SUNSHINE VALLEY CONTROLLEY CONTRO

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Palmwoods unites: local businesses rally behind Walk for Daniel

by Cameron Outridge

IN a generous display of community support, Palmwoods businesses are stepping up to support the Daniel Morcombe Foundation's annual Walk for Daniel. The event launches the Foundation's Day for Daniel, Australia's largest child safety education and awareness day.

Since 2004, the Daniel Morcombe Foundation has gathered with the Sunshine Coast community to walk for Daniel, from Suncoast Christian College in Woombye to Briggs Park in Palmwoods. The 4kms represents the route Daniel was unable to complete himself.

Daniel Morcombe Foundation Community Engagement Officer Susan Lyle said businesses had already jumped on board.

"This year McCormick Foods Australia/ Gourmet Garden will be supporting Walk for Daniel by providing a sausage sizzle at the finish in Briggs Park," she said.

"Plus, they are purchasing all their requirements locally from Palmwoods Butchery, Palmwoods Bakery and Brady's Fruit & Veg. Juliette Watson from Gourmet Garden has been there for 15 years and is championing our cause within the organisation. She is a total gem. They have an excellent staff engagement program have

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Feedback flows in on CBD plan

by **Janine Hill**

FEEDBACK is flowing in to the Sunshine Coast Council on its draft concept plans for revitalising Nambour's heart.

Division 10 Cr David Law said 250 survey responses had been received in the fortnight since the Nambour Place Plan had been released for comment.

Cr Law said feedback could be provided online or at the last of five pop-up information sessions which will be held at Nambour Plaza on Thursday 14 September from 9.30am-12.30pm.

"I've been to two out of three pop-ups so far and the interest from the community has been great. I've had some great conversations," he said. "I guess the overall theme coming through is that people are very positive about the concepts, are very positive that work is being planned and developed for Nambour, and they are positive about the pathway connections for people getting around town and more easily across Currie Street, in particular.

"They are the same things that I'm hearing and from some of the conversations with other staff and what they are seeing on the surveys. Overall, the feedback is positive."

Cr Law said improvements to the Howard, Currie and Mill Street crossings would improve connectivity between the east and west sides of town while raised crossings would slow traffic.

"One of the big challenges is to try and piece

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Peter Maguire from We Meat Again Butchers of Distinction, the Foundation's Susan Lyle and Grace

Steps to safety: Palmwoods rallies behind Walk for Daniel

employees on staff that have been there for

Juliette said the company was proud to get behind the worthwhile cause on such a profound and important day.

"After recently reading the book 'Where is Daniel' I felt a connection to the Daniel Morcombe Foundation," she said. "I wanted to become involved somehow, and champion the community spirit at Palmwoods and the amazing work the Daniel Morcombe Foundation does.

Walk for Daniel

- Start 6am Friday, 27 October Suncoast Christian College, Woombye
- Finish 9am Briggs Park, Woombye · Parking at finish (Palmwoods Warriors Football Club)
- Shuttle buses operating from 5.45am · Coffee and food will be available at the walk If you can't make Walk for Daniel, you can



participate in Day for Daniel by registering your workplace, school or early learning centre on the Foundation's website. Create your own unique event such as a child safety activity, raffle or bake sale. Funds raised help the Foundation develop child safety resources to educate children and support young victims of crime. supported by BOQ Maroochydore



White's IGA take out top honour at Training Awards

WHITE'S IGA was named 'Large Employer of the Year' at the 62nd Queensland Training Awards last Saturday night

Owners Michael and Roz White celebrate 30 years as supermarket operators this year. The pair have built the business to six multi-award vinning IGA stores across the Sunshine Coast which employ over 500 staff.

Roz said the award was recognition for the ousiness's focus on training for all staff along with the development of a training platform which currently supports more than 1400 IGA tores. "I know it's a cliché but we really do reat our staff like family. We care for them as people and we want them to embrace our culture," Roz said. "We also understand the impor tance of providing comprehensive training to ensure they know how to safely fulfill their role within the business while also providing extensive opportunities to further their career

This latest award follows years of industry recognition and accolades for the White's which includes the IGA National Store of the Year in 2021 and in July this year White's IGA won two IGA national awards of excellence which included Customer Service and Experience at White's IGA Baringa and Delicatessen of the Year at White IGA Mt Coolum.

White's IGA is now eligible for the national award at the Australian Training Awards in Hobart on Friday 17 November this year.



Eudlo's Long Listen Festival a blend of classics, with a twist

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THE Sunshine Coast's festival calendar is about to grow by one thanks to accomplished Eudlo-based cellist Louise King.

Louise is the artistic director behind the fledgling Long Listen festival, which will be held for the first time from Friday, 29 September, to Monday, 2 October, at the Eudlo

A two-hour opening teaser on the Friday night will launch the boutique festival, which will comprise another five short, punchy events over the following three days.

Louise described the festival as an artist-led, musician-driven boutique festival presenting classics with a twist. Louise, who is originally from the United

Kingdom, has harboured dreams of running a festival since she settled in Eudlo 15 years ago with her Sunshine Coast husband She hopes the festival will not only become a regular event in her adopted home town but

communities and create opportunities for artists in regional areas. "It's something I'd really, really like to see consistently in the community. This is a very

something that can be replicated in other small

different type of experience," Louise said. "It's all about trying to connect artists with other artists that we do have living in our com-

Col & Sandy Pearce

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munity. It's trying to create that opportunity for

creatives to explore and perform which doesn't exist in every community."

A musician and music teacher of international experience, among other things, Louise has drawn on friends and connections to put together the festival program.

The contemporary classical cellist will play with classical guitarist Michael Knopf in Bach for Breakfast from 10-11am on the Saturday, which will be followed by Spin Bird, a halfhour lunchbox listen from noon with Emily Granger on harp and flautist Tim Munro.

The next day will begin with Didge Daddiri a didgeridoo soundbath and art workshop led by Nikita and Caleb Fitzpatrick from 10-11am, and then Mira Chorik and Layla Barnett will run Song Secrets, a songmaking workshop, from 2-3pm. Louise and pianist Therese Milanovic will play classics for kids in the final event, Mad as a Hatter, from 10-10.30am on the

Tickets from \$5-\$65 plus booking fees are available from www.events.humanitix.com/ ong-listen.

▶ Louise has invested her own money to bring first Long Listen this far but is seeking sponsorship and donations. She has a goal of \$50,000 to deliver Long Listen in 2024. For information, email louise@cellodreaming

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Better experience: Measures to improve connectivity, slow **CBD** traffic

From page 1

the town together," he said.

"At the moment, if you're on the western side of town, it's not a very appealing journey on foot or crossing to the other side of town. "By making that a better experience, hope-

fully, more people will want to do it. "I talk to young people and some of the young people are not able to drive.

"They want to come to town to go around all the op shops and want to walk around the town

"If we get more people walking around town, hopefully, they will walk into other businesses on their way.'

Some business operators have been disappointed the concept plans do not provide extra parking or central parking in Currie Street.

Councillor Law said the council had looked at this previously and had found there was adequate supply as long as spaces were turned over, which had been addressed with increased monitoring of time limits.

He said parking had now shown up as a common theme in feedback so far but the surveys would remain open until 22 September and he encouraged people to have

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and the council would be guided by feedback on what the priority should be, he said.

▶ For information on the **Nambour Place** Plan, go to www. haveyoursay.sunqld.gov.au/nambour-place-plan





President sees promise in draft Nambour Plan

THE Nambour Place Plan has been described as a good starting point by the president of the local chamber of commerce.

Nambour Chamber of Commerce President Mark Bray said the draft concept plans released by the Sunshine Coast Council last month were a step towards a better future for Nambour.

The plans for Currie Street, Mill Street, Bury Street, Ann Street and Howard Street involve tree planting,

wider footpaths, increased seating, and the installation of some art and water features.

The plans show Bury Street between Mill Street and Currie Street one-way and a shared zone for vehicles and pedestrians, a raised signalised crossing will be on Currie Street north of Mill Street, and the three crossing points at the Low and Ann Street junction rolled into

Mr Bray said Nam-

bour was a town split

by a busy four-lane

road and creating a

of confusion at the

the town centre is.

There's probably a

Coles but there's a

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down Currie, Low, Howard and Ann Streets,"

He acknowledged it was difficult for the council to do more when Currie Street was a main road controlled by the Transport and Main Roads department. "I'm positive about what the council is pro-

posing with Currie Street, but how to somehow divert heavy traffic or reduce the speed in Currie Street to try and calm the traffic that drives through there would be helpful. "I think the council are mostly trying to do the best they can."

Mr Bray was not rattled that the concept plans do not incorporate any additional parking in town, despite calls by some business operators for improved parking. "Some people have a view that carparking

is hard to find in Nambour but not everybody shares that view," he said. He urged business operators and residents to look at the concept drawings and provide feedback to the council, which intends to finalise

the plans around May and start initial work in late 2024.

Aerial view of proposed Howard Street/Ann

"It's a start. Some people may have missed the opportunity to put something in because they are not in the space to get heard but I think that people need to take the time to have their way because I think the way to get the best outcome is to get as many people as possible to give their views."

Support for Plan from Real Estate sector

"A revitalized Nambour would see increased economic opportunities, a more vibrant cultural scene and an enhanced sense of community pride." - RE/MAX Director

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Council replies to Nambour CBD parking concerns

criticism from the Sunshine Valley Gazette and some businesspeople about its draft designs for Nambour CBD. The Gazette last edition criticised the Nambour Place Plan for not placing enough emphasis on parking.

But a Sunshine Coast Council spokesperson said the Plan drew on years of feedback and previous work and that the views of businesspeople had been taken into consideration.

The Plan aimed to inform the community of the draft concept design and seek their feedback in order for Council and the community to develop a shared outcome, a spokesperson said.

Following community feedback this month, the draft plan will be revised and adjusted to determine the final design.

"Key stakeholders, businesses, residents, Frist Nations and community groups will then have an opportunity to provide further feedback before the plan is confirmed," Council

"The Place Plan builds on the various planning documents that have been developed over the past 10 years. These include the Nambour Activation Plan, and the Nambour Economic Transition Strategy produced by Reimagine

"During the early planning phase, Council invited feedback from representative residents, community groups, businesses, the local First Nations community and key stakeholders to inform the development of the Draft Nambour (Namba) Place Plan

"Council's aim is to ensure all previous engagement and work achieved is acknowledged and honoured in this next phase of engagement while also seeking input from new families and people moving to Nambour.

"This phase of engagement has re-introduced the project, and the draft plans, to allow the broader community to shape their town

Convenient street parking 'should be the main priority

The Gazette said convenient street parking should be the main priority if Council wanted Looking across Mill Street to the Club Hotel.

to attract shoppers into town and encourage the type of small business that give a town like Nambour its charm and character.

"To encourage character-filled, independent small businesses that make traditional towns like Nambour inviting and charming, Council must make parking a priority," said editor Cameron Outridge.

Council said it had received feedback from community stakeholders that some removal of on-street car parks would go a long way to improve the look, feel and function of the main streets and provided economic benefits

"The draft plan also provides better pathway connections to the existing off street parking lots in the centre of town, making them more accessible and convenient to use," Council

"Due to the project being in the early planning stage, parking management will be considered in the next round of community engagement as the design is refined. This is a great opportunity for our community to share their feedback and concerns around parking with the project team and discuss alternative

"Council is also working with Queensland Government through the Department of Transport and Main Roads regarding the future of the centre's traffic network and getting the balance right between promoting walkability and pedestrian safety along the main street while still maintaining traffic flow."

▶ To have your say and to see a list of past engagement on the Draft Nambour Place Plan go to www.haveyoursay.sunshinecoast.qld.gov. au/nambour-place-plan/engagement.

Safety review under way at hinterland swimming spot

to improve the safety of visitors to a popular but unpredictable hinterland destination.

Sunshine Coast Council is calling on the community to share their ideas on ways to improve signage at Gardners Falls, in Maleny, to help encourage safe behaviours.

Visitors can walk along section of the Obi Obi Creek to a series of small waterfalls and a swimming hole. The goal is for visitors

to better understand the risks at this location and be informed on how to manage their own safety.

The draft signage aims to prompt thinking about the risks of visiting this area and include calls to secure valuables, keep a constant eye on children and consider swimming ability and unseen, submerged objects.

There are also two 'must-have' warning

The location of the signage is also up for discussion. Local Division 5 Councillor Winston Johnston said Gardners Falls was a very popular

swimming hole that attracted thousands of people each year. "Council doesn't actively encourage swim-

ming at the falls," Cr Johnston said.

"Swimming in a natural water body is always risky activity with variable water conditions and a range of unknowns.

"Unfortunately, there have been fatalities and injuries due to this."

Cr Johnston said council was trying to get the balance right between helping people manage their own safety in this location and preserving the beauty visitors enjoyed.

"We've put forward some new signage ideas as a starting point for discussion to better com-

anquil but Treacherous: Gardners Falls, a popular hinterland attraction. is under safety scrutiny.

municate the risks of visiting and swimming at

Other safety work underway

A landscape management plan for Gardners Falls guides Council's actions to improve safety It includes:

• new signage (underway)

• planning and design of road and traffic up

grades (2024/25) · a crossing to the Maleny Community Pre-

cinct trail (2024/25) · minor amenity upgrades.

Council is working closely with local emergency services to identify access improvements during an emergency.

Have your say

Share your ideas on the draft signage before 5pm Friday October 13, 2023 at haveyoursay. sunshinecoast.qld.gov.au or at a drop-in ession at the Maleny Library, 5 Coral Street, Maleny, on Monday September 25, 2023 from

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Nambour's baby miracle

Fetal heart ultrasound saves Matilda before birth

HUNDREDS of unborn babies with life-threatening heart conditions like Nambour's Matilda Guy are being given a chance of survival thanks to a specialist cardiology team at the Mater Centre for Maternal Fetal Medicine.

Matilda, who was born at Mater Mothers' Hospital in January, was just 10 days old when she underwent open heart surgery – after a fetal heart ultrasound had identified she had a congenital heart defect that would have been fatal if left untreated.

Sunshine Coast parents Danielle Colburn, 28, and Jonty Guy, 29, said their daughter was a "miracle" and thanked the team at Mater for

"Matilda is here today and thriving because the team at Mater did their very best for her heart before she was even born," Ms Colburn

Ms Colburn, who has an older son Parker, 3, said a 20-week pregnancy scan at MFM $\,$ identified Matilda had a congenital heart defect (CHD) called Transposition of the Great Arteries (TGA) – a serious heart problem in which the two main arteries leaving the heart are reversed.

"Matilda's arteries were in the wrong place and that reduced the amount of oxygen-rich blood to her body," Ms Colburn said.

"We were in absolute shock when we found out Matilda could die if her heart defect was left untreated."

Ms Colburn, who works as a radiology nurse, said it was during a 12-week pregnancy at another hospital that doctors found the nuchal fold in the back of Matilda's neck was "bigger than normal" - indicating possible chromosome or cardiac issues.

"Fortunately, the team at Mater gave us hope. We were reassured there was something surgeons could do to fix it," she said.

MFM Sonographer Alison Lee-Tannock, who has worked at Mater for 25 years and has a PhD in fetal and paediatric echocardiography said Mater Mothers' is Australia's leading centre for fetal echocardiography. The team performs 300 fetal echocardiograms each year.

"Patients usually have two to three echoes if their baby has a cardiac anomaly in their

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pregnancy," Dr Lee-Tannock said.

"Our knowledge, the equipment and the service demands have increased over these years," Dr Lee-Tannock said.

Dr Lee-Tannock said the advantages of diagnosing cardiac anomalies, particularly complex ones, include enabling families to better prepare for caring for their baby after birth, birthing in a hospital that offers neonatal intensive care and paediatric cardiac surgery and, in some cases, preparing for palliative

"Patients are referred for fetal echocardiography for specific reasons. These include being at a high risk of having a baby with CHD, or having an obstetric scan which suspects a cardiac anomaly, or one is found during routine imaging," she said.

"They are also referred for fetal echo if another anomaly is diagnosed which has associations with CHDs, including a diaphragmatic hernia and chromosome anomaly.

"MFM cannot diagnose and counsel parents who have babies with CHD unless they are suspected at routine screening and referred to the service. Consequently, providing education to the sonography community is important in order to increase antenatal detection rates.

"In some cardiac conditions the baby's chance of survival is much lower if the cardiac anomaly is not diagnosed antenatally and the baby does not deliver at a tertiary centre which offers neonatal intensive care and paediatric cardiac surgery."

Dr Lee-Tannock said the team of specialised staff allow for holistic patient care and includes a paediatric cardiologist, MFM sonographer, cardiac nurse, MFM consultant, Neonatologist and MFM midwife.

"We primarily assess structural congenital cardiac anomalies, just like Matilda's, as well as rhythm anomalies," she said.

"We have diagnosed additional anomalies in several cases of women who were diagnosed with or suspected of having babies with car-

"An integrated team approach provides the best patient outcomes. No other centre in Australia provides such an integrated service."

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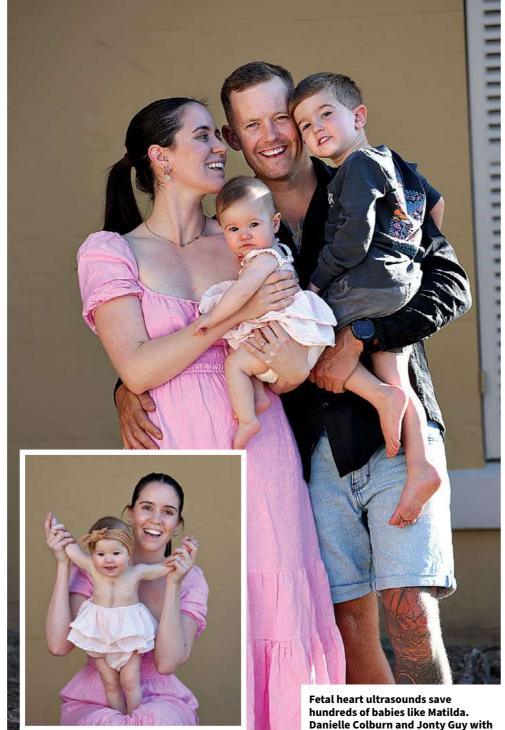
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We reserve the right to correct any printing errors and omissions.



Ursula Wolsoncroft of The Little Glass House: weaving together history, artistry, and a passion for beads in her latest exhibition 'Make beads not war'

trade commodities,

From trade to treasure: Bead history comes alive at Old Ambo

URSULA Wolsoncroft, the force behind Nambour bead studio, The Little Glass House, is gearing up for a special showcase. On September 16, her inaugural joint exhibition titled "Make Beads Not War"

will open its doors at Ursula said the role

their significance is of beads in human history was both fascinating and vast,

spanning a remarkable 40,000 years. "From tribal charms to trade commodities, their significance is undeniably rich," she said.

"This exhibition weaves a tale from 17 Australian bead artists, seamlessly blending education, history, and creative expression. It's a collection of bespoke, handmade, artisan beads from 17 Australian

"It's a combination of education, history and creative expression."

established glass bead makers, the exhibition will showcase the processes of making beads using a flame, specialist tools and tech

Other mate-'From tribal charms to

rials also include ceramic, porcelain, polymer clay and wooden beads made by established artisans.

There will be an opportunity to purchase one-of-a-kind pieces of beaded jewellery. Running alongside the exhibition

are up-cycling and mindfulness workshops. "We explore the concept of calming the mind through crafts practices that are centuries old, making peace within and amongst us," said Ursula.

www.thelittleglasshouse.com.au www.facebook.com/thelittleglass-

New market takes shape at Mapleton

THE Mapleton Country Market invites locals to ioin them on Saturday September 23 from 8am to 12pm at the Mapleton School Carpark at 24 Flaxton Drive Mapleton with onsite parking

The school motto Top of the Range" well describes its beautiful ocation with the early settlers and pioneering families setting themselves the task of providing schooling for their children.

In the early part of 1899 the Mapleton School Committee wrote to the Department of Public Instruction to investigate whether a school for Mapleton could be approved.

1896 had been called to elect a Building Committee for promoting the establishment of a provisional school.

The early settlers had taken matters into their own hands (after numerous correspondences with the Department) and had at their own cost built the building over a two year period and provided the furniture without any assistance from the government.

Inspector Macgroarty had a few concerns but he conducted his inspection of the newly built School building and met with the children registered (to see if the numbers were not fabricated).

The Dulong Provisional School had been built in 1895 on Phillip's Road and the Department had regulations that new provisional schools



The Mapleton Country Market is operating now under the auspices of MADCA. Organisers, A public meeting in June from left, Paula Wright, Ian Stannard, Donna Klease, are grateful to Rob Skelton for their

could not be approved if there was an existing school with within four

Inspector Macgroarty had to ride the track himself to see if, as the settlers had advised, it was impossible for the children to travel to Dulong on a daily basis. Thankfully he reported that he recommended approval of the school i.e. without

The historic 1899 first building of the provisional school was also used for public gatherings and social events out of school hours, it marked the beginning of what is now a pleasant rural and park like environment for students and supports our local community. The markets are proudly supported by the Mapleton

(MADCA) a not-for-profit organisation, comprised of local citizens that works with residents, community groups and local government to preserve its heritage and outstanding natural environment, and promote our beautiful hinterland village and surrounding districts.

MADCA's Waffle Stall

MADCA also host a Waffle Stall, with delicious homemade waffles including a gluten-free option. MADCA president, Max Standage, has fostered the Waffle project, whereby profits from the MADCA waffle stall will fund a small grant program for local community pro-

Age is just a number:

71-year-old's inspiring journey to the boxing ring

by Janine Hill

NEVER give up on your dreams, Charlie Watere tells the boxers at OneHeart boxing gym, because they might just come true. And that looks like happening for one of his special

At 71, Lyn Mills, of Nambour, is preparing for her first competitive fight.

Lyn has been training at One Heart for almost four years but a dearth of female boxers in her age group means she has never been able to get a competition fight.

When Charlie saw a Masters boxing post looking for an opponent for a 62-year-old female boxer to fight against, he put to it Lyn. "Charlie said, 'What do you think?' and I

said, 'It's worth a go'," Lyn said.
"I think they like the idea that I'm an older

female that's in the same situation. "It's a little bit 'oh my God' but it's exciting

at the same time, and I'm excited for the lady I'm up against. This has been her dream to have a fight, too." Lyn will get into the ring for three 90

second rounds at Ferntree Gully on 25 November but there is some work to be done Having eased back on her fitness regime

while helping her husband through illness, she is now on a mission to get match fit and strip 10kg. "Î'm training hard and I need to get a bit of weight off. With everything that's been

happening in our lives, I've put a bit of weight on," she said. "Charlie is training me harder than usual and I'm starting to ramp my running up a bit and doing all the usual things, changing my eating habits, so no more cakes and biscuits



Charlie, front row second from left, and the rest of the OneHeart Boxing crew.



'I'm on the straight and healthy food." A week after downing her last donut, Lyn had peeled off 1.5kg and is enjoying getting fit

Lyn fought an exhibition match at the PanPacific Masters last year but Charlie is schooling her up for her first real, competitive

Palmwoods

"He wants me to punch harder. When I got into the ring, I naturally did it. It's different to being here, raining with teenagers," she said.

'When you get into a ring with someone you don't know, you don't know their technique or style or anything, and I think the excitement of it all - you challenge yourself for something that you don't know. Lyn, who works in the Bloomhill op

shop at Nambour, said the feedback to a previous Gazette story about her journey to the PanPacifics was great. "I had so many older ladies come into the shop and say it inspired them

to get out and not necessarily do boxing but do some sort of activity," she said. "When you get to a certain age, everybody thinks life has passed them by but it hasn't, it's

still there to grab. "It's still there to enjoy and go out and do



The jubilant under 11 team, showcasing thei

Wildcats Shine in Sunshine Coast Soccer Grand Finals

THE Nambour Wildcats Soccer Club showcased exceptional talent in the Sunshine Coast Soccer Grand Finals held on Saturday, 2nd

While the under 12 Tigers did not clinch the trophy, they won the hearts of many. The young team displayed an inspiring mix of team spirit, resilience, and skill. Even in defeat, the Tigers earned the respect of the victorious Caloundra White side.

In a thrilling match-up, the under 11 Panthers went toe-to-toe against the Bli Bli Griffins. It was a suspenseful game that saw the Panthers break the deadlock in the dying minutes, scoring their fourth goal and securing the title of Grand Final Champions



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Inside look at College's world-class new campus

THE school that was founded on reclaimed farming land in 1979 as the Suncoast Christian Academy has come a long way since its early

Its first building was an old pineapple packing shed.

Now Suncoast Christian College has a brand

new, state-of-the-art campus.
Teachers and students from the Woombye school descended into the brand new primary campus at the official first day of use on Monday (4th September).

The new campus offers the most advanced facilities on the Sunshine Coast, replacing classrooms with flexible environments designed to support the school's 'teamteaching' pedagogy and aligning with its move towards a more collaborative style of teaching.

The classrooms offer a range of functional design features, such as bleachers, breakout rooms, curtain and acoustic treatments throughout to facilitate a wide variety of learning modes and allowing teachers to modify and tailor lessons to the abilities and needs of students across varying group sizes. Teachers and teacher's assistants will work

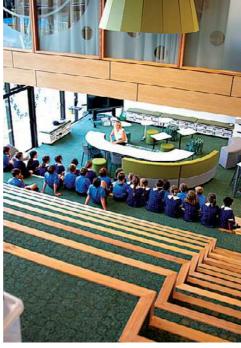
together over two levels with students in groups of five up to 75, in years 1 through 6.

With an approach focused on stage rather than age, the new layout will provide flexible and collaborative environments where the school's team of dedicated Christian teachers will provide the best in contemporary educa-

"It is an exciting time to see years of vision being brought to life in front of us, culminating in a state-of-the-art, intuitively designed building," said Suncoast Christian College Principal, Greg Mattiske.

"Now it is up to our wonderful educators to harness the building's full potential for the benefit of each and every student."





Snakes juniors do Woombye proud in football semi-finals

It is a proud time for Woombye Snakes Football club with every junior team making it to semi-finals played on the weekend.

Photographer Debbie Griffith captured some of the action from Maroochydore.

The Club invites everyone to support their upcoming Matildas and Socceroos in games this weekend.

Check Woombye Snakes Face-



Results: under 13 girls won 2-1; u14 boys won 1-0; u15 boy lost 2-4;





Weekend Today provides national

TV exposure NAMBOUR stars were out in force on Saturday, September 2, as National TV coverage converged on the Council Forecourt in

Currie Street. The exposure came thanks to local businesswoman Rhonda Billett who lined up Weekend Today Show weatherman and former Nambourian Dan Anstey to pay a visit to his old home town.

Joining Dan in the nation-wide coverage were fellow Nambourians: Powderfinger drummer Jon Coghill, Hollywood heavyweight Dan Munday, and local ARIA award winning singer Andrea Kirwin.

The Show continued its broadcast on Fathers Day morning live from brand new showcased local flavours inleuding coffee and cakes from Frankie's Woombye and a delectable assortment from Woombye Cheese

Div 10 Cr David Law and Sunshine Coast Council, I Am Nambour, Nambour Chamber of Commerce & Nambour TramCo also contributed to and help shine a light on Nambour & Hinterland.

"The weekend broadcast has certainly opened some new doors for this region and I am beyond excited to see what will come next for this Gateway to the Sunshine Coast Hinterland region," said Rhonda.

"Getting Dan A, Dan M and Jon home to Nambour for the nation-wide broadcast is something I'm very proud of. I certainly won't forget it in a hurry, the guys won't let me. We were all just so excited on broadcast day.

"The interest in this region since the broadcast is certainly increasing and I'm so pleased to be able to volunteer my time and experience to this, as well as our Nambour Group's community roll out projects.

"That's the thing with National TV exposure, you never know who is watching and I cannot wait to see what crosses my desk next." Winner of an \$8000 Gateway to the Sun-



farmstay Sixty6 Acres at Woombye where Dan From left, joining Rhonda Billett for the nation-wide coverage were 'Nambassadors' Dan Munday, Jon Coghill, Andrea Kirwin and host Dan Anstey.

shine Coast Hinterland prize package was Francesca Musumeci from Cootamundra, NSW,

"When I called Francesca, she was over the moon with her win, she could not believe it and said she could not wait to have her holiday in the Nambour region.

The prize included 5 nights accommodation at Sixty6 Acres Woombye, flights, car hire, family passes to Wildlife HQ, Sunshine Coast Pinball, Majestic Cinemas Nambour, Nambour Aquatic Centre and Water Slides Park, and vouchers from Maiori Pizzaria, \$150, Downtown Burgers, \$100, and Small Change Espresso, \$100.



From left, Sixty6 Acres owner Jo Pitcher, Frankie's Woombye Bec



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CRISPY SKIN BARRA with Mussel Chowder & steamed greens gi

CONFIT APRICOT DUCK MARYLAND with sweet potato, sweetcorn on the cob gf

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with raspberry sorbet & Maleny vanilla bean ice cream LOCAL CHEESE BOARD

with chutnev & a selection of dried & fresh fruit "SUNSHINE & SONS AFFOGATO" gf

LEMON MURTLE PANNACOTTA with fruit & homemade pistachio biscotti

'FLAXTON SPECIALITY' RASPBERRY SOUFFLE with vanilla bean ice cream & raspberry coulis gf (df option available)





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Join the Team:

Wishlist Coffee House needs your help at Nambour Hospital

work of local volunteers, Wishlist Coffee House has raised over \$179,000 to enhance Nambour Hospital over the past three

Now, they need

Wishlist is urgently calling for volunteers to help provide staff. patients and families delicious food and coffee at the busy Wishlist Coffee House, located inside Nambour Hospital.

Proceeds from the café allow Wishlist to fund vital medical

equipment and upgrades to Nambour Hospital such as a \$72,365 Colposcope purchased to help diagnose women's cancers faster and improve wait times, virtual reality tools to distract young patients in emergency and a Point of Care ultrasound.

Operated by manager Wendy Southam and her team of dedicated volunteers, Wishlist Coffee House provides fresh, healthy food and drinks for staff, patients and visitors of Nambour Hospital.

Ms Southam is calling on locals to consider becoming a regular volunteer, not only to make a real difference in the community, but to make new friends and learn new skills.

"Our volunteers enjoy working here, and it's a great way to meet new people, make new connections. have a laugh, and utilise your past experience too," she said.

They are also very proud to give back to their local hospital - they can see the difference they make every



Wishlist Coffee house Nambour volunteers Annette, Cheryl and Aileen.

day they come in."

Ms Southam said experience was not a requirement as training and imparting knowledge was all part of

"We have had many incredible volunteers over the past couple of years, but some do get back into the workforce, take holidays, or in some cases move away, so we need a continuous stream of volunteers to keep

'Our volunteers take part in a range of duties - from preparing food and making coffee to serving customers and cleaning up - we value everything they do for us.

'We work hard and have a lot of fun at the same time."

▶ If you have a few hours to spare, weekly or fortnightly, phone Volunteer Coordinator Mat Walker on 5202 1777, or visit wishlist.org.au and click on the "Become a Volun-

Community-led Maleny skate park makeover: Your input needed

SUNSHINE Coast Council is calling on local skater experiences to help

shape Maleny's skate park renewal. Division 5 Councillor Winston ohnston said the community had been calling for an upgrade for some time and was pleased to see

"Skate parks are an integral part of keeping our community active and connected and these proposed designs offer a high quality and contemporary facility that I hope will become a social hub for our youth and broader community to enjoy," Cr Johnston said.

"Council has been working with the Maleny skating community on a design for the skate park which resulted in a final lavout.

"We are now asking local skaters for fresh input on three design

"The skill level for all three options is suited for an intermediate level, which will create an environment that everyone can enjoy.

"I would encourage any skaters, bladers, scooter and bike riders to please review the designs and have vour say before September 30, by visiting Council's Have Your Say website

"I know it's been a long time coming, so I thank you again for your ongoing patience while we work to deliver a community-led skate park."

Design options

The first design option A is a street-style park designed in response to community input in 2015. There have been minor revisions to the layout based on the prior feedback received.

The second option B is still a street style park but features a 'flow



Sunshine Coast Council is calling on local skaters to help shape Maleny's skate park renewal.

orientated' layout which means it has elements that suit beginner and intermediate riders, but still includes less obvious lines that advanced riders will be able to take advantage

The third option C has a similar layout to option B, but the skill level and trick style will vary. The similarities allow for users and those providing feedback to easily swap the elements between the two options. Both B and C also have more

waiting spaces from which onlookers can watch the action. Council invites you to share your

feedback on the concept designs for the Maleny skate park renewal before September 30, by completing the online survey.

Following feedback, Council will refine the design and confirm the final layout later this year.

Construction on the half pipe is underway and expected to wrap up in October. Construction for the new design is expected to start next financial year 2024-25.

If you want to stay up to date as the project progresses, please visit Council's project page and fill in your details at the end of the page.

Nambour **PCYC** receives

\$2m boost

<u>Investing in Youth:</u>

THE Police Citizens Youth Club at Nambour is in line for an upgrade thanks to a \$2 million funding boost.

The $\S 2$ million is part of \$56 million in funding for infrastructure and program delivery at PCYCs throughout Queensland The announcement of the funding allo-

cation, which was part of the state budget, comes at a time when the Palaszczuk government is under pressure from frustrated Queenslanders to act on youth crime.

A media release from ALP Member for Nicklin Rob Skelton's office said \$50 million would go into construction of new PCYC facilities and upgrades at existing centres and \$6 million towards the delivery of programs such as after dark basketball and boxing in high need areas.

"Part of the investment is aimed at delivering programs that have been proven to work in helping at-risk young people turn away from involvement in the criminal justice system," the statement said.

Mr Skelton said he was delighted to be part of a government delivering important ungrades for the community.

"Our local PCYC Sunshine Coast has been in need of a facelift for some time, with the derelict squash courts out the back requiring a complete teardown, so I'm really looking forward to seeing our community using the new facilities once completed," he said.

The Nambour Police Youth Club, as the PCYC Sunshine Coast was known, opened in 1975 on 5.5 acres and has a gym and is wellequipped for gymnastics.

The once-popular Squash courts have fallen into a state of disrepair but the site has potential for a multi-purpose shed or

Sergeant Mick Hughes, officer-in-charge of the PCYC Sunshine Coast, said the injection of funds was exciting and would continue the legacy the PCYC had created over the last 50 'Kitty' loves

"We look forward to the opportunity to increase delivery of valuable programs to our young people in our local communities," Sgt Hughes said.

Mick Hughes, left, is pleased to receive news

from Rob Skelton of the \$2million funding for

"This funding will be a huge support to us carrying out much needed upgrades and redevelopment works to PCYC Sunshine coast including the introduction and improvement of a dedicated youth space, allowing for increased Drop In and After Dark programs.

"PCYC Sunshine coast is in need of major upgrades and over the coming months we will be working to establish design development and project parameters.

"We look forward to providing the oppor tunity for increased program delivery through these upgrades as well as great safe spaces for the young people of the Nambour community to take part in sport and recreation activities, gain mentoring and access referral services."

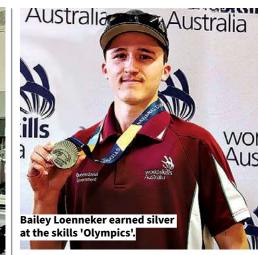
a chat, needs a home

4 Paws Animal Rescue provides refuge for homeless cats and dogs on the Coast. Long-term resident, Kitty, pictured, has been in

the 4 Paws cattery for too long. She was almost adopted, but unfortunately it all fell through. About 9 years old, Kitty loves to have a chat. "She would make an excellent

companion," a 4Paws spokesperson said. "When she sees you, she desperately wants to give you a cuddle, lift her chin so you can tickle it and purr away." She is desexed, vaccinated & microchipped and has recently passed a vet check with flying colours. Info: www. 4pawsanimalrescue.org.au, or email marketing4pawsar@gmail.com or call 0438 346 608.

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TAFE student earns silver at WorldSkills National Champs

TAFE Queensland student Bailey Loenneker, who trains at the Nambour campus, won silver at the recent WorldSkills National Championships. After months of preparation and hard work, Bailey was rewarded for his outstanding efforts at the hotly contested national event dubbed the skills' 'Olympics'.

He was able to apply his excellent faultfinding and building skills by impressing the udges with the storage box he built and which had to be kept cool at a certain temperature.

"As a first-time competitor, I honestly didn't know what to expect except to give it my best shot," he said. "And I have to say, I could not be happier with the results but the highlight for me really was being able to mix and compete with like-minded people – that was definitely a buzz!"

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If you cannot make it to our open day, but would like to take a tour, please call Shorelle on 1800 572 422.

WHEN | THURSDAY 28 SEPTEMBER

TIME | Anytime between

10AM – 12PM

WHERE | Palmwoods Garden Village, 61 Jubilee Drive,

> Palmwoods (meeting point at Clubhouse)

Images are indicative and to be used as a guide only. Information correct as at September 2023 and subject to change without notice



Let's get batty!

Our region. Healthy. Smart. Creative.

Showgrounds on Saturday 14 October. See native animals up close, enjoy a guided roost tour, watch the outdoor movie, listen to local bat experts share their knowledge and lots more. Learn about the amazing things bats do for our environment. Bookings are essential

Book now for a free family-friendly event – the 9th Annual Australasian Bat Night at Maleny

Help be reunited with your lost pet

Animal registration renewals are on the way. Registering your dog or cat helps Council reunite them with you if they get lost and ensures pet-related services are provided where they are needed most. Registration renewals are due to be paid by 30 September. For more information, visit Council's website and search 'registration renewal'.

Apply now: Sunshine Coast University and TAFE graduates!

Get a head start on your career this summer and earn a wage. Apply now for Council's My Summer Workplace internship program. Applications close 24 September. Visit Council's website

One for the calendar: Watch Council's next Ordinary Meeting online or at Sunshine Coast City Hall Chambers – 21 September at 9am.

Museum Mystery Madness time

September is Museum Mystery Madness month at Sunshine Coast Museums. Visit participating museums to enter the Mystery Quiz for your chance to win one of four gift vouchers for back to school or work. Entrants during the school holidays also get an instant lucky dip prize. It's fun for the whole family! Visit heritage.sunshinecoast.qld.gov.au for details Must see: Wild HeART exhibition

Visit the exhibition of Wild HeART finalists and be in awe of the amazing talent of 40 Queensland school students, aged five-18 years. The exhibition runs from 10am - 2pm daily, Saturday 16 September to Sunday 1 October at the Maroochy Regional Bushland Botanic Garden. Visit botanic-garden.sunshinecoast.qld.gov.au for details.

The Coast's most impressive properties unlocked

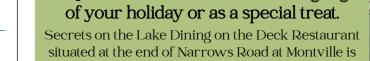
Sunshine Coast Open House is the region's largest public architecture and design festival, offering rare, behind-the-scenes tours, talks and special experiences. Celebrating Sunshine Coast design, 25 of the region's inspiring buildings will be featured on 21 and 22 October. Visit sunshinecoastopenhouse.com.au for details.

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Big Pineapple featured on new \$1 coin collection

NAMBOUR & Woombye's renowned tourist attraction, the Big Pineapple, has secured a shining spot in Australia Post's latest \$1 coin collection. This collection, which is made in partnership with the Royal Australian Mint, showcases some of the country's most cherished 'Big Things'.

Australians' unwavering fascination with the kitschy charm of these giant landmarks remains evident, as about 90% of Aussies have reportedly visited at least one of the approximately 1,000 'Big Things' dispersed nationwide. While several 'Big Things' such as the Big Banana and Big Tassie Devil frequently make the must-visit list, it's an honor for Nambour's prized Pineapple to be immortalized in coin form.

"Our 'Big Things' are colourful, entertaining and truly make their mark in so many local communities across Australia," said Australia Post General Manager Retail Product and Supply Chain Kayla Le Cornu. "We're celebrating some of our most iconic 'Big Things' with this new coin collection, in partnership with the Royal Australian Mint."

Residents of Nambour and fans of the Big Pineapple can now purchase these commem orative coins at participating post offices or online. Individual coins retail at \$3 each, with a full coin set and folder available for \$29. The set features ten different 'Big Things', and notably, one in every ten sets contains a colored Giant Murray Cod coin.

University of Sunshine Coast lecturer and expert on Australia's 'Big Things' Dr Amy Clarke said: "Big Things' can be a one-trick pony if there isn't something else to do onsite. Once you've got a photo, the chances of going back are low, unless there's plenty of additional fun to be had. And while people often associate

Dive into art &

Mapleton

a light box and

frame constitute

the large items,

while an exten-

sive range of full

watercolour and

be available at

bargain prices.

tion of pastels

and ink along

A huge selec-

from Europe and Australia.

pastel papers, will

and part sheets

of top quality

a stretching

woodwork sale at

A 'one only' chance to purchase quality art supplies will take place on the Blackall Range later

this month. A large collection of art supplies

and art books as well as numerous woodwork

books will be on sale at the Mapleton Library and Community Centre on Saturday September

commence at 10am and close at 2pm. Easels,

with oils and gauche will be there for you to

choose from, along with top quality art books.

featuring the works of highly acclaimed artists

The titles include a selection from the life

residents of the Sunshine Coast and subse-

those volumes unable to be included in the

in larger national reference libraries," said

The woodcraft books include many pro-

Library President Nita C Lester.

collections of art books accrued by two former

quently donated to the library. They constitute

library's collection. "Many would only be found

The books encompass art history and books

30. The sale, on the library verandah, will

'Big Things' with the 1980s, when a lot of them were built, we're still building more 'Big Things' today.' Aussies told Australia Post what they'd love to



The Big Pineapple is to be nortalized in coin form.

with some specific requests to consider. including: A big black swan in

- · A big gold nugget or
- pan in Ballarat
- A big surfboard on the Gold Coast · A big quokka on Rottnest Island in Western
- Australia • A big football or a big coffee in Melbourne
- · A big Tassie tiger for Tasmania

So, for those in Nambour, it's not just a coin, it's a token of local pride. Celebrate the town's iconic Big Pineapple and cherish a piece of Australian history

The full Australia Post Aussie 'Big Things' coin collection includes:

• The Big Pineapple (Sunshine Coast, QLD)

Understanding

Frozen

Shoulder

<u>& Treatment</u>

shoulder joint.

Causes, Symptoms,

Wellness with Linda Goggan,

ADHESIVE capsulitis, another

discomfort and stiffness in the

start out mildly before getting

worse. Symptoms normally improve over the course of 1 to

name for frozen shoulder, causes

Typically, signs and symptoms

The shoulder joint is protected

ment and frozen shoulder develops.

by a connective tissue capsule. Healthy con-

When this capsule around the shoulder joint

becomes thicker and tighter it limits move-

nective tissue is smooth, slippery and flexible.

It's unclear why certain people experience

for an extended period of time is more likely to

cause it, such as following surgery or an arm

Freezing - The shoulder hurts with every

motion, and its range of motion is constrained.

This can last for approximately 2 to 9 months.

Frozen - During this phase, pain might

lessen. The shoulder, though, stiffens up. It

12 months is typical for this stage.

FLAXTON based artist Glenis Gray

Although based on "the landscape",

becomes more challenging to use if at all. 4 to

Thawing - The shoulder starts to move more

There are 3 stages of frozen shoulder:

this. However, holding a shoulder immobile

Sacred Body Montville



Australia Post,

- The Big Banana (Coffs Harbour, NSW)
- Giant Koala (Dadswell Bridge, Vic) · Big Tasmanian Devil (Mole Creek, Tas)
- Big Blue Heeler (Muswellbrook, NSW)
- Big Jumping Croc (Wak Wak, NT)
- The Big Lobster (Kingston, SA)
- Giant Ram (Wagin, WA) · Giant Murray Cod (Swan Hill, Vic)
- Big Swoop (Canberra, ACT)

For more information on the Aussie Big Things collectables visit: https://auspost.com. au/shop/collectables/coins-and-banknotes/aus-



BushCare, trees and groundcover

Petrie Creek BushCare News with Norm Morwood

THE photo shows Lise and Cheryl removing weeds from among the smaller plants. A lot of the action we take when restoring to native bush is planting trees. These provide shade that discourages weeds and allows the native undergrowth to become established. However, we also plant many smaller plants in particular situations, an important part of the ecology. We'll be doing more of this on Saturday at Namba Creek. If you'd like to join us in creating and improving native animal habitat, the next opportunities are as follows.

Namba Creek on Saturday 16 September 2023 starting at 7am. (meet in The Model Railway Park off Florence St Nambour)

• Gulung Gung on Wednesday 27 Sept 2023 starting at 7am. (Parking is available in the NE part of Aldi Carpark in Howard St Nambour and then walk down to the creek by following the rough track that skirts the north of the carpark. Alternatively walk across the new park rom Quota Park off Matthew St)

To join in the activities at these events you'll need to come in "long everything" bush protective clothing including boots/shoes and a hat. All tools required will be provided. Then at around 9am we'll finish with a well-deserved

For more info and to check starting time etc of events that may change with the weather, see the FB Page https://www.facebook.com/ PetrieCreekCatchmentCareGroupInc/ and for additional info www.sunshinecoast.qld.gov.au/ bushcare or contact Norm Morwood 0409 63 99 44 or email normmorwood@gmail.com



The free breast screen mobile service is coming

Early detection saves lives: BreastScreen Mobile Service at Nambour Mill Village

HINTERLAND women are encouraged to invest time in their health and book an appointment when the BreastScreen mobile service comes to Nambour Mill Village Shopping Centre this

"It can be hard for women to find time for themselves to have these regular health checks but it's important they do," Breast-Screen Oueensland Medical Director Dr Fiona Jackson, "We are pleased to be able to bring our free service to the community and make it more accessible to busy women."

Queensland women have one in seven chances of being diagnosed with breast cancer by the age of 85. This means that women can't afford to skip breast screens.

"A breast screen takes around 30 minutes, and one every two years could literally save a woman's life and ensure they are there for their family in the future," Dr Jackson said.

"What screening does is bring forward the time at which breast cancer can be diagnosed, so that the cancer can be found when it's small confined to the breast and hasn't spread to the lymph nodes." BreastScreen Queensland offers free breast

cancer screening to women aged 40 and over. Appointments start from 7.45am and doctor's referrals aren't required. Saturday appointments are also available at Nambour Mill. Screening appointments are available at the permanent service at Nambour Hospital.

To make an appointment call 13 20 50 or visit breastscreen.qld.gov.au

Greens candidate launches campaign early



her campaign for Division 5 Sunshine Coast Council in the local government elections due on March 16, 2024.

"I have declared my candidacy six months ahead of the poll because I intend to engage with all communities across the division to gauge their most pressing concerns before polling day, next year," Ms Burton said.

Ms Burton said her policy was underpinned by four main areas: easing the housing crisis, acting on climate change, stopping inappropriate development and improving community engagement (EASI).

Greater access to public transport across the division and elimination of invasive plant and animal species were also on her agenda for early attention.

"Just this week, a new report shows that the greatest threat to biodiversity loss is invasive species, with the loss of mammals in Australia being the highest for any continent in the world. And council can really act in this space to stop the decline."

Ms Burton, 50, is a former high school teacher of 20 years with two children and now

She told supporters at the Maleny Community Centre recently that the Sunshine Coast, along with the rest of the country, was facing a "deeply challenging" future where "a flexible, solution-focused approach to issues is needed

"But we need to be both careful and clever in how we do that," she said. "For example, we desperately need more housing options but at the same time, we cannot sacrifice what remains of the area's natural environment to make way for dwellings.

"By working closely with communities and council, we can identify buildings which can be converted to public housing and land that can be used for quick development of small dwellings. Temporary approval of additional small dwellings on semi-rural and rural land and regulations around short-term stay accommodation are also worth revising."

The Division 5 candidate and her team will hold a series of "pop-up chat sessions" in the coming months. Div 5 is based around Maleny, Conondale, Palmwoods, Montville, Eudlo, Mooloolah and Woombye.



Yarns, threads and traditions. Ladies craft a legacy of care

A group of compassionate ladies, the Yandina Yarners, are weaving threads of love and

The women not only preserve the crafts handed down from their mothers and grandmothers but also knit and crochet knee rugs for oncology patients. Meeting every Thursday at the Ginger

Factory from 9.30am to 11.30am, the ladies transform donated wool into comforting items for those undergoing treatment. "During our gatherings, it's not just about

knitting and crocheting," said spokesperson Heather Peterson. "We're also imparting the rich heritage

of these crafts, skills passed down from our mothers and grandmothers, to the younger generation. For those keen on joining, the group is

always open to adding another chair. "You don't have to be working on a project," Heather said. "Many come just for a yarn and

"We are very grateful to the Management of the Ginger Factory for our warm welcome to this friendly environment."

▶ Anyone seeking further details can reach out to Heather directly on 0411 756 420.

Stormwater upgrade finished at Mooloolah

DIV 5 Cr Winston Johnston is pleased to report that the upgrade of the stormwater channel at Mooloolah Meadows Drive, Mooloolah Valley has been completed.

"The project involved the removal of damaged underground stormwater infrastructure, installation of new underground pipes, headwall, maintenance chamber, scour protection and landscaping works for a better overall stormwater system," he said.

Cr Johnston thanked residents for their patience while works were delivered and hanked the crews involved for their work.

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easily. This phase lasts for 5 to 24 months. ject guides ranging from complete plans for building a complex gazebo to parquetry Exercises that increases range of motion designs and instructions for carving the figures and building a carousel. Head to the country to see exhibition

The Mapleton Library and Community Centre is the home of Mapleton Art, a group of dedicated artists who meet weekly to further their own skills and offer workshops and classes to the broader community. These art and woodwork supplies have been carefully catalogued in preparation for this once only

displays her solo exhibition The View from Here at Art on Yabba fine art gallery in Imbil during October. It will be opened by acclaimed sculptor, mentor and educator Elli Schlunke on Saturday October 7 at Be there for the opening at 10am to take 4pm and all are welcome! Tickets advantage of this exceptional chance to equip are free but for catering purposes, your studio at a cost just a fraction of retail please register via Eventbrite.

Glenis considers there to be a broader definition than the one we normally recognize and so includes the landscape of the human form with all its curves and undulations.

You can find Art on Yabba at 116 Yabba Road, Imbil. It is open also follow the gallery on Facebook. marvvallevartslink.com.au

Injections of numbing agents and corticosteroids are occasionally used as a kind of therapy. Most commonly people seek support from massage and physiotherapy. Remedial massage can offer techniques such as trigger point therapy and your therapist can offer a range of stretches that can be practised

are part of the treatment for frozen shoulder.

As this is an issue in the connective tissue then there are also nutritional factors that can support the health of the tissue. Connective tissue does best when supplemented with Vitamins D, C, calcium, zinc and copper. Some foods that nourish the connective tissue might

include cherries, blackberries, blueberries, acai, red cabbage, onions, apricots, cinnamon, nectarines and raw cacao. ▶ Sacred Body, 4/130 Main St, Montville.

Phone 0422 852 899.

9am-2pm Thursday-Sunday. You can Inquiries 0419 024291 or email info@







Nambour & Hinterland **Business Directory**



Two decades of delicious

Swaggy's Pies celebrates 20 years

A 20th anniversary looms on the calendar for Anthony and Pamela Jeffress but they are more likely to be talking about pie and drink deals

The Jeffresses operate The Swagman's Pie Sensations at Nambour, better known to locals as Swagman's Pies or simply, Swaggy's, which will mark 20 years of operation on 30

Anthony and Pamela opened the business in 2003 with Pamela's parents, Steve and Sheerie Wales, who retired only a few years ago to

Pamela followed her father into the baking trade and said it was hard work but she and Anthony were proud to be running a business

at HB Beauty

FOR over six years HB Beauty has been a

rejuvenating sanctuary dedicated to natural

skincare and beauty treatments in the heart of

Palmwoods. Located at 3/10 Little Main Street.

the salon offers a pampering experience like

"We specialize in natural skin treatments

The salon has its own signature botanical

that not only enhance your skin's radiance

but also nourish it from within," said owner

reflects a commitment

to using only the highest

standard of professional

ingredients, our range is

designed to bring out your

skin's natural beauty," said

Helena. "Our expert ther-

apists can customise the

Beauty beyond skin

ments are their forte, HB

While natural skin treat-

Beauty also offers a range of

other services from advanced treatments such as LED and Skin Needling to precision waxing.

From lash lifts and brow lamination, lash and

brow tinting to massage and blissful facials

perfect facial treatment for

"With a focus on natural

products.

Discover a Haven of

radiance & wellness

that was not only going strong, but getting stronger, after 20 years. "I really love what I do

"I'm used to the mornings. I'm a morning person actually, but some days and weeks, it makes you feel like it's a long time that we've been here," she said.

"But I'm also very pleased that we've been here 20 years.

Helena Bergman: the visionary behind HB Beauty's

natural radiance in Palmwoods

"I know a lot of businesses have struggled and have had to close their doors over the last couple of years and we're lucky to have that customer base and how they've sup-

Anthony said the focus from day one had been on three things: the size of the food, the

He said the greatest compliment they

received was when new customers arrived referred by others, and kept coming back whi in town. "I think the number one thing is that but the days can be really long days. we do take great care to provide a consistent product," he said.

the skilled

technicians

ensure that you leave

the salon

looking and

feeling your

"The salon is designed to provide you with

a serene and tranquil environment where you

can escape from the hustle and bustle of daily

life. Relaxation and rejuvenation are at the

Swaggy's best sellers are its meat, bacon and cheese pies, and chunky steak pies.

The meat, bacon and cheese pie earned Swaggy's a top five place on the Creek to Coast program's national pie review. Piney's Pies put Swaggy's in its top three and it maintains a top 10 spot with Piney's years later.

Anthony and Pamela plan to share the special occasion of Swaggy's 20th anniversary with their customers.

"We're looking at putting on some 'turning back the clock' deals'," Anthony said. Swaggy's Pies is at 26A Arundell Ave, Nambour.



Nambour

A decade of expertise in Reiki healing available at **Woombye Clinic**

WITH more than 10 years experience as a Reiki Master Practitioner, Sofia offers her Reiki treatments with wholehearted dedication and professional conduct to best assist her clients in the improvement of their minds and bodies.

Her professional standards are also imprinted by the 7 years she worked at a National Reiki Membership Organisation.

Reiki treatments are gentle yet profound and can support in managing stress, boosting immune system, recovering from physical, mental and emotional conditions Woombye Chiropractic Clinic | 0499 308 586 | shunyata-essence-healing.com/reiki-2



things cycling. Owner Michael Curry's love for bikes led him to buy the shop three years ago, and now he's Nambour's go-to guy for all

their guaranteed upcycled bikes, Michael's got vou covered. Whether you're a seasoned cyclist or a weekend warrior, Michael says everyone deserves a quality ride without breaking the bank. Call in at Currie Street and explore the world on two wheels with Onya Bike. onyabikenambour.com.au | 16-22 Currie Street, Nambour | 0458 612 173 | enquiries@

Discover the friendliest community in Australia at Maleny Lions Club Meet & Greet

NOW in its 18th year, the Maleny-Blackall Range Lions Club are holding their 2023 Meet & Greet Event on Sunday October 8 (2:30 to 6pm) at Tranquil Park, 483 Mountain View

This popular annual event is being held at Tranquil Park with the most spectacular views over the Glasshouse Mountains. All residents of the Blackall Range, particularly new residents, are welcome to attend.

In addition to a delicious selection of canapes, there will also be a free glass of bubbly on arrival and there will be live music from local musician Henry Catania, raffles, door prizes and auctions, some family friendly events, as well as local produce samplings all in air-conditioned comfort overlooking the most spectacular views in Maleny.

Our local State MP, Andrew Powell will be officiating, and Cr Winston Johnston will give us an insight into life in early Maleny and surrounds. This is not only a great way for you to meet fellow residents of our wonderful Blackall Range community and make new friends, but also get to know some of the notfor-profit, arts & craft, sporting and other local organisations as well as other small businesses who support our community.

The major real estate agents in Maleny and across the Blackall Range will be inviting their new owners to the event, not only to get a taste of what their new community offers, but also how they can get more involved.

Maleny has been voted the friendliest community in Australia for the last 2 years running and this is an opportunity to find out why!

Konstantin Shamray is a professor of piano at the Elder

Conservatorium of Music at the University of Adelaide.

RUSSIAN concert pianist Konstantin Shamray

will return to his favourite Queensland perfor-

mance venue, Lucas Parklands, Montville, for

three concerti performances mid-September.

of his favourite concerti on September 16 and

Konstantin's concert repertoire will be 1.

Rachmaninov 'The Rhapsody on a Theme of

Paganini'; 2. Liszt, 'Totentanz' on which he

will be joined by pianist Daniel Le who will

Daniel Le will be soloist in 3. Gershwin's

ciated artist playing orchestral reduction.

"Konstantin is undisputedly Australia's

highest regarded concert pianist, it's lovely

that he has again found time to visit my home

'Rhapsody in Blue' with Konstantin being asso-

17, in company with pianist Daniel Le.

perform the orchestral reduction.

The Siberian-born pianist will present three

by Richard Bruinsma

Renowned pianist returns to 'favourite'

Lucas Parklands for concert spectacular

A beautiful and very unique glass vase, handmade by local Montville artist Tina Cooper, is also to be auctioned at this wonderful event by a renowned local auctioneer/ raconteur, with

all money raised to be distributed back to the 50 plus organisations supported by the Maleny Blackall Range Lions Club.

So, whether you are new to the area or whether you have been here a while and would simply like the opportunity to enjoy a fun afternoon and meet new friends, while at the same time supporting our local community, we would love for you and your family to attend.

▶ Tickets are only \$25 and are available on trybooking.com/CJXYF (children under 12 are

Parklands, said.

that's very flattering."

and to play for us all. It's simply fantastic," Ian Lucas, of Lucas

here once or twice a year, and

Mr Shamray was born in

Siberia and studied in Moscow

In 2008 he came to Australia

International Piano Competi

as a late entrant to the Sydney

tion, which he won the double

competition Jury 1st place and

People's Choice award, the only

pianist to do ever achieve this.

After commuting between

eventually settled in Australia

professor of piano at the Elder

Mr Shamray has visited the

Moscow and Australia, he

University of Adelaide.

Sunshine Coast on several occasions, and is among clas-

sical musicians from around

the world who have become

personal friends of Ian and his

Skills for life: Mooloolah Valley Men's Shed opens its doors AFTER more than five years of perseverance, the Mooloolah Valley Men's Shed is nearing

'a sanctuary where men

openly, learning from

and knowledge

completion, much to the delight of the community. What started in 2018 as a meeting led by Burnie Verwayan to establish a Men's Shed committee has finally borne fruit. The journey was not without its challenges.

Sanctuary for Skill-Sharing and Support:

Right from the outset, the Mooloolah Lions Club was a stalwart supporter. Michael McMahon, who later became the president of the initiative, tragically passed away during

Shed are building more than a space.

They are crafting bonds, sharing skills,

his tenure without wit nessing this landmark achievement. The project also lost Allan O'Callaghan, who was "He always finds a way to play heavily involved in the association.

The current committee, with members dedicating hundreds, if not thousands, of hours, is seeing the fruits of their labour. "Without the expertise and dedi-

said Colin Roy, the current president. Thanks to a \$250,000

federal grant, the sod

was officially turned in late September, with the internal fit-out set and now has residency. He is a to be the first project undertaken by the Conservatorium of Music at the members themselves The facility will be located behind the Mooloolah Valley Community Centre, covering approximately 400m2. It will offer workstations for woodworking and wife Lee, and enjoy the peaceful bushland surrounds at the Montmetalwork, along with social spaces to

foster fellowship and

"We make them feel welcome," Mr Lucas explained. They are part of our family for the three - and sometimes four - days that they're with us. They join in the family, and by the time they've been here for a day, they're totally relaxed."

The Lucas Parklands concert auditorium, which is nestled among 30 acres of pristine and undisturbed rainforest near Lake Baroon, Montville, is growing a strong reputation for attracting world class artists and programs. The 150-seat hall features soft lighting and large windows that provide a natural backdrop to an intimate and acoustically brilliant perfor mance space.

ville auditorium.

"French concert pianist Pascal Rogé, who played at Lucas Parklands twice 12 and 14 years ago, said he believed, for its size, it is one of the two best performance venues in the world," Mr Lucas said.

"Other performers have commented that they have played in much bigger venues, but they haven't played in more beautiful places." ▶ For tickets and enquiries, please phone 0409 623 228 /07 54785667 Email: lucaspark-

lands@bigpond.com

ical space; it's a crucial step towards addressing social isolation in the community, especially among older men. The benefits of the shed extend beyond hobbyist activities, acting as a sanctuary where men can discuss mental health openly, learning from each other's experiences and knowledge

While the wait has been long, the impact of the Men's Shed promises to be profound and far-reaching. Families across the region can expect to

feel the positive ripple effects in mental and physical health, as can discuss mental health their men find a new haven for camaraderie and skill-sharing.

Publicity Officer Daniel Johns, a each other's experiences recent addition to the committee, expressed his enthusiasm for being part of the initiative.

"I joined because I want to be part of the community and have the opportunity to give back. I love the idea of being able to connect



knowledge to share," he said.

As the Mooloolah Valley Men's Shed moves closer to its completion date in mid-2023, the sense of accomplishment is tangible, but the community knows that the real work has only just begun.

For those interested in getting involved or contributing to the project, please reach out to the MCMS Secretary, Chuck Clutterbuck, at

months of work ahead of us to get the work-

shops for metal and wood up and running,"

said Roy. "We'll be calling on our members

to bring their skills and trades to help get the

bringing more fellowship and friendship to the

This project serves as more than just a phys-

shed fully functioning. Meanwhile, we'll be

focused on signing up more members and

Yandina Country Music

YANDINA welcomes guest artists Dennis and Kathy Sankey to the ACMA concert on Sunday 17th September. Enjoy "Easy Listening", covering Classics from the 60's, 70's and 80's.

You'll also enjoy popular country music and other upbeat, crowd-pleasing favourites from local artists backed by a great house band. See you at the Hall of Fame, 24 Steggalls Road, 12 noon start. Raffle and door prizes, byo lunch, free tea and coffee. Entry \$8.

Enquiries 0437 191004.

Get rolling with Onya Bike: your local cycling experts

From repairs to bike assembly and sales of

AT Onya Bike, they're passionate about all

heart of what we do," Helena said. "Our dedicated professionals are passionate about helping you look and feel your best. With years of experience and a commitment to excellence, we take pride in being your trusted beauty partner. When you step through the door at HB Beauty, you are the centre of our world." hbbeautypalmwoods.com.au | 3/10 Little Main Street Palmwoods | info@ hbbeautypalmwoods.com | 0491 618 866 onvabikenambour.com.au



Kenilworth Show & Rodeo: A cavalcade of thrills awaits

GET set for an exhilarating day at the century-old Kenilworth Show and Rodeo on 16

A cherished part of Kenilworth's rich heritage, this annual spectacle at the Kenilworth Showgrounds celebrates the heart and soul of country life, starting 8am sharp.

Breathtaking vistas of the Mary River provide a picturesque backdrop for thrilling events, including bull rides, bronc rides, and steer wrestling by the National Rodeo Associ-

And yet, the rodeo is only a slice of the excitement. Attendees can anticipate a slew of activities ranging from wood chopping, horse

events, to dog jumping. The community's diverse skills shine through competitions in horticulture, cooking, craft, and sewing.

Ideal for seasoned rodeo fans and newcomers alike, this event encapsulates the spirit of the Australian outback.

Dust off your hats, pull on those cowboy boots, and immerse youself in a timeless

Beyond the adrenaline-packed day, there's an opportunity for a weekend camp-out amidst Queensland's natural splendour.

▶ For more details, visit kenilworthshowgrounds.org.au/show-rodeo. Don't miss out on this iconic experience!



Feste (Martin Harding) and the drunken Sir Toby (Barry Dale) greet the dawn after a night of

Lind Lane's Rad 80s Twist on Twelfth Night

NAMBOUR'S Lind Lane Theatre is pleased to present a fresh look at Shakespeare's lighthearted comedy, Twelfth Night, or What You Will, starting on September 15. Director Joy Hinckley is viewing this 400 year old play through the lens of the 1980s, which makes for costume and musical choices which will surprise and delight the audience.

Shakespeare's dialogue has been updated in places to make it more comprehensible to modern watchers, but the play remains faithful to the author's vision, and is still set in "once upon a time" Illyria.

Twelfth Night has a large cast to play the inhabitants of the two noble houses which feature in the play. One of the more interesting characters is Feste, the jester or fool, who works for Countess Olivia, but moonlights around the town as an entertainer.

Feste is a musician, a melancholic, and a keen observer of human nature who performs for coins and is always ready to indulge in japes, pranks, and tricks.

The Lind's Feste is played by seasoned performer Martin Harding, who may be familiar to audiences through his roles which include DeathTrap, Four Flat Whites in Italy, and Cal-

Although Martin's theatre experience goes back decades to his start in New Zealand, this is his first Shakespearean role, and he's looking forward to "bringing Feste very much alive" on stage for you all.

There will be seven performances of Twelfth Night running from Friday September 15 until Saturday September 23, including two matinee shows. For bookings go to www.lindlane.com. au/whats-on or phone 1300 732 764.

Dive into family history at Genealogy workshop

GENEALOGY Sunshine Coast, Nambour, will be holding a workshop on 23rd September with the morning session on Writing Up Family History Journals and the afternoon session is on using Trove to find more hidden information about your ancestor.

The cost is \$8 per session or \$15 for the whole day. Morning tea will be provided and lunch can be purchased or you may bring your

Please book in by emailing genealogysc@ gmail.com or phoning us on 5329 2315. An Open Day held Saturday August 26 was very successful with many visitors discovering our extensive range of resources and with an

increase in our membership

What's On Day by Day in the Hinterland

Local Events and Entertainment coming up. Preference given to local events of Please check details with organisers. Contact editor@sunshinevalleygazette.com.au.

Every Thursday 8am-2pm: Nambour Town Markets return to Lowe and Short Streets, Nambour, featuring fresh food, handmade wares and vintage bric-a-brac. Contact Wayne on 0409 115

 Every Saturday: Yandina Country Market from 6am to 12pm, North Street, Yandina. • Every Saturday: Kenilworth Country Mar-

kets from 8am to 1:30pm at Kenilworth Town Park, Charles Street. · Every Sunday: Maleny Art, Craft and Col-

lectables Markets 8am to 2pm Maleny RSL. • Second Saturday of the month: Montville Growers & Makers Market, 7am to 12 noon at the Village Hall. Enquires: Liz 0424 042 376 or Visit montvillevillageassociation.org.au.

· Yandina Second Saturday Handmade and Vintage Market from 8-noon every month at the Yandina School of Arts hall. Enquires: Lyn 0407 828 431.

• Third Saturday of the month: Witta Growers Markets, 7.30am-12noon, 50+ stalls, enquiries: wittamarket@gmail.com.

• Fourth Saturday of the month: **Mapleton** Country Markets at Mapleton School.

· Nambour Rummagers Market Every Second Month, Sunday 9am to 1pm at Nambour Tram Co, 28 Mill Sreet, Nambour. Handmade, pre loved and vintage treasures. rummage@NambourTram.com.au

SEPTEMBER:

September 13: Montville Village Association's Monthly General Meeting, 5.30pm for 6pm start. Eric Anderson talks about the history of Russell Family Park. There will also be an update regarding the imminent fire season.

September 13: Springtime Affair - Nursing Through the Ages, an annual event by Maleny Hospital Auxiliary at Maleny Showgrounds. Morning tea, fashion parade, raffles, and more. Tickets \$35. Contact Diana 0407 372 613 or Ingrid 0429 995 323. Proceeds support Maleny Soldiers' Memorial Hospital.

September 14: Women's Adventure Film Tour showcasing inspiring journeys of women in sport. Majestic Cinemas Nambour, 7pm. Details at www.womensadventurefilmtour.com.

September 15-23: Shakespeare's Twelfth **Night** at Lind Lane Theatre. Experience a 1980s twist with lively production design, costumes, and music. Tickets and info at www.lindlane. com.au/whats-on or call 1300 732 764.

September 16: Kenilworth Show & Rodeo. September 16: Festuri Multicultural Festival Cotton Tree Saturday from 10am to 6pm, Cotton Tree Park, The Esplande, Maroochydore. Free family-friendly festival featuring live mylticultural music and dance, international food, and cultural workshops. Register at www.festuri.

September 16, 17: Konstantin Shamray performs Mozart's Concerto 21 and Rachmaninov's Piano Concerto 2. Contact 0409 623 228 or 07 5478 5667 for tickets.

September 16: Join Newlife Church at 4 McKenzie Road, Nambour, for an inspiring afternoon of live music from 2-5pm. Funds support New Hope India Relief. Admission: \$20.

September 22: Sierra Noble (Canada), Andrea Kirwin & Claire Evelynn and the Tuckshop ladies @ Valdora house concert \$40 + bf via fb event peacerunrecords/events

Sep 29: Long Listen Festival Teaser Launch. Dynamic guest artists, conversations, live pot throwing with cello improv. Fri 7-9pm, Eudlo Hall. Tickets via Humanitix.com.

Sep 30: Bach for Breakfast. Cellist Louise King & guitarist Michael Knopf perform Bach. Sat 10-11am, Eudlo Hall. Tickets via Humanitix.

Sep 30: Spin Bird Lunchbox Listen. Engaging harp & flute session with Emily Granger & Tim Munro. Sat 12-12:30pm, Eudlo Hall. Tickets via Humanitix.com

September 30 - October 1: Blackall Range Woodcrafters Guild presents "Wonderful Weekend of Wood" at Montville Sportsground. Hand-crafted timber items, demonstrations, timber slabs, raffle prizes, and more. 9am - 3pm. Contact: secretary@blackallrangewoodies.org.

October 1: Blackall Range Woodcrafters Guild presents "Wonderful Weekend of Wood" (see previous listing).

Oct 1: Didge Daddiri Sound Bath. Immerse in First Nations culture with didgeridoo & art. Sun 10-11am, Eudlo Hall. Tickets via Humanitix

Oct 1: Song Secrets Makers Circle. Mira Chorik facilitates. Layla Barnett performs. Sun 2-3pm, Eudlo Hall. Tickets via Humanitix.com.

Oct 2: Mad As A Hatter Classics for Kids. Children's Concert ft. Louise King & Therese Milanovic. Mon 10-10:30am, Eudlo Hall. Tickets via Humanitix.com.

October 7: Maleny Garden Club Spring Fair · Horticultural delight at Maleny Showground Pavilion. Garden Market, Open Gardens, expert insights, art exhibitions, and more. Tickets and info at www.facebook.com/malenygardenclub.

Oct 8: Maleny-Blackall Range Lions Club Meet & Greet. Tranquil Park, Maleny, 2:30-6 pm. Canapes, live music, auctions, and more. Tickets \$25 at trybooking.com/CJXYF. Join the friendly community and support local organizations.

October 13-15: Buderim Garden Festival: Enjoy a weekend of gardening delights at Buderim War Memorial Hall. Twilight plant market, flower show, open gardens, sculpture exhibition, and more. Visit www.buderimgardenclub.com for details. October 14: Nambour Museum Open Day

commemorating 20 years since Sugar Mill closure and 30 years of museum association. 10am-3pm, 18 Mitchell Street, Nambour. Performances, new display, special oration. Contact Clive Plater at 0408 713 093.

October 18: Montville Village Association's Monthly General Meeting, 5pm for 5.30pm start - AGM and General Meeting - Cr Winston Johnston is chairing the AGM. October 21: Festuri Multicultural Festival

from 10am to 8pm at Beerwah Sportsground, 32 Sportsground Drive. Free family-friendly festival featuring live mylticultural music and dance, international food, and cultural workshops. Register at www.festuri.org.au.

'Fabulously fun' holiday adventure awaits

CRACKING codes, hunting for clues and solving mysteries ... the school holidays have never been this much fun.

If you are looking for something a little different to entertain the kids or grandkids during the Spring break, then put visit Sunshine Coast Museums on the to do list.

September is Museum Mystery Madness month at Sunshine Coast Museums, and with nine museums joining the fun, this will be the biggest year vet.

Simply visit a participating museum to test your powers of observation. Complete a funfilled quiz for a chance to win. Your investigative skills will be put to the test

as you try to crack the code to stop the robbers, search through the planes in Hangar 1, search for hats or solve cheesy clues - each museum's quiz is different.

Enjoy Museum Mystery Madness at any of the following Sunshine Coast Museums

- Bankfoot House Heritage Precinct · Buderim Pioneer Cottage
- Eumundi Museum
- · Kenilworth Museum Landsborough Museum
- Nambour Museum
- Peachester Heritage Centre Queensland Air Museum

· Yandina Historic House and Museum All entrants will be in the running for a lucky prize as well as the chance to win one of four \$50 back-to-school or work vouchers.

Visitors can enter one or all nine museum quizzes and become a Museum VIP with a discount. The program runs throughout September until the end of the school holidays on

How to find out more

To find out about Sunshine Coast heritage sites, download the Discovery Guide or collect a copy from Sunshine Coast Council Libraries or Customer Contact Centres.

For more info, visit www.heritage.sunshinecoast.qld.gov.au and search for 'murder mystery madness'.

Stay in touch with Sunshine Coast heritage events by subscribing to the Heritage eNews This program is an initiative of the Sunshine Coast Council Arts and Heritage Levy.

The Levy, which is charged to every rateable property, is used to document, research, conserve, protect, promote and provide access to those tangible and intangible items, places, facilities and events that define the stories, history and values of the people, communities and culture of the Sunshine Coast.

Live Local Real Estate

Nambour Place Plan may be the elusive answer to town's economic revitalisation

Real Estate Column with RE/MAX Principal Tristan Brown

OULD the Council's recent announcement of the Nambour Place Plan be the start of the much-touted and long-awaited gentrification of our local

Over the past decade much has been made of Nambour transitioning from its hangover of yesteryear into a vibrant and exciting hub to again be enjoyed by locals.

A transformation that would see further increased house values, create greater community engagement and signal a return to the good old days where the streets of Nambour were overflowing with foot traffic.

It all sounds lovely, but is this likely? Well firstly, what is the Nambour Place Plan? It's a comprehensive urban renewal initiative

that aims to rejuvenate Nambour's central business district (CBD) and create a more attractive and liveable community. The plan envisions a town centre that is both

while preserving the unique heritage and character that makes Nambour special. One of the most admirable aspects of the Nambour Place plan is its commitment to com-

economically thriving and culturally vibrant,

munity engagement. The proposal actively seeks input and feedback from residents, business owners, and various stakeholders.

This collaborative approach ensures that the plan truly reflects the aspirations and needs of the Nambour community, making it a project

Garren Reisinger 0476 950 007

Professional,

Positive &

Truthful!

"'Integrity' best describes

His approach to his role

underpinned by his

Garren.

our experience working with

reflected his values of honesty,

transparency and openness

knowledge of the property

market. He professionally

and skilfully bought potential

buyers and ourselves to a

more than satisfied with the

outcome. Thank you Garren."

- Lynda and Neil (Sellers)

Sell with

Reisinger

Garren

place where we were all

laboration, and careful planning, Nambour's future is looking brighter than ever?

driven by the people it serves.

While the Nambour Place plan is an exciting

determining its success.

prospect, it also faces challenges. Funding, public support, and the ability to execute the plan effectively will be crucial in

However, the potential benefits far outweigh the challenges.

A revitalized Nambour would see increased economic opportunities, a more vibrant cultural scene, improved quality of life, and an enhanced sense of community pride.

The proposed Nambour Place plan represents a significant opportunity for the town to undergo a much-needed transformation.

By embracing economic revitalization, heritage preservation, and community engage ment, Nambour has the potential to thrive in the coming years. While challenges lie ahead, the vision of

a more vibrant and sustainable Nambour is one that holds great promise for both current residents and future generations. I personally feel that credit must go to

Council for embarking on this wonderful It's always encouraging to see action being

taken and an investment directed into the community Maybe, just maybe, Council have correctly identified the needs of Nambour and are

implementing the appropriate solution to

addressing these needs? Regardless, it's an exciting undertaking and their proactive approach should be recognised and applauded.

Is it fair to say that with determination, col-



AGENT'S CHOICE: 16 Oasis Court, Woombye

THIS exceptional family home sits on nearly a quarter-acre of lush, landscaped grounds in a peaceful Woombye cul-de-sac.

Bordered by rainforest the home is tailor-made for the Queensland lifestyle and offers all the features you would want in a premium family home.

The air-conditioned interior boasts three separate living areas including an expansive open-plan living and dining space that flows through sliding doors to the beautifully appointed outdoor entertainment zone, overlooking the pool.

The alfresco living space features ceiling fans, downlights and roll-down blinds for all-weather comfort. The oversized master bedroom offers an ensuite and walk-in robe, plus private garden access. The other three bed-

rooms all include built-in robes, while the third also includes side access and could be easily converted to a home office if you so wish.

The home boasts a well-equipped kitchen, which includes a five-burner gas cooktop, as well as stone benchtops, an electric oven and rangehood, a Bosch dishwasher and a walk-in pantry. In the main bathroom, you'll find a shower plus a separate bath and toilet, and there's a spacious laundry. The carpets, roof and solar panels have all been recently replaced.

The grounds are beautifully landscaped with pathways meandering through an array of tropical greenery, and there's level lawn space where kids and pets can play.

Woombye State School is just a short walk up the hill, while Suncoast Christian College and Nambour Christian College are minutes away. ▶ Contact Elliman on 0408 154 947 to reg-

ister your interest today.



that Cares! Honest and trusted throughout the Sunshine Coast Hinterland. Steven

Steven Clay 0438 510 583



© 0421 040 807

The complex has a shared edible and nerb garden, is pet-friendly and body

Location, views and lifestyle

AGENT'S CHOICE: 2/17 Ballinger Road, Buderim.

TUCKED away in a quiet cul-de-sac on top of Buderim just a short stroll to the village hub, is this charming townhouse in a boutique complex of four, offering convenient, easycare living complete with 180 degree views sweeping from coast to mountains.

Across two levels it comprises entry foyer with patio, two bedrooms, two bathrooms, open plan living showcasing a glorious elevated vista, a well equipped kitchen, private rear courtyard, multipurpose room, and separate laundry, along with a single lock-up

Timber floors, split system air-conditioning in living, ceiling fans, shower over full sized bath in main bathroom, stainless steel appliances, skylights in kitchen and ensuite, direct courtyard access from master bedroom, and generous storage are all notable features.

The owner-occupier has taken excellent care of this truly lovely townhome. The multipurpose room provides great versatility of use

- sewing room, study, storage, or cosy reading

'Ballinger Terraces' - the complex, has a shared edible and herb garden, is pet-friendly (stbca) and body corporate fees are low. Mostly owner-occupied, it is peaceful, and everyone's privacy is respected.

It is an easy property to lock and leave when off travelling, and always a pleasure to return

From here it's a short walk to dining, shopping, commercial facilities, post office, parks, tavern, and primary school; major amenities such as university, public and private hospitals, beaches, airport, and shopping centres are within a 5-15 minute drive.

Everything you could want, or need is so accessible. Buyers in the market for a well-located place to call home that offers low maintenance living, views, and value - must put this top of the list. This one is going to 'fly'.

▶ Contact Richard Krausz on 0422 997 810 and Stephanie Black on 0401 977 230 to arrange





Scott Walters 0447 474 982







274 Dulong Road, **DULONG** 6 = 3 = 6 =

Magnificent Acreage: Dual Living + Much More...

Embrace gentle hinterland living in comfort and impeccable style with this magnificent acreage property in Dulong.

Complete with a supersized family home that has tristan.brown@remax.com.au undergone a comprehensive high-end renovation that will 'WOW' as well as quality infrastructure on fully fenced, fully useable park-like grounds.

- High-end dual-living! Private Master Retreat!
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- Powered sheds x2
- 10 mins to Mapleton & Flaxton, Nambour schools
- Close to beaches & airport



Tristan Brown 0403 665 643



scott.walters@remax.com.au

Scott Walters 0447 474 982



16 Oasis Court WOOMBYE 4 🕮 2 🚅 2 🖨 Chris Flliman 0408 154 947



9/11 King Road MOOLOOLAH VALLEY 2 🕮 2 🚅 1 🖨 Jai Barber 0492 855 196



16 Thomas Crescent NAMBOUR 4 🕮 1 🚽 2 🖨

Tristan Brown 0403 665 643

Steven Clay 0438 510 583



5 Rainbow Court WOOMBYE 4 🕮 2 🚅 2 🖨

Chris Elliman 0408 154 947



8 Fleming Street YANDINA 2 🕮 1 🖨 1 🖨 Richard Krausz 0422 997 810

Stephanie Black 0401 977 230

OFFERS IN THE LOW \$1MILLIONS

20 Riverview Street BLI BLI 4 🕮 3 🚅 2 🖨 Scott Walters 0447 474 982 Garren Reisinger 0476 950 007



19 Kingsview Drive FLAXTON 3 🕮 2 🚽 3 🖨 Scott Walters 0447 474 982



20 Murray Crescent NAMBOUR 4 🕮 1 🚅 3 🖨 Jason Stock 0499 562 675



Burnside's BEST home



9 Elevate Place, Burnside 5 = 2 = 4 =

there is a very common theme, in the list of features that buyers seek in their dream home, the rare and elusive list of 10 features includes; 5 Bedrooms

Over 12 years in real estate,

- · Ducted Air-Conditioning
- Huge Outdoor Entertaining Area
- · Nice Kitchen with Butler's Pantry
- 1.000m2+ block
- With Views
- Double Garage PLUS additional garaging (for the Hot Rod, Bikes etc)
- (no-one ever said no to a good workshop)
- Somewhere to park the caravan, boat or trailer
- Walk to Schools and/or Solar Power

Occasionally a home will have 2, 3 maybe even 4 of these items, BUT for the FIRST time in 12 years... 'Kainga" is a home that has all 10 and more!!!

Nestled at the top of Elevate Place in the much sought after 'Burnside Heights Estate' and on a incredible 1,656m²; this stunning home's grandeur, will have you swept away in awe, from the very moment you arrive curb side.

nspect today, Call Jason Stock 0499 562 675



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MALENY & HINTERLAND REAL ESTATE

COMMERCIAL



138 Geraghty Lane WOOTHA

Set down a quiet country lane on top of the ridge, you'll find this beautifully presented luxury FOR SALE home, perfectly positioned to take in the 100-acre allotment and panoramic valley views to

- 100 acres of mixed grazing and bushland
- · Spacious colonial style home with superb views Country style kitchen, timber floors and extra high ceilings
- · Inground pool directly off the entertaining area
- Magnificent valley views protected forever!

This property is truly unique private and peaceful, and ideally suits an escape to the

By Appointment

Jess Luthje 0438 616 064 iess@malenvrealestate.com

1/20 Avocado Lane MALENY

Nestled in highly sought-after Avocado Lane, this perfect family home offers privacy and amazing space; it boasts a very attractive open plan layout, great connection to the outside and beautiful park-like grounds

- Quiet, private, fully fenced 4622m2 block • Kitchen boasts new Smeg appliances- including an induction cooktop
- · Separate, fully lined workshop
- · Covered entertaining area • Beautiful birdlife; Black Cockatoos, Kookaburras, Galahs, King Parrots & Rosellas

This much loved and well-maintained home offers everything your move to the Hinterland



FOR SALE

\$1,585,000

INSPECT By Appointment

Rodney Millett 0477 702 073 rodney@malenyrealestate.com



42 Bunya Street MALENY

This gorgeous property offers an exceptional design that effortlessly flows throughout the home creating seamless living for the whole family.

- · Gorgeous rural outlook over neighbouring farmland • 893m² low maintenance block with plenty of room for everyone to play
- Open plan kitchen, living and dining space adjoining an outdoor alfresco area
- Master bedroom with generous walk-in-robe and en suite Additional rumpus/media room

Offering an exceptional opportunity, only an inspection will unveil all that is on offer at

Price By Negotiation

By Appointment

Georgia Evans 0459 299 835

georgia@malenyrealestate.com

760 Maleny Stanley River Road WOOTHA

Nestled amongst 15 acres of open grass and revegetated bushland, just 8kms from Maleny, sits this impressive 4-bedroom home with views to the Conondale Ranges.

- Peaceful outlook over the property to the Conondale Ranges and beyond
- The residence is a tasteful mix of traditional and contemporary styling
- Large main bedroom retreat upstairs with sitting area, WIR, en suite and stunning views Extensive fruit orchard, tank and bore water plus two spring fed dams and stock lanewa

For company, you will have abundant birds and wildlife; gorgeous King Parrots are always ready for a feed. This is a rare and peaceful property that will be a haven for many years



By Appointment

Jess Luthje 0438 616 064



187-191 Western Avenue MONTVILLE

Perfectly nestled between the idyllic villages of Maleny and Montville is this 17-acre property FOR SALE with views to the coast, established gardens, rich soil, a main house and a cottage.

- · Main house and a cottage
- 55,000L rain water tanks and 2 dams Rich, red soil and abundant plantings
- · Perfect future house site to capture views to the coast

The potential here is limitless; await future development opportunities, tourist accommodation, dual living or choose an enviable homesite to build your dream home. This might just be the rural lifestyle you have been seeking!

Contact Agent

INSPECT By Appointment and

Open Homes **Rodney Millett**

0477 702 073 rodney@malenyrealestate.com

4 Centenary Drive MALENY

Situated just a short walk from Maleny, on an elevated 1028m² block in a sought-after street, this double storey home features delightful views over treed streets to the Northeast.

- 1028m2 block with town water
- · Established low maintenance gardens
- Concrete driveway and single lock-up garage Fully fenced, open lawn area
- · Dual occupancy adds to the appeal

This home is designed for many different lifestyles including dual occupancy for an elderly parent or creating a passive income.

FOR SALE High \$800K's

INSPECT By Appointment

Jess Luthje 0438 616 064 jess@malenyrealestate.com

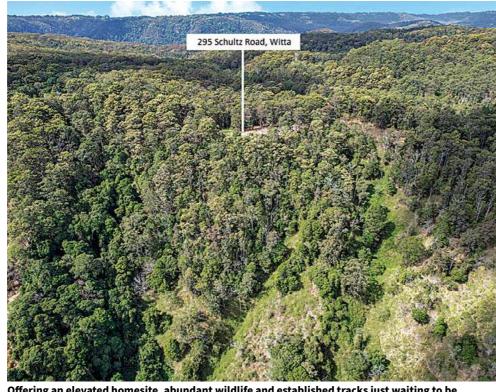
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f Maleny & Hinterland Real Estate

malenyandhinterlandrealestate

PROUDLY A FAMILY OWNED AND OPERATED AGENCY IN THE HEART OF MALENY



Offering an elevated homesite, abundant wildlife and established tracks just waiting to be

Hinterland home borders Maleny National Park

AGENT'S CHOICE: 295 Shultz Road, Witta. \$725,000

THIS 54.5 acre parcel of vacant land shares a boundary with Maleny National Park and neighbours the Sunshine Coast Regional Council Schultz Road Environmental Reserve.

Offering endless opportunity, buyers can bring their plans for a forever home and make this property one to revel in for many years to

Offering an elevated homesite, abundant wildlife and established tracks just waiting to be explored and created; a potential view over

the Obi Obi Valley awaits. There is abundant wildlife all around and established tracks waiting to be opened up and

This beautiful property shares a boundary with Maleny National Park, is across the road from the Kondalilla National Park, and is next to the Sunshine Coast Regional Council Schultz

Road Environmental Reserve. There is a very pretty 15-minute drive to the Maleny.

Here is the perfect opportunity to get back to nature on the weekend or build your perfect

▶ Contact exclusive agent Rodney Millett of Maleny & Hinterland Real Estate on 0477 702



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- Surrounded by nature in the picturesque hills of the Mooloolah Valley
- · Minutes to the quaint Mooloolah Village centre, state school and Dulchura National Park
- A short drive to Caloundra and Sunshine Coast CBD

Embrace the Sunshine Coast Hinterland lifestyle. Your perfect location awaits!

SALES OFFICE OPEN visit hillsidemooloolahvalley.com.au or call 1300 556 950

*Information is correct at distribution and subject to change without notice. No warranty is given in respect of the accura should make their own enquiries in relation there to. Illustrations and all other photographic depictions are for present

Urbex designed for life.

Last chance to have your say on CBD

David Law

I encourage our community to view the concept and share their feedback for the Nambour Place Revitalisation Project via an online survey before September 18, 2023. Council has been working on a draft concept plan which will help revive the region's historic hub of Nambour and guide its future.

The Nambour Place Revitalisation Project aims to develop a strategy for Nambour's town centre to fuse its growing reputation as a creative and welcoming place through greener streets, wider pathways, art installations and open spaces. To provide your feedback online please visit Council's Have Your Say website.

Welcoming Cities

Council has reinforced its commitment to cultural diversity and inclusion by signing a commitment letter and becoming a member of the Welcoming Cities Network. Welcoming Cities is a national network of local governments, committed to an Australia where everyone can participate in social, cultural, economic and local life.

Our region is home to migrants from 150 countries, with 96 different languages spoken and one in five residents born overseas. As a member it will expand the ways in which the Sunshine Coast welcomes international guests, investors and skilled migrants to the region and support them.

Road Reseal Savilles Road, Nambour

As part of Council's \$24.5M Road Reseal and Rehabilitation Program, Savilles Road in Nambour will be resurfaced with works to start from September 14 to September 27 (weather permitting) and will occur between 7am and 5pm. Road reconstruction will include profiling and asphalt works, which entails the use of heavy plant and machinery and considerable truck movement.

Due to the nature of these works, vehicle movement in the area will be restricted. Residents will be able to access their homes however delays may occur while machinery is

Mobile Offices: Time

to hit the road

State Member for Glass House

Andrew Powell

Share your views on plan for Nambour

Many of my Division 5 community would use Nambour to meet their everyday service needs, which is why I would like to draw your attention to Nambour Place Revitalisation Project. The Plan aims to develop a strategy for Nambour's town centre to create a welcoming place through greener streets, wider pathways, art installations and open spaces. You can share your feedback via an online survey before September 18 on Council's Have Your Say website.

Weekend escape

If you're seeking a serene escape from the hustle and bustle of daily life, Montville's picturesque town, nestled in the lush hinterand, should be your next destination. It's got everything from nature hikes, local attractions, art adventures, food or shopping - its timeless charm and natural beauty awaits!

Did you know that Montville Art Gallery is the oldest continuously operated business in Montville representing artists since 1972? The gallery is located in an 1890s original house and is the home of the smallest oil painting in

the world, which is on permanent display.

Also in the Hinterland, a new Maleny entrance sign is currently being constructed on the corner of Landsborough and Maleny and McCarthy Roads - so keep your eyes peeled next time you're driving by.

Calling all skaters

We have been working with the Maleny skating community on a design to renew the skate park at Maleny Showgrounds. A final layout has been completed which is why we are now asking local skaters for fresh input on three design options. I would encourage any skaters, bladers, scooter and bike riders to please review the designs and have your say before September 30, by visiting Council's Have Your Say website

Keeping with skate parks, the Palmwoods skate park shade sail, drinking fountain, seating and sealed carpark have also been completed. I hope our skating community enjoy the comfort of the new upgrades.

Gambling Community Benefit Fund grants

tate Member for Nicklin icklin@parliament.qld.gov.au

I was delighted to be out and about the other morning talking to recipients from round 116 of the Gambling Community Benefit Fund!

Just over \$270,000 was awarded to community groups in Nicklin including: • \$93,433 for Nambour Meals on Wheels to

extend their kitchen.

• \$70,879 for Yandina Historic House to epaint the building

• \$18,783 for Nambour Community Centre upgrade the facility • \$40,862 for Kureelpa & Dulong Community

Hall to upgrade access Applications for round 118 have been extended until midnight on 15 September 2023 to ensure everyone has the chance to apply. Find out more at www.justice.qld.gov.au/initiatives/community-grants.

Climate Smart Energy Savers Program applications open

The Climate Smart Energy Savers Program is now open!

Rebates of between \$300 and \$1,000 will be available for eligible Queensland householders who replace old appliances with 4 star-rated (or higher) appliances and hot water systems from 4 September 2023 until the program closes.

For more information on eligibility requirements and how to apply, go to https://www. queenslandsavers.qld.gov.au.

Buderim Ginger Factory visit with Minister Butcher

September is Qld Manufacturing Month, where we're celebrating everything great about what Oueensland manufacturers make, and what makes Queensland manufacturers great! This past week, I visited The Ginger Factory

with the Minister for Regional Development and Manufacturing Glenn Butcher to see firsthand how they make some of the world's best ginger right here in Yandina. Starting off from a handful of farmers over 50 years ago, the brand has now grown to be a household name, being exported to all over the world. A huge thanks to Tom for hosting us and giving us the tour!

30-minute timed parking will be applied to two spaces outside the library.

Woombye Library patrons to benefit from new parking spaces on Hill Street

IN a move applauded by the Woombye Community Library, the Council has recently approved the allocation of two half-hour timed parking spaces located close to the library entrance at the front of the hall on Hill Street This decision comes as part of the Council's dynamic approach to parking management in the area, reflecting the evolving parking demands.

Spokesperson for the library Cathy Cash expressed her enthusiasm, stating: "Library patrons will soon be able to park conveniently to return their books and still have plenty of time to browse for their next great reads," she

On another note, the library announced its decision to close for three hours on the first Monday morning of every month.

The closure will facilitate administrative tasks. "We hope our loyal borrowers will appreciate that some dedicated admin time each month will help us continue to provide the best possible service to our hinterland community, Cathy said.

Meanwhile, Cathy recommended a Spring reading tip for library patrons: the 2023 Miles Franklin award-winning "Chai Time at Cinnamon Gardens" by Shankari Chandran.

The parking changes are a strategic move by the Council Parking and Transport team to balance parking demands without compromising the attractiveness of the area. Those with further inquiries regarding the parking changes are encouraged to reach out to ParkingManagement@sunshinecoast.qld.gov.au.

Classifieds

HATHA YOGA/PILATES RELAXATION

Hatha Yoga Pilates is held at the Woombye Hall: Sat 9am & Wed 9.30am, Beginners & Seniors welcome. Cost \$10. Call Christine: 5441 6285 (Cert. in Pilates matwork; Dip. IYTA: Yoga Instructor; USC Sport & Exercise minor: Ex. Prescrip. for Health & Rehab.)

House For Sale

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very large, beautiful garden. · Situated in the Sunshine hinterland. • Over 50s residential Palmwoods tropical village.

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• 2 car accomodation and a

How nice would be to retire in a beautiful tropical paradise.

Major works ending

d.obrien.mp@aph.gov.au

glass.house@parliament.qld.gov.au I'm hitting the road! I am holding several mobile offices on Monday, 18th and Tuesday, 19th of September. Mobile offices are the perfect way for me to connect with you hopefully

House electorate. I hope to catch you there. · Mooloolah Valley: Martin Rungert Park, 8am – 9am, 18th of September.

at a more convenient location given the vast array of communities that make up the Glass

• Flaxton: Corner of Flaxton Dr & Flaxton Mill Rd, 1:30pm - 2:15pm, 18th of September. • Eudlo: Opposite Eudlo State School, 2:30pm

· Palmwoods: Corner of Palmwoods-Mont ville Rd & Landershute Rd 4pm - 5pm, 18th of September.

Maleny: Tesch Park 12pm – 1pm, 19th of September · Conondale: Conondale Swimming Pool

2pm - 3pm, 19th of September. • Witta: Opposite Witta General Store 3:30pm - 4:30pm, 19th of September.

Joyce Newton Bursary 2023

- 3:30pm,18th of September.

Newton OAM was an absolute powerhouse of a woman and I miss her dearly. On her passing in 2018 and with the blessing and support of her family, I established the Jovce



Memorial Bursary for Glass House year 11 and 12 students to honour her incredible life.

During the last sitting of Parliament, I applauded this year's winner, Nikita Emhofer from Beerwah State High School. Nikita and her parents also joined me for dinner in Parliament and a lovely evening was had.

at Zgrajewski Road

ederal Member for Fairfax

Yandina residents will be pleased that a major road upgrade is now complete with the help of \$3.2 million I secured from the former Coalition Government.

More than two kilometres of dirt road was sealed along Zgrajewski Road at Yandina Creek. These projects aren't cheap, but they are worth

The funding formed part of a broader \$22 million commitment to the Sunshine Coast in 2022 from the Coalition which supported Council bringing forward a range of critical road

Lock your Cars

News that car thefts have increased by 111 percent on the Sunshine Coast over the past three months is shocking.

It's important that the Queensland Labor Government urgently address this escalating issue. Meanwhile, lock up your cars and remove any

Voice Vote - 14 October

The Prime Minister has finally confirmed a date for Australians to vote in a referendum on his proposed Voice to Parliament - Saturday 14

Many people have contacted my office regarding polling locations (both locally and while overseas) and postal voting.

As the AEC provides details about these and other matters, I will pass on this information by updating my website www.ted.obrien.com.

Got an Old Phone?

Do you have an old mobile phone sitting My office is now a DV Safe Phone collection

DV Safe Phone collects, repairs and gives free mobile phones to domestic violence survivors -

learn more on their website dvsafephone.org/. Drop off your spare phones to my electorate office at 17 Southern Dr, Maroochydore, Mon-Fri

Rare discovery: Rainbow bee-eater nest unearthed

Nature Watch News from Donna Brennan Wildlife olunteers, WILVOS, 5441 6200 www.wilvos.org.au

WHEN a Hotline call came through to Lin recently, about eggs scattered on the ground, the initial thought was they were probably plover eggs that had been disturbed. The caller said there was a depression on

the ground beside the eggs. It was more than a depression, it was a dug out nest! The photo that Nicole sent through showed a classic Rainbow Bee-eaters nest.

These beautiful birds are not seen very often, but they are hard to miss with their bright colours. Beautiful yellow heads, a long slender curved beak, and very obvious tail 'streamers', the feather extending beyond the length of the tail feathers.

WILVOS have received calls in the past where the nest has inadvertently been dug out by machinery on the roadsides or in housing developments. Sloping sights make ideal places to dig out a nest,

which will be at the end of a tunnel, maybe over a metre long. Any habitat, other than dense forest, will be favoured by these bee-eaters. As their name

implies, Rainbow Bee-eaters love to eat bees and wasps. They perch up high on dead trees or power poles where there is good visibility for sighting insects, which they gracefully and swiftly swoop on and devour. They help to keep that balance between nature and insects!

These six eggs were promptly installed in an egg incubator. Not knowing how long since they were laid, or the circumstances that led to their being spread over the ground, we can't be sure whether they will hatch into little chicks. But it is worth trying. WILVO carers have successfully hatched many chicks over the years and we know eggs can often lead to lovely little

It is lovely hearing all the different birds at the moment. Here's hoping for a disaster free Spring and Summer.

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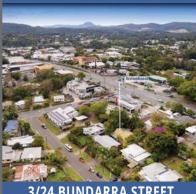
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