour of banning SUP straws, stirrers, plates, and cutlery. Less plastic waste means less litter in our amazing natural environment and less garbage going into landfill, while also providing an opportunity for local producers of alternative products.



Wheel of Fire worth the blooming wait

from **Diane Thomas** on behalf of the Friends of MRBBG. Photo by **Greg Miller Photography**.

STENOCARPUS sinuatus is also called Firewheel Tree for its gorgeous red and orange flowers with yellow tips.

It's the first time flowering at the Maroochy Regional Botanic Bush Gardens and the Friends and volunteers are excited they've been waiting quite a few years to see it but it was well worth the wait in my opinion.

Its a handsome evergreen rainforest tree with not only special flowers but large deep green smooth and shiny leaves which are alternate and leathery with wavy lobed edges.

The tree is narrow growing to 20m+ having upright branches taking a few years to start flowering which occurs summer to autumn. The flowers grow straight off mature wood.

This tree is well known as a specimen tree for the garden and grows easily from seed.

When mature this tree has profuse flowers to 10cm, then brown seed capsules up to 8cm long seeds are winged.

Check out the tree it is labelled see its flowers which are decorative umbrellas and look like cartwheels with the spokes.

Come to the carpark just below the A&E Centre next to the first car bay on the right at the Maroochy Regional Botanic Bush Gardens, Palm Creek Road, Tanawha.

• Friends of Maroochy Bushland Botanic Gardens. www.friendsofmaroochybotanicgardens.org.au. email friendsofMRRBBG@gmail.com.

More profit, with less work

Business Ideas

by Peter Gamgee



Booming and busting. How do you cope with the boom for those businesses lucky enough to see an upsurge in sales and turnover? In any "boom" time it is always wise to understand how you can make the most of the ride - and that does not mean just working harder to keep up. That is a recipe for busting.

Here are a few ideas on how you can keep up with being "busy" without breaking your back. In fact you can even take more time off in busy times if you manage it well. You can also realise a higher value of your business if you decide to sell or seek investment.

More or less staff? You may think that more work means more staff if the business grows. More staff may be the answer if you can get the right ones, and they have a career or succession path in your business. What also comes with more staff are the challenges of the overheads, the need to accrue liabilities for Sick, Maternity and Long Service Leave, not to mention increasing superannuation contribution. More staff will definitely be a way to help the business grow for some business owners - but not all. Before making an assumption about staff - check out the other ideas in this article.

Systemisation. If all of your processes from the generation of leads (marketing & advertising), through sales and follow up service are systemised you can improve many aspects. First you will need fewer people directly employed, second you will have a powerful means of measuring and improving your business, third you will increase the sale value of your business, and open it up to other expansion options of "Duplication" noted below.

Value. Understand the value of what you offer and work on that. Simply changing to only support those products that give you the best return means you may be able to expand revenue and profit without expanding sales and support effort. Analyse your business to know what margins you make on each of your products or services. Dispense with those that make you little money - unless they are clearly "lead magnets" for what you do sell at good margins (your niche). Secondly understand this niche and increase the client perceived value of what you have to offer. Now you can increase price and hence profit. This is all about selling less, being less busy, but being able to command higher margins that customers are happy to pay for your niche products or services.

Duplicate the model. I would recommend address systemisation first. After that consider duplicating your success in one channel/location/demographic/online presence. First analyse what makes it busy and successful and make sure you preserve that in the duplication. The duplication could be a physical presence, use of another selling channel, a licence or joint venture agreement with another non competing business owner, or another channel to market through the media.

Reduce trading hours. This needs to be treated with some caution - but it is quite feasible for some. When demand outstrips supply, those on the supply side can be more selective as to when and where they are open. If it is a physical presence - what hours make you the most profit? If you are an online business - the same applies - what hours and what channels get you the best customers? Tune the opening hours to suit. The pop-up coffee vans are a typical example - around in the morning for all the 'tradies' to drive in and get their morning coffee. By midday the owners are out surfing!



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\$6,299
RRP \$6,599

RZTS42
FABRICATED DECK
\$6,799
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ULTIMA ZT1 46 ZERO TURN
3 YEAR DOMESTIC WARRANTY
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